

Interim Federal Health Program (IFHP)

IFHP Co-Payments – Effective May 1, 2026

Co-payments for in-Canada supplemental health benefits, including urgent dental and prescription medication, take effect at 12:01 a.m., on May 1, 2026, in the respective time zones across Canada and will apply to all in-Canada IFHP supplemental benefits received by beneficiaries.

IFHP beneficiaries are now responsible for the following co-payments:

- **\$4 for each eligible prescription medication** filled or refilled
- **30% of the cost** of all other eligible supplemental health services and products, including dental care, vision care, counselling and assistive devices

The following IFHP benefits remain fully covered and do not require a co-payment:

- Basic health care benefits (including hospital and physician services)
- Pre-Departure Medical Services (outside Canada)
- Immigration Medical Exam

Electronic online payment systems

Medavie Blue Cross electronic online payment systems will be updated to include the IFHP co-payment fee structure as of 12:01 a.m., on May 1, 2026.

Using the Medavie Blue Cross Secure Provider Web Portal (ePay) (and CDANet or POS) you can automatically see the amount payable by the IFHP and the amount payable by beneficiaries. As a provider, you will not need to calculate co-payments.

Benefit Grids

The following benefit grids have been updated and take effect on May 1, 2026

- ***In Canada: Benefit Grid – Prescription Medication Coverage: updates include***
 - *Application of \$4 co-payment*
 - *Addition of Vitamin D 400 IU pediatric drops and Diabetic supplies.*
- ***In Canada: Benefit Grid – Supplemental Coverage: updates include***
 - *Application of 30% co-payment*
 - *Psychotherapy Counselling or Psychology Counselling – (Assessment), updated to 4 hours per calendar year*
 - *Psychotherapy Counselling or Psychology Counselling – (Treatment), updated to a maximum of 10 one-hour treatment sessions per calendar year*
 - *Eye exam frequency updated to 1 every 24 calendar months*
 - *Eyewear benefits frequency updated to 1 every 36 calendar months, except contact lenses frequency which is updated to 1 every 24 months.*
- ***In Canada: Benefit Grid – Dental All Provinces except Quebec and Dental Benefit Grid Quebec: updates include***
 - *Application of 30% co-payment*
 - *Restorations updated to a maximum of \$1,000 per calendar year*
- ***In Canada: Benefit Grid – Basic Coverage: updates include***
 - *Addition of Post-Arrival Health Assessment*

Resources

- The IFHP Information Handbook for In Canada Health-care Professionals and the IFHP Information Handbook for Beneficiaries have been updated with details on co-payments and take effect on May 1, 2026.
- IRCC and Medavie websites will be updated to reflect co-payments on May 1, 2026.
- You are encouraged to display the following poster in your workplace: [Information Sheet: Interim Federal Health Program Co-Payments on Supplemental Health Benefits](#)

For Additional Support:

For additional support, you may visit ifhp.medaviebc.ca or contact our Medavie Blue Cross IFHP Provider Inquiry, available through:

- Secure Provider Web Portal: Select “Contact Us”
- Email: CIC_Inquiry@medavie.bluecross.ca
- Provider Inquiry Centre: 1-888-614-1880

Additional information is also available on [IRCCs Website](#).