

# ANNUAL REPORT

2021

2022



*Client Artwork*

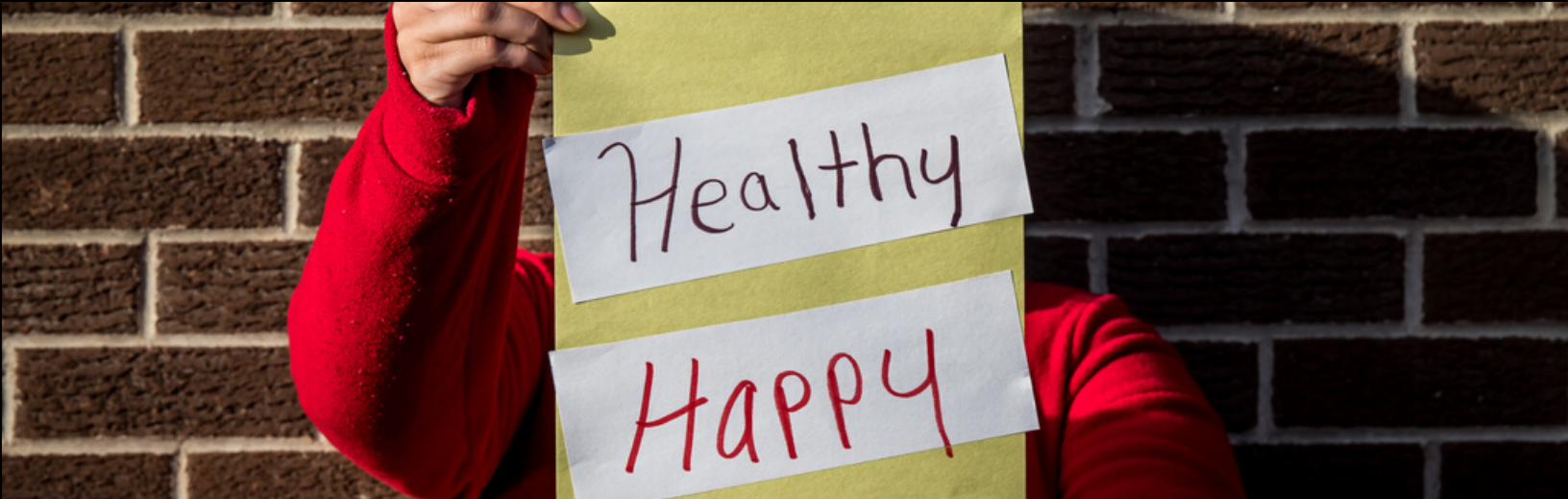
Lakeland Centre for

## FASD

Fetal Alcohol Spectrum Disorder

LAKELAND CENTRE FOR FASD  
HELP: IT'S WHAT WE DO





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## **MISSION**

To establish and ensure that accurate information about FASD, effective prevention, diagnosis and support services are available in the Lakeland Service area.

## **VISION**

We envision a region with no new FASD births and where currently affected individuals are well supported.

## **OPERATING PRINCIPLES**

- Committed to maintaining the trust of partners and stakeholders by being accountable and transparent.
- Dedicated to creating an atmosphere in which all stakeholders feel valued, respected and engaged in our efforts.
- Committed to treating individuals with FASD, their parents and families with respect and dignity.
- Promoting the use of FASD best practices and accurate information with community service providers.
- Dedicated to planning services based on identified needs, and by promoting best practices as they emerge in the field.
- Committed to achieving collective impact and quality service through collaboration with our community partners.
- Providing evidence based practice and when evidence is not available will work with researchers to develop this evidence.
- Providing leadership in the field of FASD by sharing our experiences, developing evidence based practices and continually working to improve our services.
- Dedicated to our employees and their well-being.



# Land Acknowledgement

We acknowledge the Lakeland Centre for FASD and support services is on Treaty 6 territory- the traditional and ancestral territory of the Cree, Dene, Blackfoot, Saulteaux and Nakota Sioux. We acknowledge that this territory is home to the Métis Settlements and the Métis Nation of Alberta, Regions 1 and 2 within the historical Northwest Métis Homeland. We acknowledge the many First Nations, Métis and Inuit who have lived in and cared for these lands for generations and whose footsteps have marked these lands for centuries.

In our Lakeland service area, there were two residential schools - the Lac La Biche Residential School/Notre Dame des Victoires which was later relocated to St Paul and named Blue Quills Residential. The high school and its residence closed in 1990. As many as 200 children enrolled annually at Blue Quills during its operation. We would also like to acknowledge the many survivors and their families in this area and those children who did not make it home. The Lakeland Centre for FASD has and continues to commit to aligning our values and actions with those guided by the TRC Call to action and United Nations Declaration on the Rights of Indigenous People. We commit to working in collaboration with Indigenous people to deliver culturally appropriate prevention, diagnosis, and intervention support to individuals and families with FASD . We make this acknowledgement as an act of reconciliation and gratitude to those whose territory we reside on or are visiting.







