

ANNUAL REPORT

2025-2026



LAKELAND CENTRE FOR FASD



HELP: IT'S WHAT WE DO

www.lcfasd.com

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Our Vision and Mission

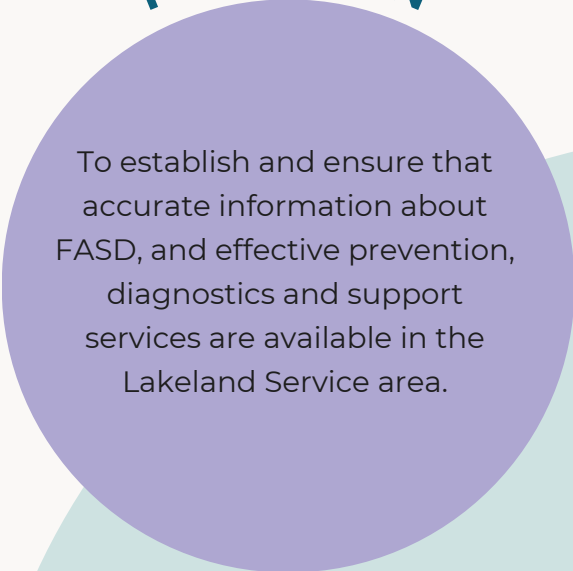
OPERATING PRINCIPLES

- Committed to maintaining the trust of partners and stakeholders by being accountable and transparent.
- Dedicated to creating an atmosphere in which all stakeholders feel valued, respected and engaged in our efforts.
- Committed to treating individuals with FASD, their parents and families with respect and dignity.
- Committed to client and family safety as it is an integral part of our organization and work.
- Promoting the use of FASD best practices and accurate information with community service providers.
- Dedicated to planning services based on identified needs, and by promoting best practices as they emerge in the field.
- Committed to achieving collective impact and quality service through collaboration with our community partners.
- Providing evidence based practice and when evidence is not available, will work with researchers to develop this evidence.
- Providing leadership in the field of FASD by sharing our experiences, developing evidence based practices and continually working to improve our services.
- Dedicated to our employees and their well-being.



We envision a region with no new FASD births and where currently affected individuals are well supported.

VISION



To establish and ensure that accurate information about FASD, and effective prevention, diagnostics and support services are available in the Lakeland Service area.

MISSION

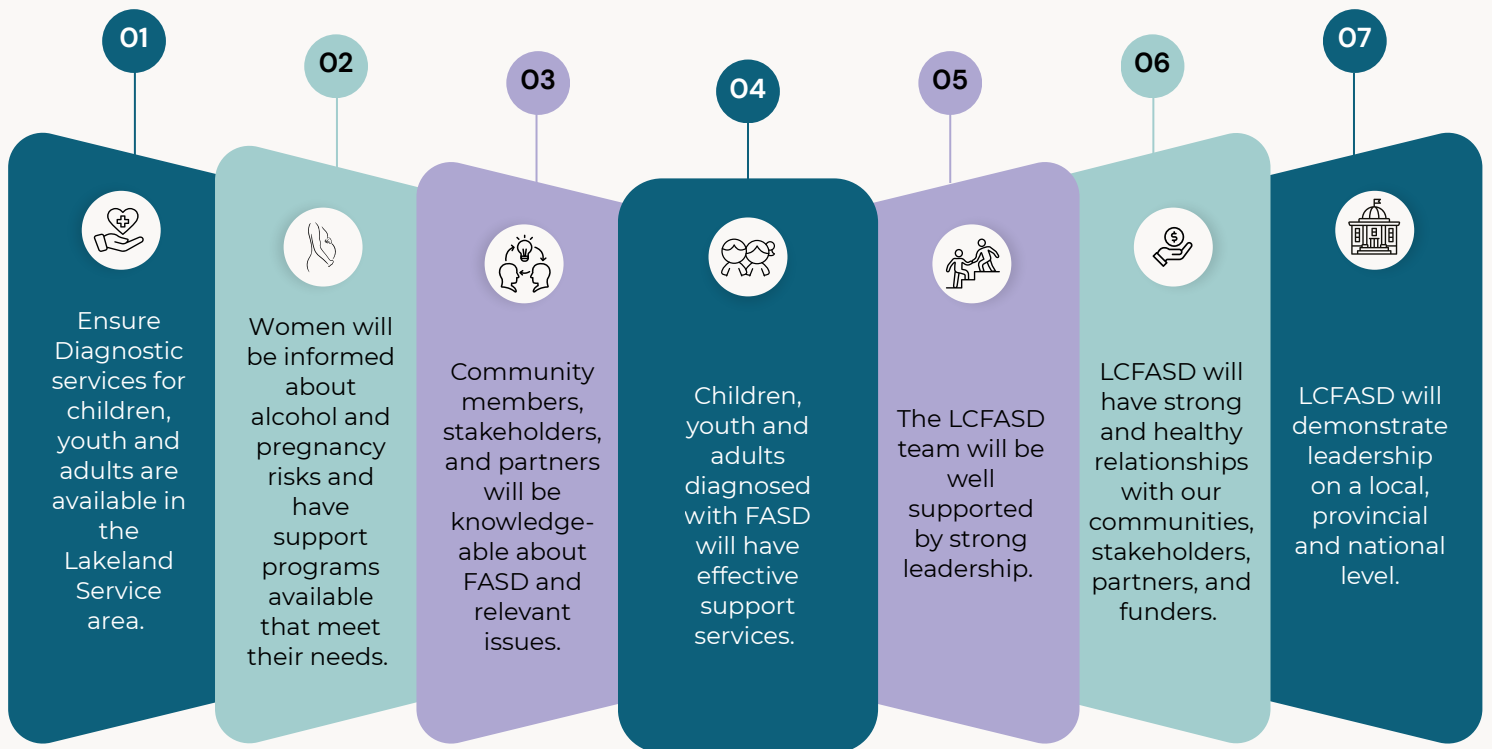
Strategic Plan Goals

2023-2026



The following strategic goals guide the work of the Lakeland Centre for FASD. These priorities were established through the Society's 2023–2026 Strategic Plan, developed with input from families, community partners, staff, funders, and Provincial FASD Networks.

