

Lakeland Centre FASD Conference 2022

- A

Art Therapy
- B

Break & Networking in Lounges
- G

General
- K

Keynote Speaker
- L

Lived Experience
- M

Mental Health
- S

Suicide

OCTOBER 6 • THURSDAY		
8:45am – 9:00am	G <b>Opening Remarks</b> <i>Speakers: Lisa Murphy</i>	Virtual Room 1
9:00am – 10:00am	K <b>Towards Mental Health and Wellness</b> <i>Speakers: Jacqueline Pei</i> <i>Moderator: Michele Huszar, Lisa Murphy</i>	Virtual Room 1
10:00am – 10:30am	B <b>Health Break 1: Mindfulness</b> <i>Speakers: Barbara Hunter</i>	Virtual Room 1
10:30am – 11:30am	A <b>The Benefits of Expressive Art Making for Children with FASD</b> <i>Speakers: Randi Martin</i> <i>Moderator: Jaimie Gehring</i>	Virtual Room 2
10:30am – 11:30am	S <b>"I felt no sense of purpose at a very young age": Sharing the Perspective of Individuals with FASD on Mental Health and Suicidality</b> <i>Speakers: Kirsten Morrison</i> <i>Moderator: Michele Huszar</i>	Virtual Room 1
11:30am – 12:30pm	B <b>Lunch &amp; Networking in Lounges</b>	Virtual Room 1
12:30pm – 1:30pm	M <b>e-Mental Health for Youth &amp; Young Adults</b> <i>Speakers: Randi Martin, Melanie Fersovitch</i> <i>Moderator: Paula Dewan</i>	Virtual Room 2
12:30pm – 1:30pm	M <b>Mentoring and Supporting women's well-being</b> <i>Speakers: Candice Sutterfield</i> <i>Moderator: Sandy Boyd</i>	Virtual Room 1
1:30pm – 2:00pm	B <b>Health Break 2: Yoga</b> <i>Speakers: Jaylene Haggerty</i>	Virtual Room 1
2:00pm – 3:00pm	L <b>Exploring FASD Services From A Remote Lens - Catch a glimpse of life within three Northern Metis Settlements</b> <i>Speakers: Leanne Aspen, Marge Cunningham, Valerie Donison, Murielle L'Hirondelle</i> <i>Moderator: Lisa Cunningham</i>	Virtual Room 1
2:00pm – 3:00pm	M <b>Mental Health Needs and Supports for Caregivers of Individuals with FASD</b> <i>Speakers: Jacqueline Pei, Katherine Flannigan, PhD, R.Psych, Dorothy Reid, MA, Audrey McFarlane, MBA</i> <i>Moderator: Jaimie Gehring</i>	Virtual Room 3
3:00pm – 3:15pm	G <b>Day 2 Closing Remarks: Lisa Murphy</b> <i>Speakers: Lisa Murphy</i>	Virtual Room 1