# Board of Directors and Team Members

Board Members	Management Team	Frontline Teams
Chair Stephanie Oleksyn	Executive Director Lisa Murphy	Administration- 5
Vice Chair Coleen Manary	Prevention Program Manager Paula Dewan	Diagnosotics-3
Treasurer Joey Daniels	Mothers To Be Supervisor Candice Sutterfield	Interventions-12
Secretary Roy Ripkens		Mentorship-8
Directors Adrienne Peoples- Sprecker Jennifer LeBlanc Michelle Dargis Shelley Krook Victoria Sparklingeyes	FASD Coordinator Supervisor Lisa Swan	Counselling-1
	2nd Floor Residential Supervisor Sandy Boyd	Camp-4
		2nd Floor Recovery-18
		Contractors/Rajani Training-2



# Message from the Executive Director

Another year has flown by in the blink of an eye! Lakeland Centre for FASD has been very busy. 2021-2022 was another challenging year as the COVID-19 Pandemic continued to impact businesses and services across the province. LCFASD remained strong while offering adapted programming to meet the needs of our clients; we offered all Diagnostic, Intervention and Prevention of FASD services in the Lakeland region.

Our staff supported 603 unique clients in our various programs this year! It is amazing to see so many individuals with FASD and their families seeking service, knowing that they see LCFASD as a safe and non-judgmental place to go to for help. Several of our programs have seen record numbers and have a waiting list.

The Diagnostic Team offered FASD diagnosis and assessment through a hybrid telehealth model. Clients and their families were supported through the diagnostic process using virtual technology to complete assessments. This new model was received well by families and professionals removing many barriers to accessing services.

Our FASD Outreach and Mother's To Be Mentorship teams have moved back to supporting clients in person, although virtual appointments continued to be an option. Our referrals in these programs have steadily increased this year. Our team has assisted clients to complete taxes, attend appointments, connect with community supports, and supported clients in accessing COVID-19 vaccination. Our Counselling Services saw a record 80 clients this year. Employment and Transition coordinators adapted programming to better meet the current needs of our clients. The LCFASD Emergency Housing suite has been consistently occupied this year.

2nd Floor Women's Recovery Centre is available to women who have been unsuccessful in other recovery environments due to their complex needs. Due to the pandemic and health restrictions required to minimize the spread, 2nd Floor operated at half capacity. We adapted our community programming, guaranteeing that women attending the program would receive gold star services. Many sessions were moved online, and we took any and all opportunity to participate in outdoor activities. This year, we partnered with our local Friendship Centre who taught our women how to make ribbon skirts and moss bags; this was very well received.

The Audrey McFarlane Award, highlighting FASD successes, honoring families and individuals with FASD, was awarded to two deserving recipients this year. The winners overcame significant obstacles to achieve their life goals. It is important to recognize these accomplishments.

After being unable to host in 2020, we were excited to welcome our kids back to our summer camp, again this year. Families and kids were thrilled to be back. The kids enjoyed a variety of experiences hiking, swimming, paddle boarding, kayaking, and lots of crafts!



The Rajani Diagnostic Clinic Training Services supported clinic teams across the province. 2021 marked the LCFASD's Rajani FASD Clinic Training Program's 10-year milestone! To celebrate this achievement, we developed a timeline highlighting our successes and shared accomplishments at our annual clinic coordinators virtual meeting.

Training and FASD awareness activities were offered throughout the year; we reached over 2000 people through training and awareness events. Our training team developed new videos and hosted monthly virtual lunch and learn events. We engaged with a local nonprofit Indigenous radio station to develop a series of short radio scripts to ensure people in our region know about FASD, Prevention, and our services.

LCFASD hosted our 2nd Annual Virtual FASD and the Justice System conference. The conference was very well received by 141 participants who attended from Canada, USA, and New Zealand. Participants heard from presenters who spoke to a wide range of areas, from research-based evidence, best practices, personal first-hand experience, challenges, gaps and needs, mental health, housing alternate justice approaches, an innovative service delivery.

The Lakeland Centre for Fetal Alcohol Spectrum Disorder has been providing since 2000. We continue to be known across the province and nationwide for our novel, non-judgmental, supportive services. Our remarkable staff continue to find new innovative ways to connect with our clients, adapting to the ever-evolving complexities and need for support.

LCFASD is an active Alberta FASD Service Network member and a leader in the development of unique strategies to serve rural areas. We are proud of our employees and the services they deliver in challenging times.

Thanks to all of our partners, community supporters, families and individuals that we work with for all the encouragement and continued support.

Lisa

**Lisa Murphy**  
Executive Director





# Our Programs and Services

- LCFASD served 603 unique individuals and families

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- The 2nd Floor Women's Recovery Centre served 35 women

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- Mothers-To-Be Mentorship Program served 90 women

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- Diagnostics assessed 39 individuals

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- The Counselling Program supported 80 clients

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- The Outreach Program served 213 clients and families

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*Donations*



*Donations*



*Rock the Sock Fundraiser*



*The 2nd Floor-Client Artwork*



*National Public Works Week*



*The 2nd Floor- Mexican Fiesta Night*



# Residential Services

## The 2nd Floor Women's Recovery Centre

As a team, we are proud with how we have continued to navigate COVID-19 related program adaptations. We have collaborated with different organizations throughout Alberta and Canada who have moved their programming to an online platform including Recovery College and Emotional Anonymous, to provide additional support to our clients where the pandemic has increased gaps in service within the Lakeland area. The 2nd floor has adapted to make the changes needed to ensure that we are following the Provincial guidelines that are mandated by Alberta Health Services (AHS).



