

9 KEYS TO YOUNGER LOOKING SKIN

My Summer Glow Beauty Routine

First thing is first:

1. Don't be a raisin and hydrate 2. Whole foods 3. Feed your skin - Proflavinol C

- 1** **Morning Splash and Tone**
~ Morning splash with cool water followed by Celavive Toner
~ Rodan & Fields cotton pads
- 2** **Little Dab of Serum**
~ Radiance and reduced fine lines! Insert high five. Celavive Serum works with your own personal skin needs.
- 3** **"Defend the skin your in"**
~ Super hydrating protective day cream with SPF. Remember your necks and hands.
- 4** **The Healthy Summer Glow**
~ Organic 24hr liquid bronzer and vegan brush called Oh So Organic from Tan on the Run.
- 5** **Body Talk**
~ Brush brush brush with your dry brush before you shower.
- 6** **Shake it Off**
~ Before you dry, spray and rub in this: 4 tbsp coconut oil, 4 tbsp avocado oil, 1 tsp jojoba oil, 1 tsp of vegan glycerin, 15 drops of DoTerra Frankincense, 5 drops scented oil of choice.
- 7** **Night**
~ Never go to bed with make-up on and wash with Celavive moisturizing Gentle Milk Cleanser (great for dry and sensitive skin)
- 8** **This is How We Roll ...**
~ Help with product delivery, use a Dermaroller a couple of times a week.
- 9** **Zzzzzzzzz**
~ Fights the signs of visible aging including lines, tone, and texture all night - Celavive Night Cream