The Board of Directors, accountable to the Society's membership and the communities we serve, is committed to advancing these goals and supporting meaningful outcomes for individuals and families affected by FASD.



Together, these goals reflect our commitment to building a stronger, more inclusive community for individuals and families affected by FASD.

Land Acknowledgment

TREATY 6 TERRITORY

We acknowledge the Lakeland Centre for FASD is located on Treaty 6 territory- the traditional and ancestral territory of the Cree, Dene, Blackfoot, Saulteaux and Nakota Sioux. We acknowledge that this territory is home to the Métis Settlements and the Métis Nation of Alberta, Districts 12 & 19 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis and Inuit who have lived in and cared for these lands for generations and whose footsteps have marked these lands for centuries.



HONOURING TRUTH AND HISTORY

In the Lakeland service area, there were two residential schools - the Lac La Biche Residential School/Notre Dame des Victoires which was later relocated to St Paul and named Blue Quills Residential. The high school and its residence closed in 1990. As many as 200 children enrolled annually at Blue Quills during its operation. We would also like to acknowledge the many survivors and their families in this area and those children who did not make it home. The Lakeland Centre for FASD has and continues to commit to aligning our values and actions with those guided by the TRC Call to action and United Nations Declaration on the Rights of Indigenous Peoples. We commit to working in collaboration with Indigenous people to deliver culturally appropriate prevention, diagnosis, and intervention support to individuals and families with FASD . We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.



About Us

Board Members

Chair

Shelley Krook

Vice Chair

Joey Daniels

Treasurer

Jennifer Leblanc

Secretary

Helene Serbu

Directors

Stephanie Oleksyn

John Orr

Alena Morozov

Staff by Area

- 4 Administration
- 2 Diagnostics
- 15 Intervention
- 9 Mentorship
- 4 Camp
- 1 Counselling
- 18 2nd Floor
- 1 Rajani Clinic
- 1 Contractors

Message from the Board Chair

It is an honour to serve as Board Chair for the Lakeland Centre for FASD. As we celebrated our 25th anniversary in 2025, we reflected on the incredible support of our donors, community partners, and stakeholders who have helped make this milestone possible. We sincerely appreciate their continued trust and generosity.

My heartfelt thanks go to our leadership team and staff for their dedication, compassion, and commitment to making a meaningful difference in the lives of those we serve. I would also like to thank our clients for allowing us to walk alongside them in their journeys.

Thank you to the past and present Board Members whose knowledge, perspectives, and leadership continue to strengthen our organization.

We are proud of the national and international impact of our work in the field of FASD and remain committed to building on our strengths as we move forward together.

Sincerely,



Shelley Krook
Board Chair

Lisa Murphy
Executive Director



Paula Dewan
Prevention Program
Manager



Candice Sutterfield
Mothers to Be
Supervisor



Stacy Mercier
FASD Outreach
Supervisor



Sandy Boyd
2nd Floor Women's
Recovery Supervisor



Kendra Toporowski
Diagnostic Services
Manager



A Message From Our Executive Director



Dear Friends and Supporters,

As I reflect on the past year, I am filled with pride as I look at the growth, progress, and impact of the Lakeland Centre for FASD. The year 2025 marked a significant milestone, 25 years of supporting individuals and families affected by Fetal Alcohol Spectrum Disorder (FASD) across our region.

We were honoured to celebrate this achievement alongside clients, families, past and present staff and board members, partners, funders, and stakeholders from across the Lakeland region. It was a meaningful opportunity to reflect on how far we have come and the many lives touched through our services over the past quarter century.

Throughout the year, our team also focused heavily on preparing for our Qmentum Accreditation Survey taking place in spring 2026. This process encouraged us to reflect on our strengths, identify opportunities for growth, and continue strengthening the quality of care and services we provide. We heard directly from clients, families, staff, and community partners about ways to improve programs and better meet the evolving needs of those we support.

This year marked the completion of our current Strategic and Operational Plan. Staff, stakeholders, community partners, and our Board of Directors all played an important role in shaping the direction of our next three-year Strategic Plan. Through thoughtful discussion and collaboration, we identified priorities that will continue strengthening services and supports across the region. Our mission - to ensure accurate information about FASD and effective prevention, diagnostic, and support services are accessible throughout the region - continues to guide every program, partnership, and initiative we undertake.

Over the past year, LCFASD supported more than 600 individuals across all programs and services. Feedback from participants and community partners continued to reinforce the importance of this work:

“My mentor is always there for me.” - Mothers to Be Mentorship Program Client

“Whenever I walk into LCFASD, I immediately feel safe.” -Employment Program Participant

“Clients that I have referred to the program(s) have had success in the past when they utilize the program(s). The support they offer is immeasurable.” - Community Support Worker

FASD prevention and awareness messaging also remained a strong focus throughout the year. Through training sessions, presentations, and community events, our team delivered 136 awareness and education events, reaching more than 4,500 individuals across northeastern Alberta.