At the 2nd Floor, clients have spoke about how the COVID-19 pandemic has affected their sense of connection to their culture. With their feedback, we have been dedicated to focus on nurturing self and cultural connections within our program. This looked like attending Bannock and Boulettes event, Cultural Book Readings, Indigenous Teachings workshops, Circle of Courage workshops, Language and Culture workshops, Moccasin making workshop, Bonnyville's Cultural Winter Festival and much more.

The 2nd floor has continued to build partnerships with local organizations in the past year. Our local Family Resources Network (FRN) has supported our clients in obtaining Triple P Parenting and Active Parenting courses, facilitated an in-house 8 week Money Matters course, grief and loss sessions, and provide our clients with free income tax services. The 2nd Floor's Career and Life Readiness Programmer has made a connection with an AHS facilitator out of Bonnyville who has been able to provide sessions on varying topics to our clients one-on-one while accommodating a large range in cognitive abilities. The 2nd Floor is part of the AHS Community Based Naloxone Program and The 2nd Floor Residential Nurse provides education to all clients and staff. Through our connection with Dr. Margaret Savage Crisis Centre's (DMSCC) outreach program, we have been able to connect several clients who have experienced domestic violence to the Joie's Phoenix House program. Joie's Phoenix House is a resource that has provided safe and stable housing for clients and their children who are wanting to stay in Cold Lake after graduating from our program. We have continued our commitment to the Cold Lake Foodbank throughout the pandemic to pick up Foodbank donations from a local grocery store 7 days per week.

November 21- November 27 was National Addictions Awareness week (NAAW). The 2nd Floor did a photoshoot with our clients to highlight the personal transformation that occurs throughout recovery. Posters were made with these images and posted around the community to raise awareness. During NAAW the 2nd Floor staff ran sessions surrounding different aspects of recovery, including a mental health-based yoga session.

As always, the 2nd Floor has been successful in ensuring that all current clients have their identification (photo ID, birth certificate and AB health) and are up to date on dental and vision exams. Without proper identification clients have a very difficult time securing both employment, income support, and housing. With this in mind, we prioritize helping clients obtain all necessary documentation and identification.

Women served to date: 306

Percentage with FASD Diagnosis or suspected to date: 76.5%

Average length of stay: 42.4 days





# Counselling



Counseling Services aims to provide support for clients and families of the Lakeland Centre for FASD. Using strengths-based and trauma-informed approaches we work to support clients through a variety of challenges such as:

- Anxiety
- Depression
- Emotional regulation
- Alcohol and substance use
- Grief and loss
- Chronic health issues
- Identity issues
- Trauma
- Stress
- Relational challenges
- Spirituality
- Self-esteem

To best support our diverse population, LCFASD Counselling Services also utilizes FASD best practices and arts-based interventions in the therapeutic process. This can help our clients to gain better understanding of themselves, increase self-esteem, improve their interpersonal skills and communication.

We continued our partnership with Alberta Health Services to pilot the InnoWell Platform which aims to improve the wellbeing of youth ages 15-24 by tracking mental health symptoms and providing online resources.

In 2021-22, LCFASD Counselling Services supported 80 clients over 475 individual sessions.

This year, 30 participants from the 2nd Floor Women's Recovery program accessed both weekly individual counselling and group sessions. In total, 43 group sessions were held and topics included:

- Land-Based Healing
- Calm, Cool, Connect: The Importance of Emotional Regulation
- Healthy Intimate Relationships
- Maintaining Recovery
- Effective Communication
- Setting Healthy Boundaries
- The Art of Self-Care
- The Power of Positivity







# Mothers-To-Be

## MENTORSHIP PROGRAM

The mentorship team has been active in the power of partnerships in their communities- “It takes a village”. While most offices have been closed, mentors continued to offer supports and made modifications such as working out of their cars, working in driveways and corner stores. Caseloads have risen and children are being returned to mothers' care, and our women are being connected to appropriate supports that encourage success. Mentors adapted to the changing times, utilizing available platforms to ensure our women receive the care they deserved such as virtual doctor's appointments, online applications, drive thru community events and being flexible with the ever-changing Government health restrictions.

The Mothers-To-Be Mentorship team provides a non-judgemental support program for women who are pregnant or have recently given birth. A long term one-to-one direct support, mentoring, supporting and empowering and navigating our women through services that may not be so user friendly.

Number of total referrals – 87

Signed consents – 57

*Mentor Retreat*





# Mothers-To-Be

## A Mentoring Success Story

Amanda joined the Mother's-To-Be Mentorship program in December 2018. When she entered the Program, she was in her 2nd trimester of pregnancy and struggling with addictions. From the onset of her enrolment Child and Family Services had an open case. In March of 2019, she gave birth to a baby girl. The baby was apprehended from the hospital as CFS did not feel she was fit to parent at that time.

