Controlled aqueous two-phase droplet generation by pressure-assisted microfluidic flow focusing

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We present a technique that generates droplets using ultralow interfacial tension aqueous two-phase systems (ATPS). Our method combines a classical microfluidic flow focusing geometry with precise frequency-controlled inlet pressure, to form monodisperse ATPS droplets. The dextran (DEX) disperse phase enters through the central inlet with variable on-off pressure cycles controlled by a pneumatic solenoid valve. The continuous phase polyethylene glycol (PEG) solution enters the flow focusing junction through the cross channels at a fixed flow rate. The on-off cycles of the applied pressure, combined with the fixed flow rate cross flow, make it possible for the ATPS jet to break up into droplets. We observe different droplet formation regimes with changes in the applied pressure magnitude and timing, and the continuous phase flow rate. We also develop a scaling model to predict the size of the generated droplets, and the experimental results show a good quantitative agreement with our scaling model. Additionally, we demonstrate the potential for scaling-up of the droplet production rate, with a simultaneous two-droplet generating geometry. We anticipate that this simple and precise approach to making ATPS droplets will find utility in biological applications where the all-biocompatibility of ATPS is desirable.

1 Introduction

Aqueous two-phase systems (ATPS) are formed by the mixture of incompatible polymer solutions, most commonly polyethylene glycol (PEG) and dextran (DEX).\(^1,2\) Above a critical polymer concentration, the mixture separates into two distinct aqueous phases, the lower density PEG-rich phase and the higher density DEX-rich phase.\(^3,4\) The phase separation of ATPS is excellent for applications in protein separation and extraction,\(^5,6\) cell partitioning,\(^7,8\) bacterial micropatterning,\(^9\) and DNA extraction.\(^11,12\) As a result of their biocompatibility and selectivity, equilibrated ATPS phases are also useful for biological applications that require multiple fluid phases.

In microfluidics, oil-water two-phase systems have been widely used to produce discrete monodisperse droplets.\(^13–15\) These systems typically employ hydrodynamically-controlled flow focusing geometries to generate droplets, by exploiting the Rayleigh-Plateau instability of a central liquid jet within a continuous outer phase fluid (either water-in-oil or oil-in-water). Due to the relatively high interfacial tension (typical oil-water systems have interfacial tension \(\gamma = 1 – 20\) mN m\(^{-1}\)), the liquid jet breaks up into small monodisperse droplets. The produced droplets vary in size from pico to nanoliters, and are used in reaction applications,\(^13\) particle synthesis,\(^16\) high-throughput assays,\(^17\) and single cell analysis.\(^18\) However, to use these droplets in biological applications requires extensive post-processing due to the toxic nature of the oil phase.\(^19\)

ATPS was recently introduced into microfluidic devices, and already demonstrates the benefits of their biocompatibility, namely, in separating cells and proteins in a continuous manner,\(^20,21\) and in biomolecule delivery.\(^9\) However, due to the ultralow interfacial tension of ATPS (typically \(\gamma = 0.1 – 100\) \(\mu\)N m\(^{-1}\)),\(^22\) most ATPS microfluidics experiments have been limited to the manipulation of simple laminar flows. The ultralow interfacial tension of ATPS prevents drop breakup in microchannels by the classical Rayleigh-Plateau instability.

As a result, microfluidic ATPS droplet generation relies on application of external forcing. For example, microfluidic ATPS droplet generation is possible by electrohydrodynamic perturbation of the ATPS interface at a T-junction.\(^23,24\) Squeezing an ATPS jet to cause its breakup into droplets is possible with mechanical forcing from an oscillating piezoelectric disk, embedded next to a microchannel.\(^25,26\) Lai et al.\(^27\) also show monodisperse ATPS droplet formation with pin actuation in a rounded multi-level microchannel. Additionally, ATPS droplets and double emulsions can be achieved in glass capillary microfluidic devices, through controlled mechanical vibration of the flexible tubing that is connected to the inner stream of the capillary.\(^28–30\)

Despite these approaches, generating ATPS droplets in microfluidics remains challenging. Namely, none of the existing methods are based on direct control of the flow into the microchannel. Consequently, predicting the resulting droplet size is difficult, and there does not appear to be a simple way
to modify the channel designs such that many monodisperse droplets are produced at once.

