Ontario Psychological Association

68th Annual Conference

February 19-21, 2015
Toronto • Hyatt Regency, King St. W.

Abridged Program
Please note: this is an abridged version of the full conference program. It is intended to help you learn more about the 3-day program, and to provide specifics about the workshops and symposia offered. A complete program will be made available shortly.

For more information, please see www.psych.on.ca

To register please visit: www.eply.com/opa2015
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Welcoming Words from the President

Dr. Jane Storrie, C. Psych

It is my pleasure to welcome you to the Ontario Psychological Association’s 68th Annual Conference on behalf of your Board of Directors. We are thrilled this year to focus on the great work being done by psychological service providers in our home province. I’m quite sure you will find many reasons to be proud and energized by the exciting and innovative initiatives highlighted in clinical practice, teaching and research domains across a wide number of arenas. We are especially proud that our workshops, symposia and posters were selected through peer review, and I would like to thank those who participated in this process.

We are also looking forward to discussions about the role of psychological service providers in Ontario’s health system, to be conducted by leaders in government and health care, and to stimulating keynote addresses. We will also be updating you with respect to progress in our advocacy initiatives, particularly the increasing relevance and acceptance of OPA as an important collaborative partner.

My first year as President has been a busy one, but so incredibly fulfilling. There is nothing better than making positive change, whether it is from an organizational, administrative or goal achievement perspective. I have been so very lucky to work with dedicated and enthusiastic colleagues on the Board and our various committees, and I cannot say enough about the contributions of our staff. Our CEO, Jan Kasperski, has been tireless in her work to ensure OPA takes its rightful place as a key and respected player in healthcare. We are also indebted to our members, who prove their commitment to the people we serve and the profession on a daily basis. We will continue to work hard to make you proud of your professional association, and we hope you plan to join us at our Annual General Meeting on Saturday morning to learn more about our activities over the last year and our plans for the future.

We are so pleased that you are here to experience this outstanding Conference, and trust you will find it informative and worthwhile.
Greetings from the Chief Executive Officer
Ms. M. Janet Kasperski RN, MHSc, CHE

In a few short months, I will be celebrating my second anniversary as your Chief Executive Officer. It is such an honour to work with our incredibly dynamic President and energetic board. I have to admit that I accepted the role thinking that it would be a part-time job that would ease me into retirement sometime in the distant future. My orientation to the OPA in 2013 made me swiftly aware of the fact that there was a major need to reposition the OPA as a strong voice for psychologists and psychological associates - and the people we serve. We identified the steps we needed to take in order for the OPA to become a forceful voice in Ontario. We faced an uphill battle. The various associations in Ontario that represent mental health practitioners, including the OPA had been viewed by government as “lobby groups” – groups that were in competition with one another for all the wrong reasons. We have beaten down every door possible to find opportunities to develop relationships with government officials and the leadership of various organizations to position the OPA to influence public policy and the rollout of access strategies to needed mental health services.

A key part of our strategy was to brag loudly about the multi-faceted roles of psychologists and psychological associates. We are proud of our presence on social media and the partnerships that have evolved as a result of Twitter and Facebook interactions. I believe we have succeeded in putting the OPA and its members on the map!! This conference builds on this body of work and provides us with an opportunity to showcase and celebrate the great work of Ontario’s psychological practitioners.

This time last year, I took on the responsibility of conference oversight. I was proud of what we offered last year but many of the speakers were imported from the United States. This year, our program is anchored in demonstrating the excellent teachers, researchers and clinicians that we have within our own borders. With the exception of Dr. Patch Adams, who is travelling to the conference from California, all of our keynote speakers, panelists and workshop presenters are proud Canadians who excel in the work they do.

I cannot tell you how excited I am to provide you with an overview of the conference format. For the first time, we are offering two pre-conference workshops that are “must attend programs”. The first one is aimed at anyone interested starting, closing or in improving the effectiveness of private practice. The second one provides an overview of the new WISC-V and an electronic test delivery system that will change assessment administration as we know it. Our line-up of workshops on Friday and Saturday are second to none. Your biggest problem will be deciding which ones to attend.

