



You are invited to the Annual FASD Day Mocktail Challenge!



Location:

Lakeland Centre for FASD Office
4823 50th St, Cold Lake

Date & Time:

September 9, 2026

@ 12:00 PM

For any questions or to
register your team,
Call 780-594-9905 or
email admin@lcfasd.com





Mocktail Competition Guidelines

Team Structure:

- Each team must have 2 to 5 members.

Mocktail Requirements:

- Each team is responsible for preparing 4 servings of the same mocktail for the judges.
- Creativity is encouraged! Get inspired with themes, special supplies, or even team costumes!

Supplies & Ingredients:

- Basic ingredients will be available for use (Pop, juice, water, ice, basic cups).
- Feel free to bring your own special ingredients to make your mocktail stand out.
- If your mocktail requires special equipment like a blender or extension cords, your team is responsible for bringing your own.



Scan the QR Code below for more information about LCFASD supports and services.