Here, we present a simple, hydrodynamically-controlled system, for ATPS droplet generation in polydimethylsiloxane (PDMS) based microfluidic channels. We modulate the hydrodynamics by combining fluid inlets of oscillating pressure and constant flow rate. The disperse phase is injected into the inner channel with a pulsating applied pressure that is controlled by a solenoid valve, and the continuous phase enters the cross-flow inlet via a constant flow rate syringe pump. We experimentally obtain different drop formation regimes, and tune the resulting droplet size as we vary the magnitude and the ‘on’ and ‘off’ times of the applied pressure, and the continuous phase flow rate. We also develop a simple scaling model to predict the ATPS droplet sizes, and we find a good agreement with the experimental results. Finally, we demonstrate the potential scale-up of our ATPS droplet generation approach, by simultaneously forming double droplets with a single pressure source in a single microchannel. We anticipate that this technique will simplify the process for generating monodisperse ATPS droplets using microfluidics.

2 Experimental methods

2.1 Chemicals

We phase-separate an aqueous solution containing 10 % (w/w) polyethylene glycol (PEG, Mw 8,000, Sigma-Aldrich, St. Louis, MI, USA) and 5 % (w/w) dextran (DEX, Mw 100,000, Sigma-Aldrich, St. Louis, MI, USA) for 24 hours, into the upper PEG-rich phase and the lower DEX-rich phase. Once equilibrated, we use syringes to isolate the two phases. We use a glass viscometer to measure the PEG-rich phase and DEX-rich phase viscosities $\mu_P = 8.7$ mPa s and $\mu_D = 100$ mPa s, respectively, and we use a report in the literature to estimate their ultralow interfacial tension $\gamma = O(10) \mu N m^{-1}$.31

2.2 Device fabrication

The microfluidic device is fabricated using standard soft lithography methods.32 We draw the flow focusing channel geometry with computer-aided design (CAD) software (AutoCAD 2010, Autodesk, Inc., Dan Rafael, CA, USA) and print onto a transparency sheet (25,400 dpi, CAD/ART Services Inc., Bandon, OR, USA) to make the photomask. We spin-coat SU-8 2035 photoresist (Microchem., Newton, MA USA) onto a 4 inch silicon wafer (University Water Inc., Boston, MA, USA) and then expose the wafer to a UV light through the transparency photomask. After chemical development, the desired microchannel pattern is formed on the silicon master.

To make PDMS-glass bonded channels, we pour a 10:1 ratio mixture of PDMS resin and curing agent (Sylgard 184,
Dow-Corning, Midland, MI, USA) onto the prepared silicon master, and cure it in an oven for 2 hours. A biopsy punch (Integra Miltex, Inc., Rietheim-Weilheim, Germany) is used to create inlet and outlet holes in the PDMS layer. We clean the PDMS sheet and a cover glass slide (Corning microscope slides 75 × 25 mm, Sigma-Aldrich, St. Louis, MI, USA) by sonication in ethanol, and dry both with nitrogen gas. After oxygen plasma treatment (Harrick Plasma, Ithaca, NY, USA), we bond the PDMS layer and glass slide irreversibly.

2.3 Experiment setup

ATPS droplets are generated by incorporating pulsating applied pressure and constant flow rates at the system inlets (Fig. 1 (a)). We load the DEX solution into a 250 µL pipette tip, and vertically insert the tip into the inner stream inlet of the microfluidic device. A Tygon tubing (Saint-Gobian, La Défense, Courbevoie, France) is interfaced with the other end of the pipette tip, and is used to transport compressed air to the DEX solution, to inject the solution into the microchannel.

In Fig. 1 (b), the DEX channel and downstream channel widths, \( w = 50 \mu m \) and \( w_c = 150 \mu m \), respectively. The DEX channel length \( \ell = 5 \text{ mm} \), from the DEX inlet to the flow focusing junction. All microchannels have height, \( h = 50 \mu m \).