Each morning will begin with a featured event. Friday’s key message is the “Joy of Caring” provided by Dr. Patch Adams who has kindly agreed to provide a workshop on the techniques one needs to remain healthy and fulfilled when faced with trauma as a component of one’s daily work life. Dr. Bob Bell, our Deputy Minister of Health, will lead a panel forecasting the future mental health system that they are actively trying to create – and the role of psychologists in that system. Our lunchtime keynote addresses should be incredibly interesting as well, as we hear from Seamus O’Regan about his touching interviews with individuals and family members impacted by mental disorders and his efforts, in conjunction with Bell Canada, to reduce stigma across Canada. The Saturday luncheon will feature the team from W5, led by Kevin Newman, who researched and developed the program “Suicide Watch” that sensitized the public, government and hospitals to the deaths that occur in psychiatric wards. The role of the media in influencing public policy will be a message delivered by these two presentations – a message that we have heard loudly and clearly as the OPA has entered the world of social media and became more
widely known to the media. Don’t miss the President’s Reception on Friday afternoon and the opportunity to participate in the award ceremony to recognize your peers. I would be remiss if I did not thank our great staff members (Natasha Teoli, Ryan Morley, Anna DiDonato and Lara Pocock), our committee members, and especially our presenters. May you have a great time at the conference networking with your peers, recharging your batteries and joining us as we celebrate Psychology Month in Ontario.
# Conference at a Glance

## Thursday, February 19, 2015 – Preconference Workshops

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>7:45-8:30am</td>
<td>Registration</td>
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<tr>
<td>8:30-8:35</td>
<td>Welcome</td>
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<tr>
<td>8:35-9:05</td>
<td>“Starting a Practice”</td>
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<td>9:05-9:35</td>
<td>“Choosing a Business Model”</td>
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<tr>
<td>9:35-10:05</td>
<td>“Accounting”</td>
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<tr>
<td>10:05-10:20</td>
<td>Break</td>
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<tr>
<td>10:20-10:50</td>
<td>“Insurance”</td>
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<tr>
<td>10:50-11:20</td>
<td>“Financial Planning”</td>
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<tr>
<td>11:20-11:50</td>
<td>“Estate Planning”</td>
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<tr>
<td>12:00-1:00</td>
<td>Lunch</td>
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<tr>
<td>1:00-1:30</td>
<td>“Marketing”</td>
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<tr>
<td>1:30-2:00</td>
<td>“Thinking Outside the Box: Multidisciplinary &amp; Niche Practices”</td>
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<tr>
<td>2:00-2:30</td>
<td>“Selling a Practice and Other Options”</td>
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<tr>
<td>2:30-2:45</td>
<td>Break</td>
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<tr>
<td>2:45-3:30</td>
<td>Panel/Break-Out Groups</td>
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<tr>
<td>3:30</td>
<td>Adjourn</td>
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<tr>
<td>6:30-8:30pm</td>
<td>Pre-registration for OPA Conference</td>
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Friday, February 20, 2015

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00-8:15am</td>
<td>Registration. Breakfast refreshments available</td>
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<tr>
<td>8:15-10:30</td>
<td>Plenary Session: Opening Ceremonies, Keynote Speech, &amp; Award</td>
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<tr>
<td>8:15-9:00</td>
<td>Welcoming remarks and introduction of the Minister of Labour (and Chair of the Select Committee on Mental Health), Hon. Kevin Flynn (Dr. Jane Storrie)</td>
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<tr>
<td>8:30-9:00</td>
<td>Remarks by Minister of Labour</td>
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<tr>
<td>9:00-10:00</td>
<td>Keynote speech, “The Joy of Caring” (Patch Adams)</td>
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<tr>
<td>10:00-10:15</td>
<td>Q &amp; A period</td>
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<tr>
<td>10:15-10:30</td>
<td>Presentation of OPA Public Service Award</td>
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<tr>
<td>10:30-11:00</td>
<td>Break &amp; Poster Review</td>
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**Morning Sessions—Choose between 4 Symposia**