Referrals to programs and services remained consistently high, further illustrating the ongoing and growing need for FASD-informed supports throughout our region.

This year also brought significant recognition of our organization and team, including:

- 2025 Canadian Non-Profit Employer of Choice Award
- 2025 Outstanding Not-for-Profit Award - Cold Lake Chamber of Commerce Business of the Year Awards

These achievements are a testament to the dedication, professionalism, and compassion of our staff, leadership team, and Board of Directors. As outlined in our Strategic Plan, we remain committed to supporting individuals with FASD and their families, delivering quality diagnostic services, supporting women through prevention-focused programming, strengthening awareness and education, and demonstrating leadership provincially, nationally, and internationally.

Looking ahead, we are excited to begin implementation of our new Strategic Plan, continue our accreditation journey, strengthen partnerships, and host our Biennial FASD Conference in fall 2026.

I would like to sincerely thank our staff, Board of Directors, funders, partners, volunteers, community members and our clients for your continued support and belief in this work. Together, we are building stronger, more inclusive communities and improving outcomes for individuals and families affected by FASD.

With appreciation,



Executive Director
Lakeland Centre for FASD



Our Programs & Services

Across the Lakeland region, the Lakeland Centre for FASD delivers coordinated, person-centered supports for individuals and families impacted by FASD. Our programs span prevention, assessment, and intervention-ensuring the right supports are available at the right time.

Guided by a commitment to collaboration, respect, and long-term outcomes, we walk alongside individuals and families at every stage of life-building capacity, strengthening connections, and supporting meaningful participation in the community.

OUR IMPACT IN 2025-2026

Supporting Individuals & Families

620 individuals and families supported across all programs

255 served through Client Resource Navigation

79 supported through Counselling Services

Assessment & Clinical Services

46 individuals received diagnostic assessments

Women & Family-focused Programs

19 women supported through the 2nd Floor Women's Recovery Centre

126 women served through the Mother's to Be Mentorship Program

Justice & Community Support

37 individuals supported through Court Support

Life Skills & Independence

47 individuals supported through Employment Programming

11 individuals assisted through Transition Services

*Individuals &
Families
Supported*



2nd Floor Women's Recovery

Supporting women on their journey to recovery, connection and growth.



23

Women served this fiscal year



100%

Clients with mental health diagnoses



400+

Women supported since 2012



77

Women with confirmed or possible FASD diagnosis

Finding Calm Workbook

2nd Floor introduced Finding Calm, a journaling workbook created by staff to support clients' learning and literacy needs using simple language, engaging visuals, and a harm reduction approach. Clients are now using the workbook during evening programming to focus on positive experiences and support emotional regulation.

Volunteering & Community Connection

Volunteering plays an important role in recovery by helping clients build purpose, connection, and self-worth. This year, clients had the opportunity to give back through:

- **Rock the Sock**
- **Christmas Hampers**
- **Tim Hortons Smile Cookies**
- **Food Bank**
- **Humane Society**
- **Beehive**

Community Awareness-NAAW

During National Addictions Awareness Week (NAAW), several awareness initiatives were carried out within the Cold Lake community.

24

boxes of cookies distributed to local organizations and businesses

18

new posters created and displayed throughout Cold Lake

Partnered

with Portage College

Daily

social media posts shared to expand awareness and community reach

Counselling

Supporting emotional well-being, resilience and meaningful connections.



355

Individual counselling sessions



71

Number of groups held



40

Actively engaged clients



We are here to support, empower and walk alongside our clients.



Strong Progress

The counselling program saw significant progress in group engagement and attendance with 71 group sessions reaching 355 participants.



Community Connection

The counselling program presented at Bonnyville Friendship Centre on gender based violence, sex trafficking, and key challenges affecting individuals with FASD, including emotional regulation, risk factors, and executive functioning.



Adapting to Meet Diverse Needs

A key success was adapting approaches to meet diverse needs by blending traditional sessions with hands-on activities like cooking, beading, and games, creating more engaging and comfortable spaces for connection.



Mothers to Be Mentorship Program



A Year of Meaningful Change

This year, the program saw strong client outcomes, with participants making meaningful progress in recovery, stability, and reduced involvement with systems. These successes reflect the impact of consistent mentorship, individualized planning, and coordinated supports in helping individuals move toward safer and more sustainable futures.



PROGRAM HIGHLIGHTS



51
REFERRALS



32
SIGNED
CONSENTS



72
ACTIVE
PARTICIPANTS

Stronger Together:
**The Power of
Mentorship.**



Mentorship Support

KATIE'S JOURNEY OF RESILIENCE AND LASTING CHANGE



Katie entered the Mothers to Be Mentorship program in 2021 during a time of significant instability in her life. She was involved in the justice system, experiencing active substance use, and raising her daughter, Charlie, on her own, while holding a strong desire to make positive change.



Through steady commitment over three years, Katie engaged consistently with supports and made the courageous decision to relocate with her daughter to access long-term recovery and sober living.



Her determination to rebuild her life remained strong, even through ongoing challenges. Her progress has been meaningful and measurable. Katie moved from a Crime Harm Scale ranking of 18 in the province to above 5000, reflecting a major shift in stability and risk. She has since successfully transitioned off the CDG caseload



Today, Katie is continuing her journey through post-secondary education, focused on creating a healthier and more stable future for herself and her daughter. Her story reflects resilience, support, and the possibility of lasting change.

“

Moving from 18th in the province on the Crime Harm Scale to over 5000 is an enormous shift... That kind of change doesn't happen without sustained effort and strong support systems.