A pressure regulator (Type 100LR, Control Air Inc., Amherst, NH, USA) is serially connected to a three-way solenoid valve (Burkert, Germany), to continuously tune the on-off cycles of the compressed air. We control the valve by a customized LabVIEW (National Instruments, Austin, Texas, USA) program, and apply ‘on’ DEX inlet pressures \( P_o = 21 \) or 42 kPa. The PEG cross-flow is supplied via a constant flow rate syringe pump at flow rates \( Q_o = 1 \) or 3 µL min\(^{-1}\) (Harvard Apparatus, Holliston, MA, USA).

Experimental images of ATPS droplets are captured using an inverted microscope (Axio Observer.A1, Zeiss, Oberkochen, Germany) with an attached high speed camera (Vision Research, Wayne, NJ, USA). The high speed camera operates at a frame rate of 500 fps and an exposure time of 1,000 µs. We use ImageJ software to post-process the images and measure the size of droplets.

3 Results and discussions

3.1 Making ATPS droplets

We produce ATPS droplets in a flow focusing geometry, by application of a pulsating applied pressure to the disperse phase inlet, and a constant flow rate to the continuous phase inlet. Fig. 1 (b) shows that the disperse DEX solution pressure \( P \) switches between ‘on’, \( P = P_o \), and ‘off’, \( P = 0 \). The corresponding ‘on’ and ‘off’ times are \( t_{on} \) and \( t_{off} \), respectively. The continuous phase PEG is introduced by at a constant flow

![Fig. 2 (a) Phase diagram of ATPS interfacial dynamics in our microchannel. For this phase diagram, the inner DEX stream ‘on’ pressure \( P_o = 21 \) kPa and the outer PEG flow rate \( Q_o = 1 \) µL min\(^{-1}\). We sweep across a range of pressure-on and pressure-off times, \( t_{on} \) and \( t_{off} \), respectively, to investigate the resulting dynamics. Solid and empty diamonds correspond to regimes that allow for ATPS droplet formation. (b) Representative images of flow patterns observed in the microchannel: wide jets (solid triangles), narrow jets (empty triangles), downstream droplet formation (solid diamonds), upstream droplet formation (empty diamonds), and DEX phase backflow (crosses). Scale bar 200 µm.](image-url)
rate, \( Q = Q_o \), and enters via a single inlet which subsequently splits into the two sides of the cross flow at the flow focusing junction (Fig. 1 (b)).

During the pressure on-time \( t_{on} \), the applied pressure pushes the DEX phase into the junction (Fig. 1 (c)). Then when the applied pressure is ‘off’, the constant flow rate of the continuous PEG phase shears a droplet off the DEX jet (Fig. 1 (d)). This continued on-off modulation of the applied pressure to the DEX phase, coupled with a constant flow rate of the outer PEG phase, enables generation of a steady stream of monodisperse DEX droplets.

Such ATPS droplet formation would not be possible with conventional droplet-making microfluidic flow focusing systems that apply constant flow rates for the disperse and continuous phases. Using a conventional setup with an ultralow interfacial tension ATPS, would result in a long and steady jet of the disperse phase, which, in absence of external forcing, will not break into droplets within the length of the microchannel (see for example Supplementary Information Fig. S1).

3.2 Different regimes of ATPS interfacial dynamics

To investigate the behavior of the ATPS interface at the flow focusing junction, we fix the DEX ‘on’ pressure \( P_o \) and the PEG constant flow rate \( Q_o \), and sweep across a range of DEX pressure ‘on’ and ‘off’ times, \( t_{on} \) and \( t_{off} \), respectively. Fig. 2 (a) shows the phase diagram we obtain for the ATPS interfacial dynamics at the junction of the microchannel system. Here, the DEX ‘on’ pressure \( P_o = 21\) kPa, and the PEG outer flow rate \( Q_o = 1 \mu \text{L/min} \). We observe that the range of DEX pressure off-time \( t_{off} \), that permits droplet generation (solid and empty diamonds), grows with increasing DEX pressure on-time \( t_{on} \).