<table>
<thead>
<tr>
<th>Time</th>
<th>Stream A</th>
<th>Stream B</th>
<th>Stream C</th>
<th>Stream D</th>
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</thead>
<tbody>
<tr>
<td>12:30-2:15</td>
<td>Luncheon: Keynote Speech, Selected OPA Awards</td>
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<tr>
<td>12:30-1:00</td>
<td>Luncheon</td>
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<tr>
<td>1:00-1:45</td>
<td>Keynote speech, &quot;Mental Health &amp; the Media’s Role” (Seamus O’Regan)</td>
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<tr>
<td>1:45-2:00</td>
<td>Presentation of Media Award (Seamus O’Regan) &amp; Public Service Award (Mr. Cope, CEO of Bell—Clara’s Big Ride and Workplace Mental Health)</td>
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<tr>
<td>2:00-2:30</td>
<td>Break &amp; Poster Review</td>
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**Afternoon Sessions—Choose between 4 Symposia**

<table>
<thead>
<tr>
<th>Time</th>
<th>Stream A</th>
<th>Stream B</th>
<th>Stream C</th>
<th>Stream D</th>
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</thead>
<tbody>
<tr>
<td>2:30-4:30</td>
<td>“Making it Stick: Private Practice Psychology Reports and the School Board”</td>
<td>“Evidence-based treatment and Special Considerations for Military-related PTSD”</td>
<td>“A Lawyer and Psychologists Discuss Evaluating Long-term Damages of Childhood Sexualized Assault”</td>
<td>“The Road to Prescriptive Authority and Opportunities for Collaborative Primary Care Practice”</td>
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<tr>
<td>4:30-5:00</td>
<td>Break &amp; Poster Review</td>
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<tr>
<td>5:00-7:00</td>
<td>President’s Awards Event &amp; Reception</td>
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## Saturday, February 21, 2015

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:45-9:30 am</td>
<td>Breakfast refreshments available</td>
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<tr>
<td>8:30-9:30</td>
<td>Annual General Meeting</td>
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<tr>
<td>9:30-9:45</td>
<td>Break &amp; Poster Review</td>
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<tr>
<td>9:45-11:00</td>
<td>Plenary Session: Fireside Chat, “Driving Transformation of the System”</td>
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<tr>
<td>9:45-10:45</td>
<td>Moderated discussion: Facilitated by Dr. Bob Bell (Deputy Minister of Health and Long Term Care), Neil Stuart (Consultant), Dr. Donald Stuss (President and Scientific Director of the Brian Institute), and Mr. Ron Sapsford (CEO of the Ontario Medical Association), Hon. Carolyn Bennett (MP), Mr. Dan Hefkey (Commissioner of Community Safety and Correctional Services)</td>
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<tr>
<td>10:45-11:00</td>
<td>Q &amp; A period</td>
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<tr>
<td>11:00-11:15</td>
<td>Break &amp; Poster Review</td>
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### Morning Sessions—Choose between 4 Symposia

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<tr>
<th>Stream A</th>
<th>Stream B</th>
<th>Stream C</th>
<th>Stream D</th>
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<tbody>
<tr>
<td>11:15-12:45</td>
<td>“Tele-Link Mental Health Program - The Hospital for Sick Children”</td>
<td>“Early Psychological Intervention in the Emergency Services”</td>
<td>Auto Insurance Update</td>
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<tr>
<td>2:15-2:30</td>
<td>Break &amp; Poster Review</td>
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### Afternoon Sessions—Choose between 3 Symposia

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<th>Stream A</th>
<th>Stream B</th>
<th>Stream C</th>
<th>Stream D</th>
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<tbody>
<tr>
<td>2:30-4:00</td>
<td>“Integration of Psychologists in Primary Care and Hospital-based Services”</td>
<td>“Griefwork Primer”</td>
<td>“Strong As Me: Strength Based Resilience”</td>
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<tr>
<td>4:00</td>
<td>Closing remarks &amp; Adjourn</td>
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Dr. Storrie, Jan Kasperski, OPA’s President-Elect, and various Board members will close each symposium individually.
Keynote Speeches & Fireside Chats

Friday – Keynote Speeches

Dr. Patch Adams: “The Joy of Caring”

*Morning Keynote Speech*

*Dr. Adams will open our Conference with a keynote address on the “Joy of Caring”, and will also be leading a workshop on how psychological practitioners and others, such as first responders, emergency physicians/nurses, correctional staff, 911 dispatchers, lawyers and other providers can build personal resilience to the traumas they face as part of their daily work-lives while maintaining the “joy of caring”.*

Seamus O’Regan: “Mental Health & the Media”

*Luncheon Keynote Speech*

Television journalist, Mr. Seamus O’Regan, will provide the lunchtime address at the Conference on Friday, in which he will speak about — and receive the OPA Advocacy Award for — his work as a mental health advocate.