This caused Amanda to spiral. Amanda was not doing well in managing her emotions and was not able to take responsibility and accountability for her actions and emotions. Her mentor encouraged her to attend programming that would help mental and emotional health. She learned techniques on how to manage her emotions better. Amanda faced challenges in family court and during the Family Court process, CFS commissioned a neuro-psychological assessment. This assessment outlined several challenges for her. At the beginning, Amanda did not agree with the assessment and was not willing to make necessary steps to complete the recommendations set out. After guidance from counsellors and her mentor, Amanda started to show she was willing to make changes. She attended a 28-day residential treatment program as well as a 14 day follow-up. Amanda enrolled and completed academic upgrading at the top of her class. The next step in her educational journey and career choice, Amanda plans to become a hair stylist. She has applied and been accepted into the program.

Amanda has completed the Family Court Process and now has her daughter is in her care 5 of 7 days a week. The presented agreement will be complete in June when Amanda will have full custody of her daughter. Amanda has full time employment and has set up a home environment that is warm and inviting.

Amanda continues to work hard and shows commitment to living a positive, substance free lifestyle. She continues to strive to be the best she can be. She has come so far since enrolling into the Mother's to be Mentorship program and is one of our program's greatest advocates.

*"Finding a support that challenges you through your worst nightmare is encouraging finding a true role model who lifts you up is a blessing, but finding someone who defends you and stands by you no matter what is fate. And I am so grateful I found my mentor."*

-Amanda



# The Prevention Conversation

## A Shared Responsibility



Our Prevention Conversation Facilitators put on 37 training sessions over the fiscal year, which were able to reach a total of 451 people throughout the Lakeland region through online training methods. We know that many people were zoomed out because many more had registered for our training sessions. We recognized this and met that need by recording many of our sessions and were able to send recordings to those who sent their regrets. We created 17 recordings that are available for professionals and community members, which brings us to a total of 44 videos on our YouTube channel. We also continued our Facebook Live Prevention Conversations that continue to reach our Facebook followers.

Our Prevention Conversation Facilitators were able to deliver 42 packages to pharmacists across the Lakeland region and had conversations with each pharmacist early in the year about the Prevention Conversation. The professional prevention video's we had made were emailed to all of the pharmacists to assist them in learning how to incorporate the prevention messaging into what they are already doing. 75 packages were also delivered to physicians in 8 communities in the Lakeland over a 5 day period just prior to FASD Day. Included in the packages was a letter to physicians, a single Network brochure describing the Network services, the 9 information sheets for the Prevention Conversation and a contact card for diagnostic teams across the province; 8 of the packages were given to nurse practitioners and 1 to a midwife. The letter included some recent research findings about FASD Prevention that the Facilitators felt would speak to medical professionals.

Over the past 8 years we have been involved in a project to raise awareness about FASD and opportunities for FASD prevention. Area professionals have shown an interest in our efforts to support open and non-judgemental conversations with women and their support systems about alcohol and pregnancy. We work to highlight the power of prevention efforts and brief intervention and the importance of:

- Screening everyone for alcohol use, without judgement
- Providing brief intervention if alcohol use disorder is identified
- Referring to treatment pathways if needed
- Supporting women who struggle to abstain through the use of specialized community based interventions
- Encouraging partners, family and community to provide supports toward healthy alcohol-free pregnancy

The Adolescent Prevention Project, Let's Get Real About Sex & Drinking is a train-the-trainer program. The Prevention Conversation Facilitators have been able to train many of the LCFASD's Mother's-to-be-Mentor staff to facilitate the Let's Get Real in the Lakeland region schools and with their help we were able to provide 5 in school presentations for 78 students at the end of the year as restrictions lifted.



