Safe and Effective Prescribing: Opioids Tools

Opioid Prescribing for Chronic Non-Cancer Pain

Clinical Resources

- Professional Development: Sign up for a virtual <u>Academic Detailing session</u> to get tips and tricks from an expert adapted for your practice (Centre for Effective Practice)
- **Guidance:** Reference this <u>guide</u> for safe opioid prescribing and managing opioid use disorder (*College of Family Physicians of Canada*)
- **Shared decision-making tool:** Discuss with patients the value of opioid tapering using this <u>template</u> (*Centre for Effective Practice*)
- **Decision-support tool:** Support patients with chronic non-cancer pain with this opioid manager (Centre for Effective Practice)
- **Guidance:** Review the Quality Standards for opioid prescribing in <u>acute pain</u> and <u>chronic pain</u> (*Ontario Health*)

Patient Resources

- **Information:** Share the patient reference guide for opioid prescribing in <u>acute</u> <u>pain</u> and <u>chronic pain</u> (*Ontario Health*)
- **Information**: Use this guide to teach patients <u>how to use opioids safely</u> (Centre for Addiction and Mental Health)

Opioid Use Disorder

Clinical Resources

- **Decision-support tool:** Support patients who have problems with opioid use with this <u>tool</u> (Centre for Effective Practice)
- **Professional Development:** Sign up for an education course on <u>Buprenorphine-Naloxone treatment for opioid use disorder</u> (Centre for Addiction and Mental Health)
- **Guidance:** Reference this guide on <u>essential clinical skills for opioid prescribers</u> (*MetaPhi*)
- **Guidance:** Review the Quality Standard placemat for <u>opioid use disorder</u> (Ontario Health)

Patient Resources

- **Information:** Co-created resource to help patients <u>make a choice about opioid</u> agonist therapy (Centre for Addiction and Mental Health)
- Handout & Information: Refer to more patient resources from <u>MetaPhi</u> and Centre for Addictions and Mental Health
- **Support**: Refer your patients to a <u>rapid access addiction medicine clinic</u>, a low-barrier, walk-in clinic that patients can attend to get help for a substance use disorder without an appointment or formal referral (*MetaPhi*)
- **Information**: Share the patient reference guide for <u>opioid use disorder</u> so patients and their families know what to discuss with their care team *(Ontario Health)*
- **Support**: Call ConnexOntario at 1-866-531-2600 or check online at www.connexontario.ca for treatment group options in your area or Call 211 or check online at www.2110ntario.ca for support groups in your area
- **Information**: Share this <u>addiction information guide</u> with patients and their families (*Centre for Addiction and Mental Health*)
- **Handout**: Share with patients the <u>signs of opioid overdose and recovery</u> position 5 steps to save a life (Centre for Addiction and Mental Health)

•	Information : <u>Self study course</u> on evidence based intervention (CRAFT method) for families concerned about a family members substance use <i>(Centre for Addiction and Mental Health)</i>