Saturday – Fireside Chats

**Driving Transformation of the System**

Join key health-care experts and advocates as they discuss the future of healthcare in Ontario - and Canada. This exciting panel will be moderated by Dr. Bob Bell (Deputy Minister of Health), and joined by the Hon. Dr. Carolyn Bennett (Member of Parliament), Neil Stewart, Ron Sapsford (CEO of the Ontario Medical Association), Dr. Donald Stuss (President & Scientific Director, Ontario Brain Institute), and Mr. Dan Hefkey (Commissioner of Community Safety and Correctional Services).

**Development of Great Media and its Impact on Public Policy**

Often, improvements in the system occur when the public has access through the media to information and puts pressure on government and healthcare organizations to change conditions. This happened when W5 presented “Suicide Watch”, a powerful documentary uncovering the shocking incidents of in-patient suicides in Canadian hospitals. Join the W5 team (Kevin Newman, Senior Correspondent and Co-Host; Litsa Sourtzis, Producer; and Annie Burns-Pieper, Associate Producer), as they discuss their research, what was involved in making this story, and their views on the impact that such stories have on public policy. This fireside chat will be moderated by Jennifer Schipper, Chief of Communications & Patient Engagement with Health Quality Ontario.
Help! My Brain’s Stuck!: Repetitive Behaviours in Children and Adolescents
Friday 11am -12:30pm

Dr. Kim Edwards, Dr. Holly McGinn, Dr. Sandra Mendlowitz

Abstract
Repetitive behaviours (RBs) are core symptoms of many disorders including Obsessive-Compulsive Disorder (OCD), Tic Disorders (TD), and Trichotillomania (TTM). Despite their widespread occurrence and ability to interfere with functioning, many RBs have been dismissed as mild nervous habits that do not warrant clinical attention. As a result, there is a lack of knowledge about RBs, causing delays in diagnosis and confusion around treatment. The purpose of this symposium is to discuss the clinical presentations of RB disorders (particularly OCD, TD, and TTM) as well as assessment and treatment options. Through the use of case examples, participants will improve their skills regarding how to best care for pediatric patients living with RBs.

The Joy of Caring
Friday 11am -12:30pm

Dr. Patch Adams

Abstract
Dr. Adams will uplift and support the psychologists of Ontario who support those with PTSD and mental illness on a daily basis by talking about the Joy of Caring. Psychologists and psychological associates in Ontario are heavily involved in caring for those who place themselves in harm’s way, physically and emotionally, on a daily basis (veterans and active duty military, police officers, 911 dispatchers, paramedics, emergency physicians and nurses, staff on forensic units, and correctional officers) who suffer from PTSD and other mental health and addictions. Psychologists and psychological associates also serve children, adolescents and their family members with developmental, behavioural problems, and people of all ages with mental illnesses, addictions, acquired brain injuries, and other major chronic disorders complicated by depression and anxiety. They lose patients to suicide, they address the needs of the grieving family members, and still they truck on. Dr. Adams will speak for 60 minutes, after which he will be leaving to visit Sick Kids. The remaining 30 minutes of the session will be a moderated discussion.
Workplace Harassment: How Psychologists Can Help...An Introduction to the Harassment Education Advisory Response Team (HEART) Program

Friday  11am -12:30pm

Dr. Stephanie Bot, Donna Marshall

Abstract
Harassment and Bullying are major contributors to mental health issues in Ontario workplaces. To date these issues have been addressed by Health and Safety Advisors instead of mental health professionals. The HEART training program is a comprehensive response to bullying and harassment in the workplace that can take Psychologists out of their consulting rooms and into workplaces to influence and impact the management and prevention of bullying and harassment. The presentation will introduce participants to the principles of the HEART program and how they can be applied to the workplace to foster a culture of respect, mental health and psychological safety for employees.