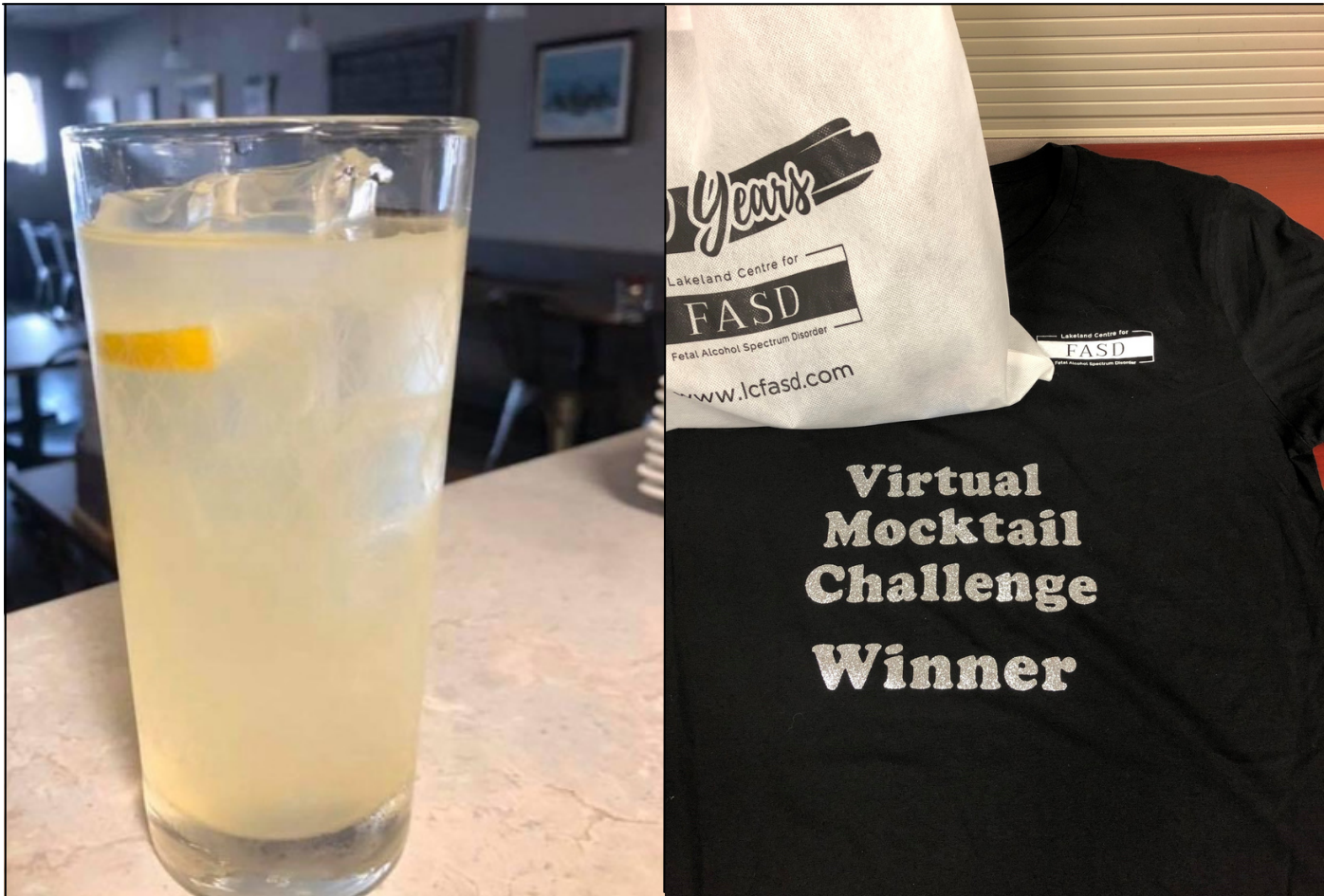


# International FASD Awareness Day

September 9th

September 9th is International FASD Awareness Day. It is devoted to raising awareness of Fetal Alcohol Spectrum Disorder (FASD) to improve prevention, diagnosis and support.

Our celebrations looked a bit different again this year due to provincial restrictions, however our team held a successful virtual Mocktail Challenge for the month of September to bring awareness to FASD. We had many participants in our Mocktail Challenge and we even had businesses showing their support by offering their own mocktails.



*Mocktails at the Twisted Fork*







# Rajani & FASD Clinic Training

## Provincial

Assessment and diagnosis of FASD is complex, requiring a multidisciplinary team that is unique to each service region. As individuals in the FASD field, we know that sometimes you need to ask a colleague for support, or a different perspective on a complex matter. That is where our service comes in!

Rajani Clinic Training Services program began in 2011, and is available to all Alberta FASD diagnostic clinics, providing support that ensures consistency in applying the revised FASD Canadian Diagnostic Guidelines. This year has been a time of transition and growth for our program, and we are excited for what is to come for Rajani Clinic Training Services!

This year, clinic teams continued to show their ingenuity and adaptability throughout the pandemic to provide support to the individuals, families, and caregivers they serve. Our program continues to pivot and embrace technology to stay connected with Alberta and out-of-province clinics. Ultimately, it is the voices of clinic teams that guide this program and the work that we do.

### Goals:

- To provide support and mentorship to Alberta FASD assessment and diagnostic clinics to encourage consistent and accurate diagnosis guided by the revised 2015 Canadian FASD Diagnostic Guidelines
- To provide tailored training to new and existing Alberta FASD assessment and diagnostic clinic teams
- To provide professional development opportunities to AB FASD Clinic Teams
- Connect clinics to research and develop relevant resources for clinic teams
- To provide information to AB FASD-CMC regarding the needs, strengths, challenges, and opportunities for AB FASD assessment and diagnostic clinics and clinicians.
- To provide tailored training to new and existing FASD assessment and diagnostic clinic teams throughout Canada