As shown in Fig. 2 (a) and (b), a small DEX pressure ‘off’ time, \( t_{off} < 100 \) ms, results in wide DEX jets that have a large wavelength interfacial perturbation (see top-left image in Fig. 2 (b), and Supplementary Information Movie 1). This deformation of the interface decreases downstream as the DEX-PEG interface stabilizes. A similar behavior occurs at a higher DEX pressure ‘off’ time, \( t_{off} < 300 \) ms, where the DEX jet is more narrow and attains a similar interfacial perturbation (see middle-left image in Fig. 2 (b), and Supplementary Information Movie 2). In these two regimes, the shear stress from the PEG sheath flow is insufficient to completely break up the DEX jet into droplets.

Further increase of DEX pressure off-time, \( t_{off} > 300 \) ms, causes the PEG sheath flow to push the DEX jet into a neck (solid diamonds in Fig. 2 (a) and (b)). Eventually, the neck ruptures and a drop is formed upstream of the neck (see Supplementary Information Movie 3). This droplet generation regime is observed throughout a wide range of DEX pressure on-time and off-time values, \( t_{on} \) and \( t_{off} \), respectively.

Interestingly, we find a second droplet generation regime (empty diamonds) that is visually distinct from the previous regime (solid diamonds). Namely, at higher values of DEX pressure off-time \( t_{off} \), we observe that small droplets are formed in the DEX channel that is upstream of the flow focusing junction (top-right image in Fig. 2 (b)). In this regime, the extended period of zero pressure in the DEX inlet causes a backflow of the disperse DEX phase and the continuous PEG phase into the upstream channel. The pull-back of the DEX jet also results in the formation of a neck in the upstream channel, which subsequently ruptures to form a DEX drop (see Supplementary Information Movie 4). The DEX droplet gets pushed into the flow focusing junction when the DEX inlet pressure is finally ‘on’.

At even higher values of pressure ‘off’ time \( t_{off} \), none of the DEX phase enters the cross-junction. Therefore, no droplets are generated in this regime (crosses in Fig 2 (a) and bottom-right image of Fig. 2 (b)).

We also study how the droplet formation regimes change with the value of the DEX phase applied pressure \( P_o \), and the PEG phase flow rate \( Q_o \). Fig. 3 shows a phase diagram with four DEX and PEG inlet combinations. Namely, the DEX phase ‘on’ pressure \( P_o = 21 \) or 42 kPa, and the PEG phase flow rate \( Q_o = 1 \) or 3 \( \mu \text{L/min} \). This result is mainly due to the backflow of the DEX phase at higher values of the
Fig. 4 (a) Different size and shape of droplets downstream in the microchannel. Due to the high capillary number in the flow, the droplets have elongated shapes. (b) The droplets become spheres as they move into the outlet reservoir, where the flow slows dramatically and the drops are no longer confined in the channel. Scale bar 200 µm.

DEX pressure ‘off’ time \( t_{off} \). At higher DEX phase applied pressure \( P_o \), the pressure ‘off’ time \( t_{off} \) can be longer without causing DEX phase backflow into the upstream channel. Lowering the continuous PEG phase flow rate \( Q_o \) also helps to prevent backflow of the DEX phase. Therefore, the combination that achieves the largest droplet formation range is at a high DEX applied pressure \( P_o = 42 \) kPa and a low PEG flow rate \( Q_o = 1 \) µL min\(^{-1} \).

3.3 Elongated A TPS droplet shapes

In our system, the ultralow A TPS interfacial tension (\( \gamma = O(10) \) µN m\(^{-1} \)) results in a large capillary number \( Ca = \mu_p U/\gamma > 1 \), provided that the DEX applied pressure is ‘on’ and produces an average flow speed \( U \). As a result of the dominance of shear stress over interfacial tension, we observe that as the DEX droplets move downstream in the channel, they form an elongated shape (Fig. 4 (a)). This effect is more pronounced in larger DEX droplets, and may be exploited in the future to, for example, quantify the ultralow interfacial tension of the A TPS solution, by measuring the aspect ratio of the elongated droplets.