Indigenous Masculinities: Exploring Trauma, Recovery and Healing

Friday  11am -12:30pm

Dr. Allison Reeves, Dr. Suzanne Stewart, Harvey Manning

Abstract
Therapeutic interventions to address sexual trauma are often not designed with men in mind. In partnership with Anishnawbe Health Toronto, this qualitative project explored culturally appropriate Indigenous healing methods in mental health service provision for male survivors of sexual trauma. Results considered gender norms for men that interfere with help-seeking behaviours, as well as the unique context of shame and isolation for men in recovery from sexual trauma. The experience of intergenerational trauma emerging from pervasive sexual abuse in residential school emerged as a central consideration for Indigenous survivors. Importantly, participants described the harmful impacts of colonization on traditional gender norms for men, and the need for men to reconnect with Indigenous cultures on their healing journeys, under the backdrop of historical and contemporary colonization. Results contribute directly to the creation of culturally appropriate and gender relevant mental health programs at Anishnawbe Health Toronto for male survivors and offers suggestions for intervention for all practitioners working in this area.
Making it Stick: Private Practice Psychology Reports and the School Board

Friday 2:30pm -4:30pm

Dr. Debra Lean, Dr. Maria Kokai, Dr. Paulo Pires, Dr. Carolyn Lennox, Dr. Marie-Josee Gendron

Abstract
How can psychological assessments completed outside of the school system be most helpful to the student? This symposium will provide practitioners information on (a) issues arising when private practice or clinic reports are not accepted by school boards, (b) school boards' differing interpretations of identification criteria, (c) diagnosis versus identification issues and (d) the recently released new definition of the Learning Disabilities identification category. Psychology practitioners from school boards, clinics and private practice will present on their perspectives to assist all symposium participants in providing the best assessments (including school-friendly recommendations) for their child and adolescent clients.

Evidence-based Treatment and Special Considerations for Military-related PTSD

Friday 2:30pm -4:30pm

Dr. Maya Roth, Dr. Alexandra McIntyre-Smith, Dr. Oksana Gravets

Abstract
The decade-long war in Afghanistan and the psychological sequelae that resulted from it have highlighted the prevalence of military-related Posttraumatic Stress Disorder (PTSD) among currently serving members of the Canadian Forces and generations of veterans. Consequently, members of the Canadian Forces and veterans are being encouraged to seek help in addressing the tarnish that years of service have left on their psychological suit of armour. This workshop will cover the treatment of military-related PTSD and special considerations for working with veterans and members of the Canadian Forces (CF). First, we will provide an introduction to the diagnosis of PTSD with an overview of its origins and more recent formulation in the DSM-5. Special attention will be given to differences in clinical presentation among military personnel and veterans. Emphasis will be placed on the virulence of military-related experience in terms of vulnerability to psychological sequale, and factors contributing to this will be reviewed. Second, the importance of psychological and physical comorbidity will be reviewed. The third portion of the workshop will focus on the use of evidence-based psychotherapeutic modalities for the treatment of military-related PTSD, including Prolonged Exposure Therapy (Foa, Hembree, & Rothbaum, 2007), and Cognitive Processing Therapy (Monson et al., 2006). Manualized treatment using these interventions will be outlined and the importance of flexible application when applicable will be introduced. The last portion of the workshop will cover psychotherapy adjuvants, including Imagery Rehearsal Therapy for the treatment of trauma-related and idiopathic nightmares, Virtual Reality augmentation of Prolonged Exposure Therapy, and Adaptive Disclosure treatment targeting moral injury. It is our hope that workshop participants
will leave this workshop with an enhanced understanding of the unique facets of working with Canadian Forces members and veterans, and an interest in attaining further training in the outlined treatments if they are interested in working with this population.

A Lawyer and Psychologists Discuss Evaluating Long-term Damages of Childhood Sexualized Assault

Friday  2:30pm -4:30pm

Dr. Rosemary Barnes, Dr. Nina Josefowitz, Susan Vella

Abstract

Expert assessment of adults suing in relation to childhood sexualized assault (CSA) poses many challenges. A lawyer outlines legal needs and the limitations and restrictions on expert opinion. Psychologists describe assessing CSA impacts using a life-span approach based on attachment, developmental psychopathology, trauma, and risk and resilience research. Aspects of CSA that heighten risk for later difficulties are described. Research is reviewed concerning CSA impacts related to mental disorders, behavioural/relationship problems, physical health, intellectual function, school achievement, and occupational function. The importance of describing CSA in behavioural language is explained.