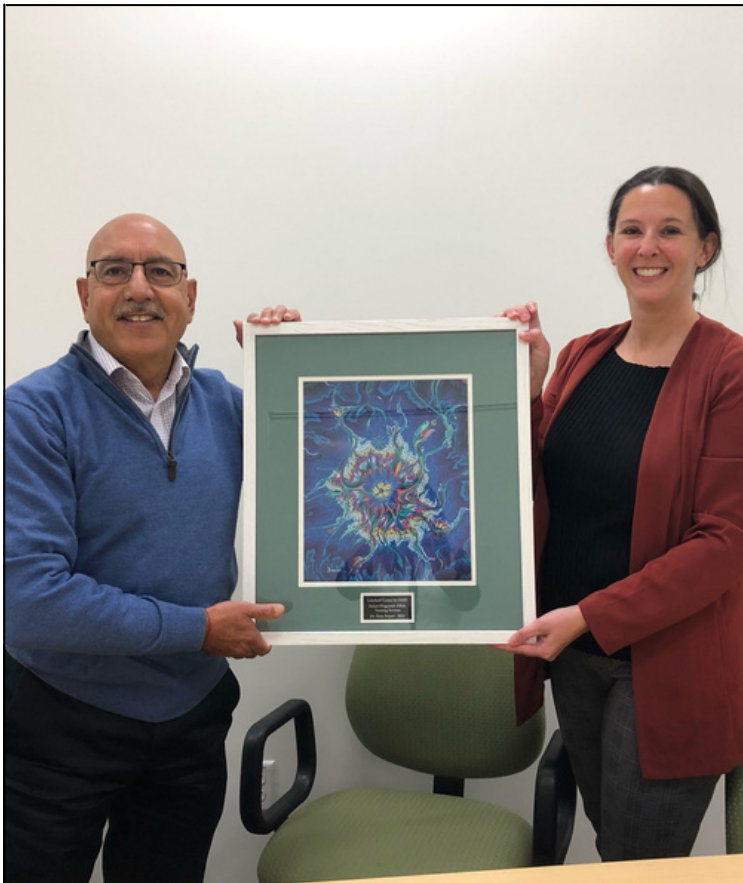
**Rajani FASD Assessment & Diagnostic  
Clinic Training Services**

#### Program Highlights:

- Annual Clinic Coordinator meeting welcomed 40+ attendees.
- Conducted out-of-province clinic training.
- Links quarterly newsletter continued to connect clinic teams and other stakeholders.
- Conducted phone and virtual meetings with AB Clinics to learn about their strengths, challenges and professional development needs to inform program planning.
- Release of an updated Clinic Manual for all Alberta FASD Clinics.
- Completion of A Competency Framework for FASD Assessment and Diagnostic Clinics (update to the 2018 Best Practices Guide).

#### Looking Forward

- Collaborating with Clinicians across various disciplines to plan Community of Practice meetings.
- Developing practical resources based on Clinic needs.
- Contributing to FASD research.



#### Rajani FASD Assessment & Diagnostic Clinic Training Services



#### Clinic Manual



# Diagnostic Services

This year has brought many changes to our program as we continue to navigate through the COVID-19 pandemic.

We have fully implemented our virtual clinic model, with the majority of changes occurring in our children's clinic. All children's testing and interviews take place well before their clinic day. This has allowed for any missed appointments to be rescheduled. The clinic day involves 4 case formulations in the morning with client/caregiver debriefs following.

We have also welcomed a Referrals Coordinator to our diagnostic team, as the last two years have seen a decrease in new referrals. This has been a great success as we received 16 new referrals in the first 2 months since this position was implemented.

This year, the Lakeland Centre for FASD provided FASD diagnostic assessments to 39 individuals across the Lakeland, including 19 children and 20 adults.







*The 2nd Floor - Client Artwork*



# Outreach

FASD Outreach has continued to support clients, finding ways to support “differently” due to the pandemic and the many subsequent service closures. The ability the FASD Outreach Coordinators have to adapt and shift as restrictions lifted and changed was remarkable and the fact that we were still able to serve our population speaks volumes. The ability to adapt and still safely meet clients in person when there was no other way possible speaks to the ongoing supports we provide.

Adults: 113 unique individuals served

Children: 106 unique individuals served



# Outreach

## A Success Story



Charlie has been a client of Lakeland Centre for FASD since 2020. Since getting diagnosed, Charlie has been actively connected to our services and was also referred to the Transition Program. Throughout his life, he has had dozens of different foster placements and lack of stability until recently. Charlie is successfully attending high school and is due to graduate in June. This is a huge accomplishment as he is currently living independently and making it to school every day on his own. With big goals for the future and an interest in welding, we started to investigate post-secondary options. We connected with Inclusion Alberta Post-Secondary to determine schooling options. Luckily, Lakeland College Vermilion Campus offers the Pre-Welding Employment course, and they were accepting applications. Lakeland College has yet to have an Inclusion AB student in a trade program, so they have been very excited to connect with us. We were able to meet with the coordinator for Lakeland College and set up a "Student for a Day" experience. It was an amazing day! Charlie was able to attend class, tour the college/dorms and he was able to weld for over 2 hours. He did a fantastic job and was very happy at the end of our tour. Lakeland College will start supporting him beginning in July to ensure the transition to college is smooth. He will also be connected with Catholic Social Services for independent living supports. He is very excited to start this next chapter of his life. Eventually, Charlie would like to move back to his hometown to work as a welder in the mines. We are very proud of Charlie and cannot wait to see where he goes in the future!





# Transition

LCFASD Transition Program assists our clients aged 15-24 and their support systems as they make their way into adulthood. Transition planning can relieve many worries and uncertainties about the next steps in life. This unique program has been highly utilized this year with 12 new referrals and contact with 27 clients. As we were still dealing with restrictions of the pandemic this year, we offered an online youth employment group. We connected with high schools around the Lakeland area to deliver it virtually. This gave our clients the opportunity to learn about job prep and explore career options. Transition clients have had many successes this year including starting school, connecting with counselling, job opportunities, building relationships, housing, and overall, preparing for their future. We adapted throughout the year as many changes arose, but we are looking forward to the post-pandemic opportunities for our young clients!



