

Responsible Management of Food Delivered to Your School



As part of the breakfast program, **your school receives a menu developed by Breakfast Club of Canada's nutritionists.** Your menu offers students a complete and nutritious breakfast, and includes an item from all three food categories: fruits and vegetables, whole grain products, and protein foods.

The Club delivers large quantities of food to your school every two or four weeks, depending on the number of students enrolled in your program. To avoid surplus accumulation and food waste, **it's essential to manage inventory carefully and responsibly.**

Each delivery represents a meaningful investment in our students. With over 600 schools across Quebec supported by the Club — and many more in underserved communities waiting for the opportunity to have a breakfast program — making the most of every resource is essential. Your collaboration helps us stretch that impact as far as possible, reaching students who need it.

KEY REMINDERS:

- ▶ Food provided by the Club is **exclusively for the breakfast program.** Other food needs (snacks, lunches, etc.) should be funded through alternative sources.
- ▶ Unused and unopened breakfast items should be returned to the preparation area to be **served on another morning.**
- ▶ Designate someone to **monitor food storage** and maintain an up-to-date inventory.
- ▶ Food is delivered in large quantity formats rather than by unit, which often **exceeds actual needs and results in surpluses** (Example: for a request of 12 loaves, a box of 16 loaves is sent).
- ▶ Before every delivery, the coordinator will send an order adjustment to the designated contact person at the school. That person must respond to every email and **adjust quantities based on the current inventory and upcoming needs** (holidays, school breaks, etc.).

If you have questions or need help optimizing your food inventory management, please use our [Manage Your Food Inventory](#) guide or contact your Club coordinator.

WE THANK YOU FOR YOUR VALUABLE COLLABORATION!