

WELCOME TO YOUR SCHOOL'S

BREAKFAST PROGRAM!



In collaboration with Breakfast Club of Canada, our school is pleased to offer a breakfast program that allows students to start the school day with a complete and nutritious meal in a warm and caring environment. The program **is open to all students**, and registrations are accepted throughout the year.

What does the breakfast program mean for students?



Access to a nutritionally balanced breakfast, including a variety of foods from all three categories of Canada's Food Guide (vegetables and fruits, whole grains and protein foods).



A wealth of positive impacts such as improved learning skills and greater nutritional awareness.



Breakfast with friends in a friendly, relaxed setting.



A smoother morning routine at home!

Breakfast will be served in _____ every day at _____ throughout the school year, starting on _____.

Location in the School Time Date

Please, contact the school if you have any questions:

School contact's name

Phone Number

Email Address

Your contributions will help keep our school breakfast program running smoothly over the long term.

We suggest a voluntary parental contribution of \$ _____, payable by cash or cheque made out to _____ to support the program's operations.

School's name

For more information about Breakfast Club of Canada, please visit their website at www.breakfastclubcanada.org

THANK YOU!

If you wish to volunteer for the breakfast program,
please fill out this form and return it to the school.

Parent volunteers:

I would like to volunteer for the breakfast program.

Yes No

Parent's Name

Phone Number

Email Address