

YOUR MEASUREMENTS

SIZES	XS	S	M	L	XL	2XL
NUMERIC SIZES	27-28	29-30	31-32	33-34	35-37	38-40
YOUR WAIST	28-29	30-31	32-33	34-35	36-38	39-41
YOUR HIP	34-35	36-37	38-39	40-41	42-44	45-47

HOW TO MEASURE

WAIST

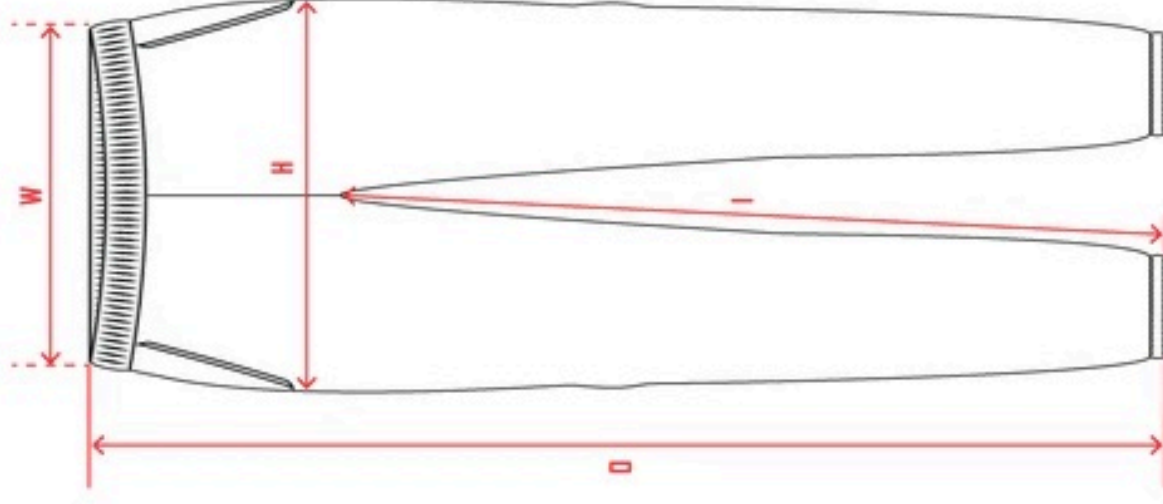
Find the slimmest part of your waist (usually above your belly button) and measure around it with a tape measure.

HIP

Standing naturally, measure around the fullest part of your bum.

GARMENT MEASUREMENTS

SIZES	XS	S	M	L	XL	2XL
WIDTH (W)	13¼	14¼	15¼	16¼	17¼	18
HIP (H)	19	20	21	22	23	24
INSEAM (I)	28	28½	29	29¾	30¾	31
OUTSEAM (O)	38½	39¾	41	42	43¼	44½



**HERO 5120
SWEATPANTS**