Unlike in conventional oil-water systems, in our ultralow interfacial tension system, the shear stress from the fluid flow is able to overcome the tendency of drops to minimize their interfacial area and form spheres. A conventional oil-water emulsion would tend to expand to the sidewalls of the microchannel or form spheres in the microchannel. \(^{33-35} \) Here, as the drops flow into outlet reservoir, they are no longer under shear stress from the flow, so the drops become spheres (Fig. 4 (b) and Supplementary Information Movie 5).

3.4 Controlling the size A TPS droplets

Figs. 5 (a) and (b) show values of the resulting DEX droplet radius \( a \), plotted against the DEX phase inlet pressure ‘on’ time \( t_{on} \) (Fig. 5 (a)) and ‘off’ time \( t_{off} \) (Fig. 5 (b)). In Fig. 5 (a) the ‘off’ time \( t_{off} = 600 \) ms, and in Fig. 5 (b) the ‘on’ time \( t_{on} = 80 \) ms. Here, we use four combinations of the DEX phase ‘on’ pressure \( P_o = 21 \) or \( 42 \) kPa, and PEG phase constant flow rate \( Q_o = 1 \) or \( 3 \) µL min\(^{-1} \), to obtain the experimental results, and we measure the radius of the drops at the microchannel reservoir (Fig. 4 (b)).

The plots (Figs. 5 (a) and (b)) show monotonic increasing droplet radius \( a \) with longer DEX phase pressure ‘on’ times \( t_{on} \), and shorter ‘off’ times \( t_{off} \). We also note that DEX phase drop radius \( a \) grows with higher DEX phase applied pressure \( P_o \), and with lower PEG phase flow rate \( Q_o \). The droplets that we produce range in size from \( a = 22 \) to \( 177 \) µm.

In the limit of higher values of the DEX phase pressure ‘on’ time (such that the transient ramp-up time of the flow speed can be neglected), we note that the droplet volume is proportional to the product of the resulting DEX phase flow rate \( Q_o \) and the ‘on’ time \( t_{on} \), and inversely proportional to the PEG phase flow rate \( Q_o \) and the DEX phase pressure ‘off’ time \( t_{off} \),

\[
\left( \frac{a}{w} \right)^3 \propto \frac{Q_o}{Q_o} \frac{t_{on}}{t_{off}},
\]

where, during the time when the DEX phase pressure is applied, the steady-state DEX phase flow rate \( Q_o = U w h \). Here, \( U \) is the average speed of the DEX phase. The Hele-Shaw type Stokes flow relationship in the flow (\( x \)) direction,

\[
\frac{\partial P}{\partial x} \approx \mu D \frac{\partial^2 u}{\partial y^2},
\]

where \( u \) is the flow velocity, and \( y \) is the direction normal to the flow along the channel height (Fig. 1 (a)). Eqn. (2) gives the scaling representation of the average flow speed \( U \).
Fig. 5 (Color online) Plots of measured DEX droplet radius \( a \) versus the ‘on’ and ‘off’ times of the DEX phase inlet pressure. We plot four different combinations of experimental conditions with the applied DEX pressure \( P_o = 21 \) or 42 kPa, and PEG flow rate \( Q_o = 1 \) or 3 µL min \(^{-1} \). (a) Drop radius \( a \) versus DEX pressure ‘on’ time \( t_{on} \), while the ‘off’ time \( t_{off} = 600 \) ms. (b) Drop radius \( a \) versus the DEX phase pressure ‘off’ time \( t_{off} \), while the ‘on’ time \( t_{on} = 80 \) ms.

Substituting \( Q_D = U w h \) and Eqn. (3) into Eqn. (1), we obtain the scaling relationship for the generated DEX droplet radius,

\[
\frac{a}{w} = \kappa \left( \frac{w h^3 P_o t_{on}}{\ell \mu D Q_o t_{off}} \right)^{1/3},
\]

which has the proportionality constant \( \kappa \).