-Community Partner



IMPACT HIGHLIGHT
From 18th to 5000+
on the Crime Harm Scale

A powerful example of how mentorship and sustained support can lead to measurable change.

The Prevention Conversation

The Prevention Conversation program has been increasing awareness and understanding of Fetal Alcohol Spectrum Disorder (FASD) in the Lakeland region since 2013. Through engaging training sessions and community conversations, the program supports professionals and community members in building knowledge and confidence to have meaningful prevention conversations.



39 FASD AWARENESS AND PREVENTION TRAININGS DELIVERED



Since 2015

471 Training Sessions Delivered

3,175 Professionals Trained

3,024 Community Members Trained



2026 MARKS THE FIFTH YEAR OF THE WRAP 2.0 PROJECT.



14
School Divisions Engaged

Over the past five years, FASD Instructional Coaches across the province have worked to enhance the capacity of school authority staff including principals, teachers, and educational assistants to better support students with FASD.



67
Schools Reached

In the Lakeland region, our team has worked alongside educators and support staff across 14 school divisions, reaching 67 schools. This work has focused on building understanding and practical skills through the facilitation of ongoing professional learning opportunities, as well as through modelling and supporting the use of FASD-informed instructional practices. By embedding these practices into everyday classroom and school contexts, we have supported educators in strengthening inclusive, responsive learning environments for students with FASD.



Celebrating 25 Years of Impact

25 YEAR ANNIVERSARY



Celebrating 25 Years

This year, Lakeland Centre for FASD proudly celebrated 25 years of impact-marking a quarter century of dedicated service to individuals and families affected by Fetal Alcohol Spectrum Disorder (FASD) in the Lakeland region.



A MILESTONE CELEBRATION

To celebrate this milestone, we hosted a 25th anniversary event on October 3, welcoming community members, partners, staff, and families to reflect on our journey and accomplishments.



HONOURING CONTRIBUTIONS

The celebration provided an opportunity to honour the many contributions that have shaped our organization and recognize the resilience and strength of those we serve.



BUILDING CONNECTIONS

Through shared stories, meaningful connections, and moments of appreciation, the event highlighted the growth of our programs and the strong relationships we have built within the community over the past 25 years.



LOOKING AHEAD

As we look ahead, Lakeland Centre for FASD remains committed to raising awareness, providing compassionate support, and fostering a community where individuals with FASD can thrive.



Testimonials

CRAIG COPELAND, (FORMER) MAYOR

"Lakeland FASD is a community leader in northeast Alberta and across Canada. The care and compassion that is shown to the clients is truly amazing. Every client matters. The vision and passion to deliver a second stage healing space to deliver twenty-four hour care and then recently create the youth camp speaks to the drive the staff and board of Lakeland FASD provide every day. We are so lucky to have them part of our community." - Craig Copeland, (former) Mayor City Cold Lake 2007-2025

Craig Copeland



SCOTT CYR, MLA

"It was an honour to join you in celebrating the 25th Anniversary of the Lakeland Centre for FASD. This milestone event was a powerful reminder of the essential support LCFASD provides to individuals, families, and caregivers across the Lakeland region, including diagnostic services, prevention education, mentorship, and life-long support. The dedication of your team to fostering understanding, reducing stigma, and strengthening community awareness about Fetal Alcohol Spectrum Disorder makes a meaningful difference in so many lives. Thank you for your ongoing commitment to building healthier futures for all those you serve." - MLA Scott Cyr - Bonnyville-Cold Lake-St. Paul

Scott Cyr



REAGAN, LCFASD CLIENT

"The evening was eye-opening. Unravelling the positive change that FASD is making in not only individual lives, but also families and communities. It was a pleasure to watch, and it was an honour to celebrate everyone who has contributed years to FASD. Very humbling to hear the story of another real-life individual whose life has been changed because of this organization. Goes to show they are making meaningful differences in the world, and very much needed for the next 25 years." - Reagan, Lakeland Centre for FASD client

Reagan

CARRIE GOLDSMITH, NEW DAWN METIS WOMEN'S SOCIETY WELLNESS COMMITTEE

"The 25th-anniversary gala was a beautiful reflection of the compassion and professionalism that LCFASD brings to Northeastern Alberta. To the staff, volunteers, and clients: thank you for being such dedicated partners. New Dawn Métis Women's Society is proud to stand with you, and we look forward to many more years of traditional land teachings, advocacy, and community building together." - Carrie Goldsmith, New Dawn Metis Women's Society Wellness Committee

Carrie Goldsmith

International FASD Awareness Month

Recognizing September 9th as International FASD Day



Bringing communities together through the Mocktail Challenge



Promoting alcohol-free choices and meaningful conversations



Highlighting strengths and the power of community support

Each September, the Lakeland Centre for FASD celebrates FASD Awareness Month, with September 9th recognized as International FASD Day. Across the Lakeland region, our Mocktail Challenge brings communities together to mix creativity and fun while promoting alcohol-free choices and sparking important conversations. These events highlight the strengths of individuals and families affected by FASD and showcase the power of community support in raising awareness.



Mocktail Challenge Winners

Thank you to all the organizations and community members who participated in the Mocktail Challenge! Your creativity, enthusiasm, and support helped make FASD Awareness Month a huge success.

