

Quick Start Guide

For Newly Funded Programs



Welcome to the Club! We are excited to invite you into Breakfast Club of Canada's community. Your Club Coordinator will work closely with you to ensure you are well supported during onboarding and beyond. Please complete these **four easy steps** to get started on your journey with us.

01 View our Welcome Materials

During your first 2 weeks, we invite you to review the following resources to learn more about your new relationship with the Club and what it offers. Your Coordinator will review these in detail in an orientation call.

- ☐ [Welcome to the Club Video](#) - A short video introducing the Club and our relationship with you
- ☐ [School Coordinator Guidebook](#) - Details on the main features and requirements of our relationship

02 Complete your Orientation

Your Club Coordinator will schedule an orientation call to review the onboarding resources, offer setup support, ensure that you have received your funding, and answer any outstanding questions. To help prepare for this call:

- ☐ Review any agreements, equipment lists, and other forms sent to you by the Club
- ☐ Read the Club's [Guiding Principles](#) and [School's Corner](#) sections of the Club's website.

03 Explore Nutrition & Recipes

The Club encourages balanced meals that include all three food categories (vegetables & fruits, whole grains, and protein) on a daily basis and promote water as the drink of choice.

- ☐ Review The Club's [Nutrition Guidelines](#)
- ☐ Browse our [Recipe Book](#) for easy and delicious meal ideas

04 Browse our Collection of Resources

We offer many tools and resources to address your specific needs and program interests and are always adding to the collection. We recommend that you explore the following:

- ☐ [Toolkit](#)- See the Club's tips for kicking off your program
- ☐ [Story Bites](#)- Engage your students and share your community's stories through Story Bites
- ☐ [School's Corner](#) - A directory of resources & tools to support your unique breakfast program
- ☐ Regional Support- Speak with your coordinator about additional support specific to your region.