# Employment

The Employment program offers hands on, one to one support for individuals with FASD. It follows a strength-based approach, which means that every person has employment goals that is designed to meet their unique and individual goals. Each service plan is developed with the person's strength and skills.

LCFASD Employment coordinators assist each client with resume building, writing cover letters, and completing job applications. Clients in the employment program are supported in work placement opportunities. They are encouraged to take part in hands on skills building and providing opportunity to learn professionalism and time management in a workplace setting. Volunteer supports are provided to individual's who seek to learn new skills to better prepare for future employment. Employment services connect with local charities and community to find meaningful volunteer experience. Volunteer experiences enhance skills and provide valuable work experience for our clients. Employment Coordinators also assist individual with accessing important documentation such as identification, social insurance number and bank information.

Employment group is offered on a weekly basis, where clients are exposed to a variety of topics that build on employment readiness skills. Topics could include interviewing skills, work readiness, self-care, goal setting and exploring career options. During the pandemic, the service was offered virtually, through Microsoft teams. Topics that were covered were related to employment, volunteering, and education. The groups focus on skill building, building connections and relationships with the community.

Employment Coordinators consult with Employers offering FASD training, 1:1 supports for employers to identify clients' strengths and strategies are in place to support clients in a successful environment. This is also a great opportunity to build connections within the community.





# Summer Camp



LCFASD Summer camp was adjusted due to the ever-changing restrictions of the pandemic. We were prepared for day camps, but ultimately, we were able to hold our overnight camps once again! This year we had 27 kids attend. Camp started a little later than usual, so we hosted 4 weeks of camp instead of 6 weeks, making some adaptations that ensured all ages could participate. Our camps held fun, hands on activities such as drumming, crafts, yoga, and field trips around the Lakeland area. We are very lucky to have lake access at camp because beach time is everyone's favourite! We connected with LICA Environmental Stewards again this year to learn all about the lake we swim in. Each week included a FASD talk followed by a craft hosted by our Transition Coordinator. This was a great opportunity for the kids to learn their strengths as well as tools for emotional regulation. Despite adjustments, we were still able to offer a meaningful experience to our young campers. We are looking forward to camp next summer and continuing to build community partnerships.









# Transitional Housing Program

Lakeland Centre for FASD Transitional Housing program provides a temporary housing option and connection to support services within the LCFASD organization and the Lakeland community.



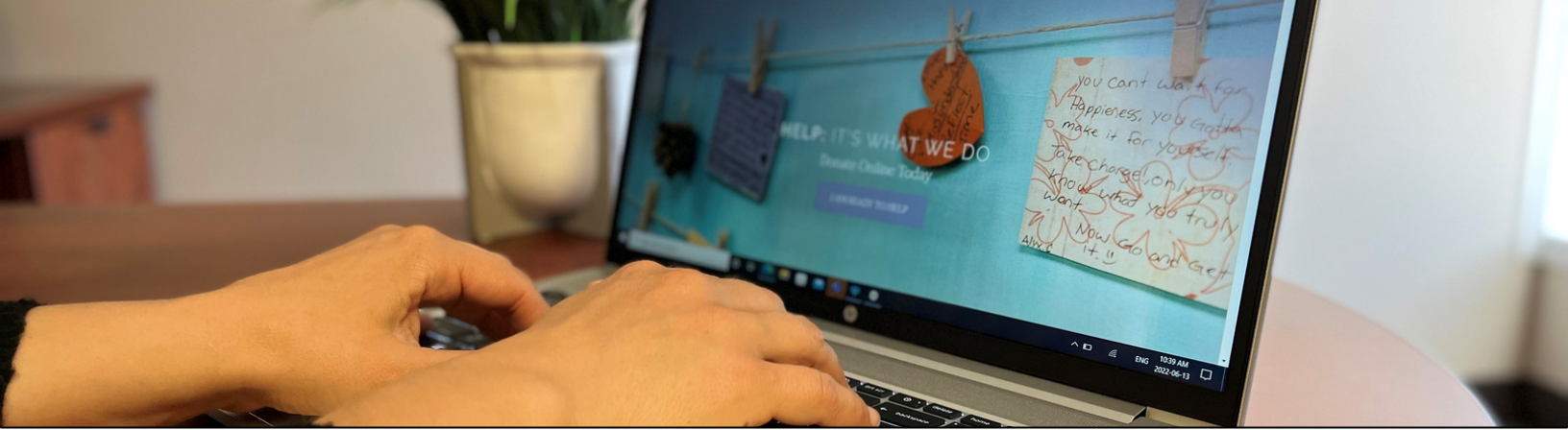
The Transitional Housing Program (THP) provides clients a temporary place to stay, maximum up to 3 months while permanent housing is sourced for the client. While staying in our transitional housing unit, clients are connected to the LCFASD Mother to be Mentorship Program or the FASD Outreach Program where a specific plan is created based on their needs and challenges. Clients then are connected to other programs and support services from the LCFASD and community based on those needs.

In 2021 the THP had two clients occupy the bachelor suite, utilizing the suite for just over nine and half months of the year. One client occupied the THP for six months to support her needs and connect her to programming and numerous support services for her sobriety and mental health. The clients that were housed were connected to Counselling, Employment Group, Empowering Communities, Circle Drumming. As well, met with Doctors, Dentists, Optometrists, ADAC, FCSS, Child & Family Services and the Justice System.