Eqn. (4) gives the prediction that DEX droplets will be larger with higher values of the applied pressure, \( P_o \), and the time \( t_{on} \) over which the pressure is ‘on’. The model also indicates that the radius of the droplets will decrease with increasing continuous PEG phase flow rate, \( Q_o \), and the DEX phase pressure ‘off’ time, \( t_{off} \). All of this is qualitatively consistent with our experimental observations (see for example Figs. 5 (a) and (b)).

Fig. 6 is a log-log plot of the dimensionless DEX droplet radius \( a/w \) versus the dimensionless parameter \( w h^3 P_o t_{on}/\ell \mu D Q_o t_{off} \). All of the experimental results from Figs. 5 (a) and (b) collapses onto a single curve, and display a good quantitative agreement with with our scaling model in Eqn. (4). Namely, the experimental data reflect our predicted
1/3 power-law, and we obtain an empirical value of the proportionality constant $\kappa \approx 0.53$. The agreement between our model and experiments indicates the utility of the model (Eqn. (4)) for designing future microfluidic ATPS emulsion generation schemes.

3.5 Scaling-up to simultaneous double droplet formation

One limitation of our ATPS droplet generation technique is that the production rate is typically $O(0.1) - O(1)$ droplets per second. This limitation arises because the DEX phase applied pressure ‘off’ time $t_{\text{off}}$ has to be sufficiently long to enable DEX droplets to form (Fig. 2 (a)). However, we may be able to overcome this limitation by scaling-up our droplet production process.

Fig. 7 shows the scaling-up of our microfluidic ATPS droplet generation technique. Here, we take advantage of a parallel flow microfluidic setup,\textsuperscript{36-38} to design a multiplexed ATPS droplet generator. We apply a single pressure source, $P_0$, at the DEX phase inlet. With a branched inlet channel design, the DEX phase flows into the flow focusing junction from two channels. The continuous phase PEG flows at a constant flow rate $Q_0$, as before. 5 wt% (w/w) DEX and 40% (w/w) PEG are used for this experiment. The DEX phase (5% (w/w)) is supplied with an ‘on’ pressure $P_0 = 21$ kPa. Pressure ‘on’ and ‘off’ times $t_{\text{on}} = 70$ ms and $t_{\text{off}} = 600$ ms, respectively.

The image in Fig. 7 shows the proof-of-concept of the scaling-up of our method (see also Supplementary Information Movie 6). Since multiplexing of a pressure-driven flow is possible with a parallel flow system, our pressure-assisted ATPS emulsion making technique has the potential to scale-up massively via many parallel disperse phase channels.

4 Conclusions

We demonstrate a microfluidic ATPS droplet formation system that utilizes a pulsating applied pressure, and hydrodynamic flow focusing. The on-off pressure cycles of the disperse DEX phase, in combination with the constant flow rate continuous PEG phase, make it possible to controllably produce monodisperse ATPS droplets in a flow focusing junction.

We experimentally observe different droplet formation regimes that depend on experimental parameters such as the applied pressure magnitude $P_0$, the continuous phase flow rate $Q_0$, and the ‘on’ and ‘off’ times of the applied pressure $t_{\text{on}}$ and $t_{\text{off}}$, respectively. We also produce droplets that vary by an order of magnitude in volume, from $O(10)$ pL to $O(10)$ nL, and our simple scaling model captures quantitatively the physics that determine the resulting droplet size. Finally, we show the proof-of-concept of the scaling-up of our ATPS droplet making scheme, by multiplexing the formation of droplets in a parallel-flow system.

Our microfluidic platform offers a simple method to create monodisperse ATPS droplets. This setup overcomes the challenges associated with the ultralow interfacial tension of ATPS, by combining a pulsating disperse phase pressure, and a constant continuous phase flow rate. This method is applicable to on-demand drop formation applications.\textsuperscript{39,40} We also anticipate that this approach may have utility in biological applications where the biocompatible nature of ATPS is desirable, for example, in cell encapsulation,\textsuperscript{41} particle coating,\textsuperscript{42,43} and drug delivery.\textsuperscript{44}

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