1st Place Winners



New Dawn Métis Women's Society- Cold Lake



The Dragonfly Centre-Bonnyville



St. Paul & District Arts Foundation- St. Paul



Portage College-Lac La Biche



Smash Mocktail



What Lies Beneath Mocktail



Shark Bite Mocktail



Spicy Mango Daiquiri

2nd Place Winners



Alberta Health Services- Cold Lake



Community Futures Lakeland- Bonnyville



St. Paul Regional FCSS & Family Resource Network



Taproot Community Support-Lac La Biche

3rd Place Winners



Age Friendly- Cold Lake



Lac La Biche Canadian Native Friendship Centre- Lac La Biche

Rajani Clinic Training Services

Rajani Clinic Training Services supports both new and established FASD diagnostic clinics across Canada and internationally. Our team has delivered training in Alberta, Saskatchewan, British Columbia, Nunavut, Newfoundland and Labrador, Quebec, Ontario, the Northwest Territories, and as far away as New Zealand.

We were designed to strengthen and expand diagnostic capacity, giving clinics the tools, knowledge, and confidence they need to provide accurate and effective assessments. Every clinic is unique, which is why our training is always tailored to local needs, whether working with pediatric, youth, or adult populations.

NATIONAL & INTERNATIONAL REACH



8 Provinces & Territories



At its core, the program is built on responsiveness. Adapting to new research, evolving best practices, and changing needs in the field.

This commitment ensures that clinics can continue to deliver high-quality, consistent diagnostic services for individuals with FASD and their families.

HIGHLIGHTS:

- **CAN FASD Conference, Toronto**
- **Virtual training for Okotoks diagnostic clinic**
- **Clinic coordinator training for Onion Lake**
- **Virtual presentations to FASD ONE (Ontario)**
- **Hosted Alberta FASD Diagnostic & Assessment Team Seminar**
- **Held Annual Alberta Clinic Coordinators Meeting in Calgary**
- **Developing a new report writing toolkit**

Diagnosics Services

25 YEARS OF IMPACT

This year marks 25 years of the Diagnostic Services Program supporting individuals and families across the Lakeland region through FASD assessment, diagnosis, and connection to community resources.



Over the past year, the team continued delivering assessments through our mobile hybrid clinic model-ensuring specialized services remain accessible close to home.



We welcomed Dr. Christine Hyde, Dr. Vernon Naidoo, and two new Disability Services Coordinators to the team.



This year we recognize the retirement of Dr. Hasu Rajani, who has been part of the program since the first clinic 25 years ago.



We also acknowledge Vanna Thiel, Speech Language Pathologist, an original team member whose leadership has helped shape the program.



Along with several dedicated staff who have contributed more than 15 years of service.

25 YEARS BY THE NUMBERS



1,000+ ASSESSMENTS COMPLETED



995 INDIVIDUALS SERVED



730 CHILDREN **263** ADULTS



RANGING IN AGE FROM
1 - 55 Years

2024-2025 HIGHLIGHTS



25 PEDIATRIC ASSESSMENTS



1 COMPLEX YOUTH ASSESSMENT

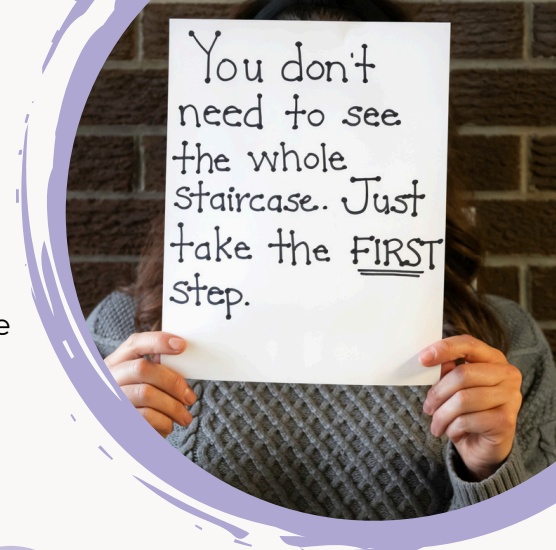


20 ADULT ASSESSMENTS

- ✓ LCFASD launched Alberta's first Rural Model for FASD Diagnosis with its first pediatric clinic on November 21, 2000.
- ✓ In May 2002, we established the first adult-specific FASD diagnostic clinic in North America.

Intervention

Through service coordination, education, and advocacy, we continue to provide compassionate support and practical resources to individuals and families impacted by FASD across our region.



125
Adults



104
Children



Caregiver Support Groups were regularly held in 5 communities.

Caregiver Support Groups

- ✓ Monthly caregiver support groups, creating a welcoming space for open, informative discussions.
- ✓ Educational Assistants participation, strengthening collaboration between caregivers and schools.
- ✓ Attendance increased, with participants forming meaningful connections, two members developed a strong peer support relationship beyond the group.

Community Education

- ✓ Hosted "Living with FASD 24/7: Our Story of Hope" by Annette Cutknife and her sons.

The presentation shared lived experience with addiction, stigma, and parenting FASD-leaving staff informed, inspired, and encouraged.

Court Support

2025/2026 Court Support Data:

Our Court Support program provides individuals with FASD with guidance, advocacy, and support as they navigate the legal system, helping to ensure their voices are heard and their rights are understood.



Since launching in 2024



Jan 2025-Mar 2026

Court Support

When people are supported, not judged, success becomes possible.



In January 2026, Jane was supported through a provincial court matter in Alberta. Upon arriving at the courthouse, she was connected with Duty Counsel and supported throughout the meeting to ensure she clearly understood the process and felt confident sharing her perspective.



During the discussion, Jane shared an important detail that had not previously been highlighted. This information directly contradicted the complainant's statement and raised significant reasonable doubt.



As a result, the Crown Prosecutor withdrew both tickets.