The Road to Prescriptive Authority and Opportunities for Collaborative Primary Care Practice

Friday  2:30pm -4:30pm

Dr. Jane Storrie, Dr. Diana Velikonja

Abstract

OPA submitted a request to the Ministry of Health and Long-Term Care to expand the scope of the practice of psychologists to include prescriptive authority in November 2012. We will be bringing together a panel of representatives of healthcare associations who have sought and been granted prescriptive authority to tell us about their journey, and to provide advice about what OPA can expect moving forward. The panel will include the Executive Director of the Nurse Practitioners Association of Ontario and the Senior Vice President of the Ontario Pharmacists Association. While our submission is under consideration by the Ministry, an increasing number of psychologists are pursuing post-doctoral training in psychopharmacology. There is an opportunity for psychologists with this training to expand their role in primary care to include medication consultation. Our panel will be joined by the CEO of the Ontario Medical Association to discuss how psychologists can work collaboratively with other primary care providers in the pharmacological management of patients with mental health issues.
Sessions: Saturday, February 21\textsuperscript{st}

Tele-Link Mental Health Program - The Hospital for Sick Children

Saturday  \textbf{11:15am -12:45pm}

\textit{Dr. Jennifer Felsher, David Willis}

\begin{abstract}
Canada’s child and youth mental health system is described as fragmented and underfunded with a significant shortage of mental health professionals. The aim of this workshop is to present our distinct mental health service delivery model. We will review current tele-mental health literature as a framework. Specifically, the program that we would like to describe encompasses two distinct service delivery models within children’s mental health: The Telepsychiatry and the Telepsychology program. Both programs are innovative new approaches to providing comprehensive clinical Psychiatric and Psychological assessments, education, consultation, capacity enhancement, and collaboration. We would like to present and describe this approach to providing comprehensive psychological assessments to northern and underserviced areas of Ontario. This workshop will describe the process of referrals, the type of population served, the assessment process, and the manner in which assessments proceed via secure network. We will also address confidentiality issues, specific assessment issues, reporting and risk, and developing relationships over the Telepsychology network. Some preliminary demographic information regarding diagnoses will be presented.

Like all Tele-Mental Health, the goal of our program is to eliminate disparities in patient access to quality and evidence based treatments and assessments. Our mission is to enhance the knowledge, skill set, and confidence of children’s mental health practitioners using videoconferencing and other technologies by providing timely and equitable access to specialist services.
\end{abstract}

Early Psychological Intervention in the Emergency Services

Saturday  \textbf{11:15am -12:45pm}

\textit{Dr. Lori Gray}

\begin{abstract}
This presentation will focus on comprehensive psychological support programs in the emergency services with an emphasis on frontline emergency medical services and healthcare. Discussion will include highlights of the unique dynamics and challenges within the emergency services and healthcare emphasizing 1) improvement of staff and management engagement in psychological services, 2) improved usage of psychological services, and 3) development of support programs that best function in this dynamic environment. This presentation will also guide attendees in the empirical evidence behind such programs, how to demonstrate measureable performance outcomes, and how to increase utilization and effectiveness of psychological support programs.
\end{abstract}
Malingering, Feigning, and Negative Response Bias in Psychological Injury and Law

Saturday 11:15am -12:45pm

Dr. Gerald Young

Abstract
This Continuing Education Workshop presentation will address the basic areas in the study of psychological injury and law, which includes forensics, evidence and tort law, assessment, disability/return to work (RTW), malingering and validity testing, the major psychological injuries, practice matters, rehabilitation, harassment and discrimination, and ethics. The presentation first discusses the major psychiatric/psychological injuries and why they are controversial (PTSD, MTBI, chronic pain). In dealing with them, assessors need to gather a comprehensive data set, from interviews, collateral information, prior documentation/records, and where possible, from testing. Attendees will review the most scientifically supportable evaluation strategies of malingering and related negative response biases. The tests that meet acceptable psychometric standards for court in evaluating psychological injuries will be described. These include ones that cover personality and psychopathology (and their embedded respondent validity indicators), stand alone tests of validity, two alternative forced choice tests, dedicated tests with respect to psychological injury, and embedded neuropsychological tests. The presenter will describe his own definitions and models in relation to malingering and its detection. Attendees will also learn how to convey lack of examinee credibility when there is insufficient evidence to attribute malingering per se. The recommended approach for this type of practice is to be scientific, ethical, and impartial, whether plaintiff or defense, and whether as a clinician or forensic evaluator. One’s own biases should be checked. Ethics should be positive/proactive. Causality in such cases is multifactorial or biopsychosocial, and determine whether event- and post-event factors constitute a sufficient material cause among the multiple factors involved, including pre-event ones, which might be serious and perhaps fully explanatory of current presentation/performance. Preparation for court begins with being state-of-the-art in assessment and knowledge of the literature.