The THP provides the clients with a safe, stable place to stay while addressing their physical and mental health issues to become stable while sourcing permanent housing. The THP is supported by the Rural Development Network. They run the Rural and Remote Funding in Alberta for Reaching Home, the new federal homelessness prevention and reduction strategy that began in April 2019.







# Virtual Conference

## Let's Continue the Conversation: FASD and the Justice System

The Lakeland Centre for FASD hosted its second Virtual Conference, FASD & the Justice System: Let's Continue the Conversation October 5th & 6th, 2021. We had over 141 participants with speakers from around the world presenting the latest research and best practices for individuals with FASD involved in the Justice System. The virtual conference was held over two days and had 2 Keynote presentations, 16 sessions and six health breaks that conference participants could partake in.

Our virtual conference could not be possible without the support of our sponsors. The LCFASD would like to thank our Gold sponsors; Yarenko-Galas Counselling, Town of Bonnyville, Silver sponsors; Cold Lake Tim Hortons, TLC Counselling and our Bronze sponsors; Thinkwerx and Majek Meats.

### *Keynote Speakers*



*Kathryn Kelly*



*Kaitlyn McLachlan*



# Service Awards

LCFASD would like to recognize our employees who have reached service anniversaries. Thank-you for being such a valuable member of our team and for all of your contributions.



Heather Zink  
15 Years



Brenda Feland  
10 Years



Kendra Toporowski  
5 Years



Sharon Stevens  
5 Years



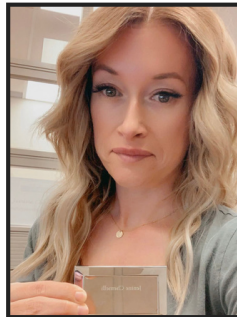
Shelley Angus  
5 Years



Dallas Mutch  
1 Year



Dominique Roy  
1 Year



Jenine Chemelli  
1 Year



Katie Browett  
1 Year



Lisa Wilkinson  
1 Year



Marilyne Thir  
1 Year



Randi Martin  
1 Year



Teaghan Eikland  
1 Year



Whitney Arcand  
1 Year



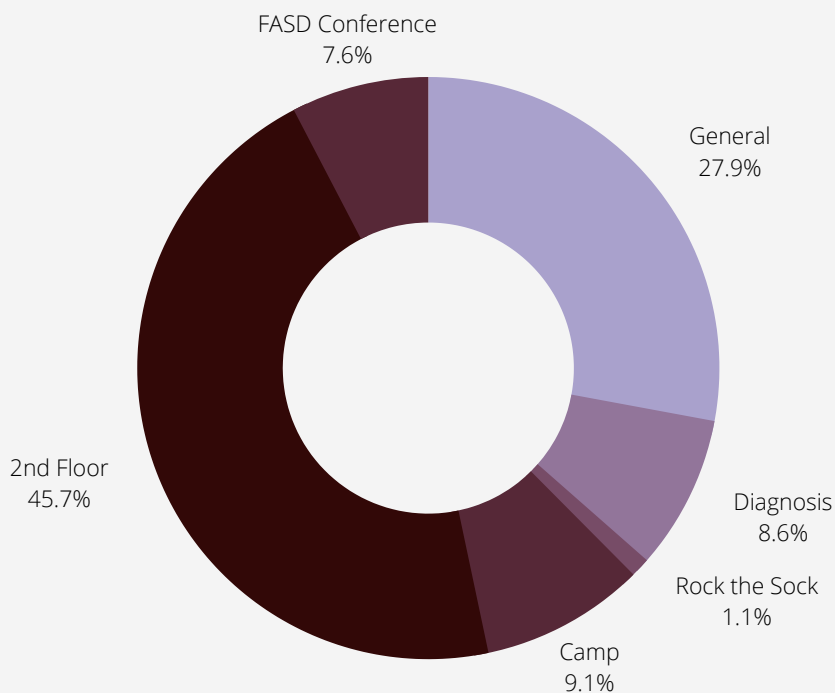
# FINANCIAL SNAPSHOT

LAKELAND FETAL ALCOHOL SPECTRUM DISORDER SOCIETY

Statement of Revenues

March 31, 2022 with comparative figures for March 31, 2021

	March 31, 2022	March 31, 2021
REVENUES:		
Government Contracts & Grants	\$3,844,822.00	\$3,470,493.00
Other Contracts	\$195,836.00	\$93,898.00
Donations	\$99,859.00	\$51,818.00
<b>TOTAL</b>	<b>\$4,140,517.00</b>	<b>\$3,616,209.00</b>
EXPENDITURES:		
Operating Costs	\$1,042,555.00	\$879,513.00
Wages & Benefits	\$2,904,485.00	\$2,541,048.00
<b>TOTAL</b>	<b>\$3,947,040.00</b>	<b>\$3,420,561.00</b>



## Donations

Thank-you

# Office Locations

Cold Lake  
4823-50th Street

Bonnyville  
4313-50th Avenue  
Unit 257

St. Paul  
4707-50th Avenue

Lac la Biche  
10117-102 Avenue





Lakeland Centre for

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