This outcome underscores the importance of dedicated court support for individuals with FASD. With the right guidance and advocacy, clients are better able to understand proceedings, communicate effectively, and ensure their voices are heard, helping to prevent unjust outcomes.



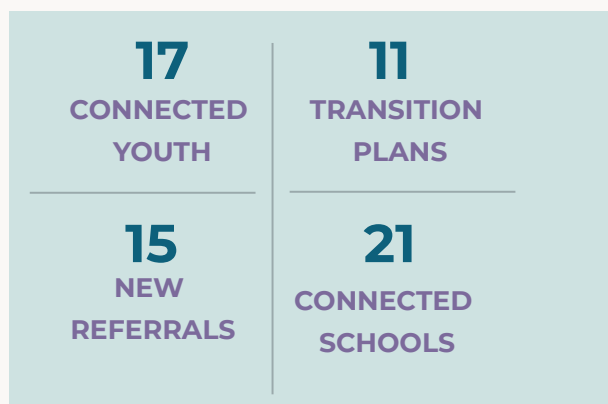
WHY IT MATTERS

Behind every number is a person, a family, and a story. Court Support ensures that individuals with FASD have someone by their side, advocating, guiding, and helping create fairer outcomes.

Transition

Personal Successes

- ✓ Katie returned to the Transition Program in 2025 to update her plan, set new goals, and reconnect with supports for continuing education and next steps.
- ✓ Nick developed a clear career direction through the Transition Program, improved school engagement, secured AISH, and began the PDD application process.
- ✓ Matt identified early goals in Grade 10 and connected with supports to guide his high school journey, with plans to further develop his transition plan in Grade 12.



Employment

Employment is more than income, it's about inclusion, confidence, and purpose. Our Employment Program supports adults with FASD facing complex barriers often overlooked by traditional systems.



- ✓ Expanded employer and agency partnerships to strengthen coordinated supports
- ✓ Delivered Chamber of Commerce presentations and employer awareness events
- ✓ Staff completed Alberta Supports Employer Engagement Training
- ✓ Developed individualized, non-traditional employment opportunities for clients
- ✓ Hosted regional group skill-building workshops

New Partnerships creating inclusive employment opportunities:

- Transportation Support
- Meals & Snacks
- Employer Engagement Training
- Flexible, Inclusive Programming



Lakeland Summer Camp

- ✓ 3 RETURNING STAFF
- ✓ 1 NEW STAFF
- ✓ NEARLY 70 APPLICATIONS

The highlight of summer for many of the youth we support, campers enjoyed:

- ✓ Trips to Douglas County, JJ Parr Centre, and Provincial Park
- ✓ Fun activities like Spa Night, Baking and Cooking, Craft Night, Employment activity
- ✓ Water fun in the lake and splash park on base



Campers formed lasting friendships, sharing gaming usernames to stay connected after camp.



48
YOUTH SUPPORTED
THROUGH 6 WEEKS OF CAMP



\$15,000
RAISED THROUGH
SPONSORSHIPS



\$19,486
CNR WOLF LAKE
DONATION FUND
PLATINUM SPONSOR



Mocktail Magic

BAR SERVICE



The Mocktail Magic Bar Service continues to be a successful social enterprise for the Lakeland Centre for FASD. As individuals shift towards non-alcoholic beverages for health reasons, family planning or to reduce their alcohol consumption, mocktails are a versatile choice for any gathering, be it a community event, casual meeting, graduation or wedding.



In 2025, Mocktail Magic Bar Service provided mocktails for 32 events in the Lakeland Region.

Staff and volunteers create unique experiences for each event, collaborating with event themes through mocktail choices or dressing up. Mocktails are chosen for their unique taste, colour and presentation giving individuals a high-quality drink to celebrate with.



Mocktails are not just about skipping alcohol. It is about choice, craftsmanship, and inclusion. Let the Mocktail Magic Bar Service be the feature at your next event, elevating your guest experience.



32 Mocktail Events in the Lakeland Region

Mocktail Benefits

- Inclusive for all guests
- Safe Environments
- Creative and Engaging
- Supports Healthy Choices
- Community education in Action

Audrey McFarlane Award



Honoring strength. Celebrating impact. Building brighter futures.

THIS AWARD CELEBRATES:

**Brianna Cardinal
&
Reanna Cardinal-Jackson**

The Audrey McFarlane Award, presented annually by the Lakeland Centre for FASD, recognizes the strength, resilience, and achievements of individuals within the FASD community. Named in honour of founder Audrey McFarlane, the award celebrates individuals with FASD, as well as families and caregivers, who demonstrate perseverance, growth, and a commitment to positive outcomes. This award reflects LCFASD's ongoing commitment to recognizing success and inspiring hope across the communities we serve.



The Joanne Lussier-Ring Post-Secondary Scholarship

The Joanne Lussier-Ring Post-Secondary Scholarship honours Joanne Lussier-Ring's dedication to supporting individuals with FASD in their education.

It recognizes high school graduation and supports students with FASD as they pursue trade school, college, university, or other post-secondary programs.

We congratulate all applicants and wish them success in their studies.

Mataya Brinston



Kaylee Willier





Celebrating Service Milestones



Thank-you for your continued commitment



1 YEAR

Alexa Lee
Katelyn Chatel
Kristen Singer
Nola Gee
Roxanne Stonechild
Samantha Crandell
Shannett Jones
Stacy Mercier
Twyla Reid

One year of making a difference.



5 YEARS

Lisa Wilkinson
Marilyne Thir

Thank you for 5 years of dedication and impact!



10 YEARS

Jada Favel
Jaimie Gehring
Kendra Toporowski
Michelle Lamb

A decade of commitment and excellence.