Auto Insurance Update

Saturday 11:15am -12:45pm

Drs. Faith & Ron Kaplan, Lisa Hamilton

Abstract
The workshop will review major developments over the past year. We will examine pressures for further cuts to the system to achieve the government's policy objective of a 15% premium reduction and the implications. We will discuss recent changes/developments including: anti-fraud initiatives; health facility licensing; Health Claims for Auto Insurance (HCAI) data reports; closed claim study; and arbitration/judicial decisions. If the FSCO recommendations as a result of the Three Year Review and the report of the Expert Panel on Minor Injury Treatment Protocol are available, they will be included in the update. Comments on the Assessment and Treatment Guidelines and IE Guidelines will be included as well as other emergent issues.
Integration of Psychologists in Primary Care and Hospital-based Services

Saturday 2:30pm -4:00pm

Jan Kasperski, Dr. Jean-Robert Grenier, Dr. Sylvain Roy, Dr. Niki Fitzgerald

Abstract
A workshop facilitated by Jan Kasperski and Dr. Roy that presents the research, teaching and clinical roles that are evolving for psychologists in FHTS, hospitals and other community-based sites.

Griefwork Primer

Saturday 2:30pm -4:00pm

Dr. Lori Triano-Antidormi, Dr. Jane Storrie

Abstract
Grief is a universal experience, yet we all grieve differently. Grief is impacted by a number of factors which can complicate and prolong the grief reaction, and make each person’s grief reaction unique. Despite the universality of the experience of grief, the fact that we all grieve differently, and our grief may potentially be impacted by many factors, leads to challenges in terms of diagnosis, as well as treatment. This workshop will address the characteristics of a grief reaction, factors that impact one’s grief, and clinical best practices.

Strong As Me: Strength Based Resilience

Saturday 2:30pm -4:00pm

Dr. Afroze Anjum

Abstract
The presenters will talk about strength-based assessment approach in detail, arguing that such an approach yields useful information above and beyond the information produced by traditional measures of psychopathology. Previous findings have suggested that the frequent use of signature strengths is associated with greater well-being. This assertion has not been tested widely with children and adolescents within schools. Results of a few intervention studies which were conducted with students from the Toronto District School Board, including one that has demonstrated that a multi-informant approach (i.e., strengths identified by teacher, parent, and a peer) of assessing signature strengths that boosts well-being and social skills, will be presented.

In addition, practical strategies from the Strength Based Resilience Curriculum for professionals to develop strengths of children and adolescents will be discussed. Participants will learn ways to explore, express and enhance their psychological assets – their character strengths. They learn
ways to spot their strengths from their lived experiences and also learn how to notice strengths of others. Participants learn specific strategies and skills to develop mindfulness, cognitive flexibility to catch their thinking errors, cultivate gratitude, savouring, altruism, empathy to deal with their problems and challenges using their strengths. In doing so, the aim of the program is to nurture their growth and resilience at the same time. SBR is not about building a caricature of smiley face happiness, but it is about identifying and amplifying your strengths such as grit, self-regulation, zest, curiosity, optimism and hope, and love, as well as adaptive use of strengths to solve your problems.

The distinguishing feature of SBR program is that it integrates makes resources not risks – the benchmark of resilience. This benchmark, we hope will give you a holistic and balanced understanding of yourself and of those around you. You will be able to repair the worst things in life but more importantly, you will be able to build the best within you and within others.

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**Custody & Access Issues: A Discussion with a Lawyer, Psychologist, and Family Physician**

Saturday  **2:30pm -4:00pm**

*Speakers to be announced*

**Abstract**

This workshop identifies the factors that transform a family into a high conflict couple. The purpose of the workshop is to provide collaborative strategies from the perspectives of a psychologist, a lawyer and family physician to prevent and/or manage conflict with a focus on the best interests of the children.