

BodyFit Series Chairs: Adjustment Guide

Synchro Mechanism Function



Left side knob

Roll knob forward: unlocks the mechanism and puts the chair into full free float mode
Roll knob backward: lock the mechanism into a set position

Left side lever

Lift lever: release the seat slider mechanism, use forward or backward momentum of hips to adjust as required to achieve ideal seat depth.
Release lever: locks seat into desired seat depth setting



Right side knob

Roll knob forward: increases the mechanism tilt tension to accommodate heavier individuals, ideal setting allows a user to "float" while the mechanism is unlocked with very little pressure required to move through the full range of motion of the chair

Roll knob backward: decreases the mechanism tilt tension to accommodate lighter individuals

Right side lever

Lift lever while seated (loaded): adjusts the seat height upward

Lift lever with weight removed (unloaded): adjusts the seat height downward

Release lever: locks seat into desired seat height setting



Backrest height adjustment

Lift entire backrest upward to highest position: allows backrest to drop back to the lowest setting

Lift entire backrest upward slowly in a controlled manner from lowest setting: allows backrest to be set at any one of the 5 height settings (4 clicks), each click indicates a .5" higher setting. Adjust to highest position to reset at the lowest setting once again.



Armrest height adjustment

Lift entire armrest upward to highest position: allows armrest to drop back to the lowest setting

Lift entire armrest upward slowly in a controlled manner from lowest setting: allows armrest to be set at any one of the 10 height settings (9 clicks), each click indicates a .5" higher setting (total range = 4.5"). Adjust to highest position to reset at the lowest setting once again.

Armpad fore/aft adjustment

Push forward from the rear of the armpad: allows armpad to adjust forward to be set at any one of the 14 position settings (13 clicks), each click indicates a .15" graduated setting (total range = 2").

Pull backward from the front of the armpad: reverses the above process.



Armpad width adjustment

Push outward from the user's side of the armpad: allows armpad to adjust outward to be set at any one of the 5 position settings (4 clicks), each click indicates a .125" graduated setting (total range = .5").

Push inward from the outer side of the armpad: reverses the above process.

Armpad angle adjustment

Push outward from the front edge of the armpad: allows armpad angle to adjust, there are 3 positions (2 clicks): angled outward, in line, angled inward

Push inward from the front edge of the armpad: reverses the above process.



Head rest/neck roll height adjustment

Push upward using both hands on either side of the rest: allows head rest/neck roll to adjust upward to be set at any setting along the full 3" range
Push downward using both hands on either side of the rest: reverses the above process.

Head rest/neck roll angle adjustment

Twist inward using both hands on either side of the rest: allows head rest/neck roll angle to adjust inward to be set at any setting along the full +/- 45 degree travel range
Twist outward using both hands on either side of the rest: reverses the above process.



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