15 YEARS

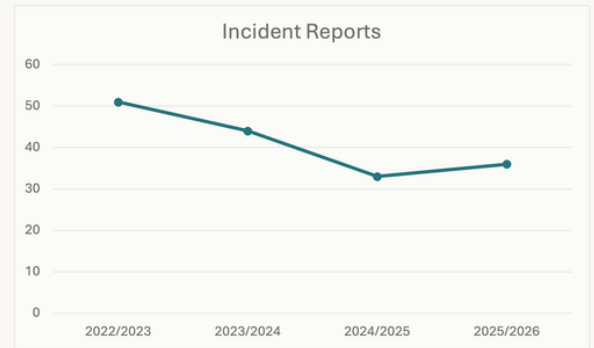
Candice Sutterfield

15 years of leadership, passion, and inspiration.

Thank-You!

Incident Reporting

At Lakeland Centre for FASD, reporting incidents is a vital part of our commitment to transparency, safety, and continuous improvement. As a not-for-profit, we ensure that any concerns affecting clients, staff, or services are documented and addressed promptly. This process helps us protect vulnerable individuals, maintain accountability, and uphold the high standards of care and support that our community relies on.



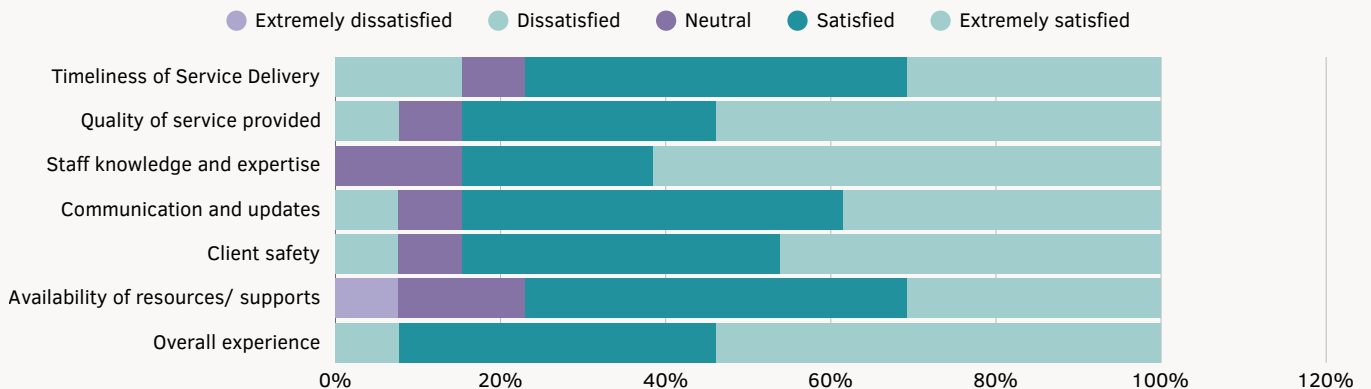
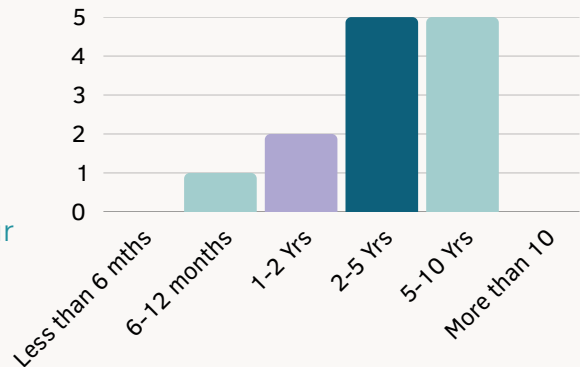
Satisfaction Survey

Client and stakeholder feedback is essential to ensure quality and effectiveness of our programs and services. This year we conducted a satisfaction survey to gather insights from those we serve. Survey results help us celebrate what's working and identify opportunities for growth, guiding our commitment to continuous improvements and person centred care.

76.9%

of participants reported that the programs supported them in achieving their goals

Length of time participants have used our services

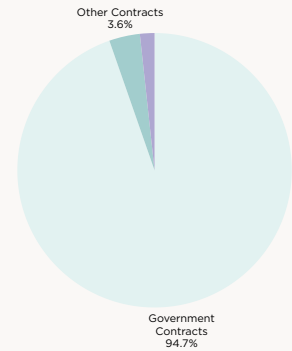


"Clients that I have referred to the program(s) have had success in the past when they utilize the program(s). The support they offer is unmeasurable."

Financial

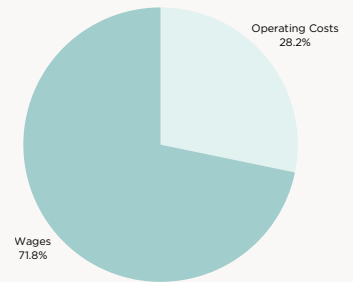
Revenues

Source	03/31/26	03/31/25
Government Contracts	\$4,061,692.84	\$3,999,072.00
Other Contracts	\$155,588.96	\$228,875.00
Donations	\$73,520.82	\$107,908.00
Total Income	\$4,290,802.62	\$4,335,855.00



Expenses

Source	03/31/26	03/31/25
Operating Costs	\$1,200,134.00	\$1,341,674.00
Wages and Benefits	\$3,048,787.00	\$3,026,286.00
Total Expenses	\$4,248,921.00	\$4,367,960.00



Notes *Financial figures are presented for the current fiscal year with comparisons to the previous fiscal year. This provides an overview of changes in revenues and expenses and how resources were allocated to support the Lakeland Centre's programs and operations.*



Funding from the Government of Alberta's Community Initiatives Program supported the purchase of AEDs, improving emergency preparedness and safety for over 600 individuals and families annually.

