
“Out of the Abundance of the Heart”

#27 | Luke 6:37-45

TODD DUGARD | MARCH 8, 2015

WARMING UP

1. Pastor Todd said, “You are no more able to contain what comes out of your heart than the ice can contain the Niagara River.” What is your reaction to this statement? Do you agree or disagree? Can you think of any everyday examples that would support this perspective? Any that would refute it?

DIGGING IN

2. *What’s coming out of your heart? **Is it criticism or grace** (v. 37-38)?*
 - What does the command to “judge not” seem to mean on the surface? What does it actually mean when you dig a little deeper? Discuss the importance of both motive and manner in making judgments. How are you doing with this?
 - Unpack Jesus’ common illustration in v. 38, focusing on the words “good measure,” “pressed down,” “shaken,” and “running over.” What is his point re demonstrating grace? What rationale does the text give for being generous with grace?
3. *What’s coming out of your heart? **Is it foolishness or wisdom** (v. 39-40)?*
 - How does a person’s choice of whom to believe and follow reveal a heart of either foolishness or wisdom? What does your own choice reveal? How so?
 - Jesus declares that a fully-trained disciple will be like his or her teacher. How does Jesus teach you? What should you be like as his in-training disciple?
4. *What’s coming out of your heart? **Is it hypocrisy or humility** (v. 41-42)?*
 - Take a few moments to thoroughly define the words “hypocrisy” and “humility.”
 - Why is it so easy to see the speck in another’s eye and miss the log in your own? How do you tend to respond if someone humbly confronts you about something in your life? Dialogue about how all of this relates to our biblical soul care emphasis here at Harvest.
5. *What’s coming out of your heart? **Is it evil or good** (v. 43-45)?*
 - Jesus says, “Each tree is known by its fruit.” What fruit is your life producing? What does this indicate about who you are at the core? What particular area(s) of your life need(s) work on the inside in order to produce healthier fruit on the outside?

BREAKING OUT

6. Which of these four pairs (criticism/grace; foolishness/wisdom; hypocrisy/humility; evil/good) is the biggest tension point for you personally? Why? What one tangible step is the Holy Spirit exhorting you to take? How can your small group members help you to take action and keep at it?