Thank-You!

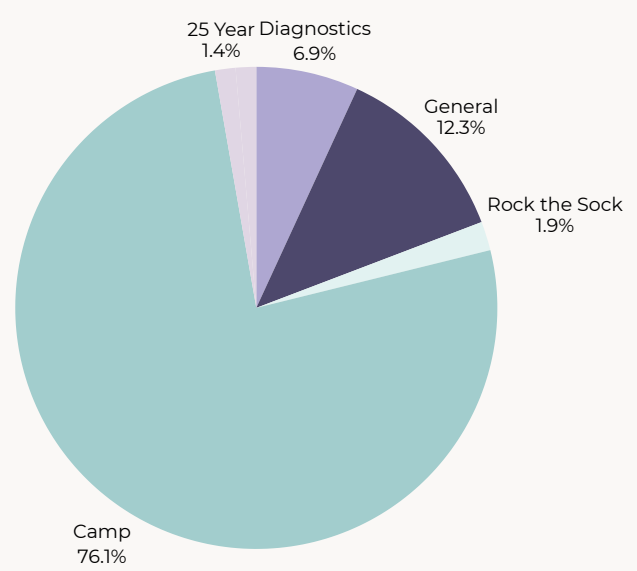
Donations & Sponsorships

We are grateful for the generous support of our donors and sponsors, whose contributions make a real difference in the work we do.

Every gift helps the Lakeland Centre continue to provide programs, services, and resources that strengthen our community and support individuals and families affected by Fetal Alcohol Spectrum Disorder.

Your support allows us to reach more people, enhance programs, and invest in areas that have the greatest impact. Thank you for being a vital part of our mission.

2024-2025 Contributions by Category

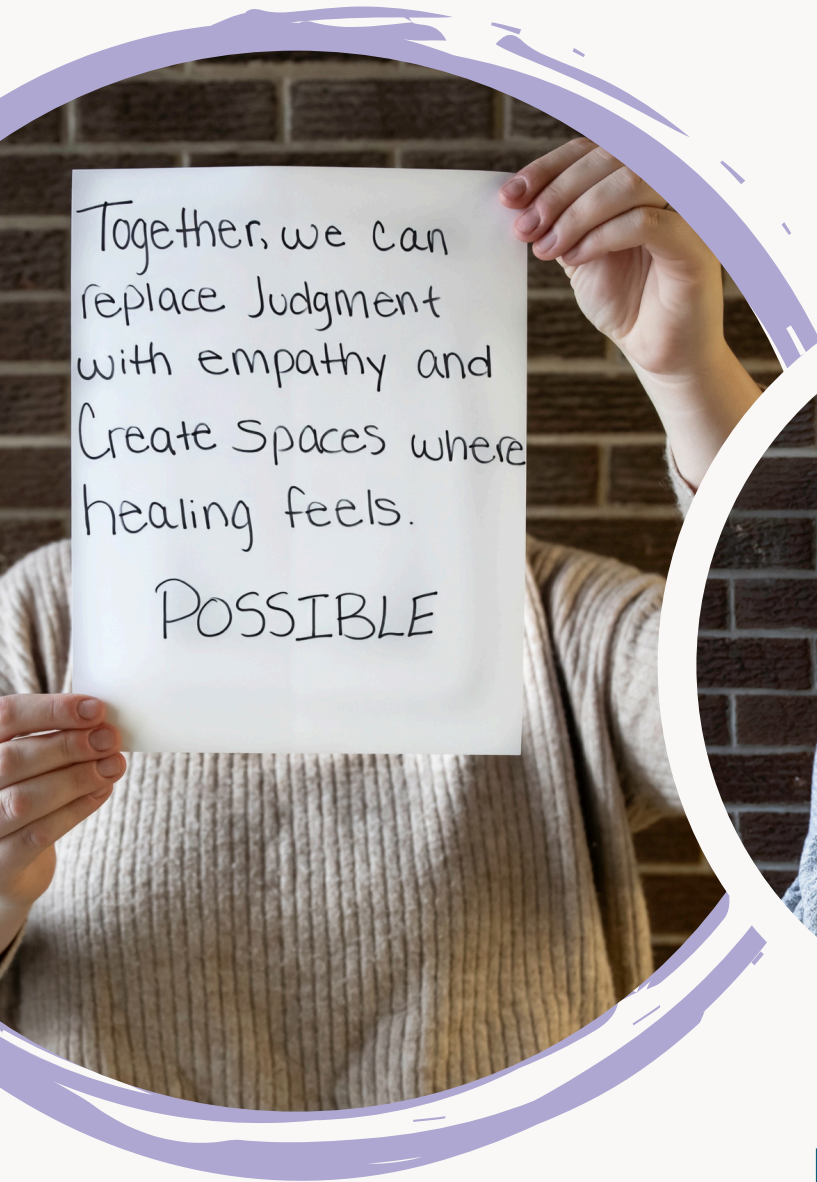


<p>Strengthening our community</p>	<p>Supporting individuals and families</p>	<p>Enhancing programs and services</p>	<p>Investing in meaningful outcomes</p>
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Cold Lake- 4823 50th Street
Bonnyville 4313 50th Avenue- Unit 257
St. Paul- 4707 50th Avenue
Lac La Biche- 10117- 102 Avenue

FOR MORE INFORMATION

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HELP: IT'S WHAT WE DO