

### After One Year, Where are Large Language Models Headed: A Thematic Analysis using Bibliometric Methodology

Ethan Bernstein, Anya Ramsamooj, Kelsey Leann Millar, Zachary C Lum

Submitted to: JMIR AI on: November 10, 2024

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# After One Year, Where are Large Language Models Headed: A Thematic Analysis using Bibliometric Methodology

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#### Abstract

**Background:** Since the release of ChatGPT and other large language models (LLMs), there has been a significant increase in academic publications exploring their capabilities and implications across various fields, such as Medicine, Education, and Technology.

**Objective:** This study aims to identify the most influential academic works on LLMs published in the past year, categorize their research types and thematic focuses, within different professional fields. The study also evaluates the ability of AI tools, such as ChatGPT, to accurately classify academic research.

**Methods:** We conducted a bibliometric analysis using Clarivate's Web of Science (WOS) to extract the top 100 most cited articles on LLMs. Articles were manually categorized by field, journal, author, and research type. ChatGPT-4 was used to generate categorizations for the same articles, and its performance was compared to human classifications. Statistical analyses were performed to determine the prevalence of research fields and to evaluate the accuracy of AI-generated classifications.

**Results:** Medicine emerged as the predominant field among the top-cited articles, accounting for 43%, followed by Education (26%) and Technology (15%). Medical literature primarily focused on clinical applications of LLMs, limitations of AI in healthcare, and the role of AI in medical education. In Education, research was centered around ethical concerns and potential applications of AI for teaching and learning. ChatGPT demonstrated high concordance with human reviewers, achieving an agreement rating of 86% for research types and 92% for fields of study.

**Conclusions:** While LLMs like ChatGPT exhibit considerable potential in aiding research categorization, human oversight remains essential to address issues such as hallucinations, outdated information, and biases in AI-generated outputs. This study highlights the transformative potential of LLMs across multiple sectors and emphasizes the importance of continuous ethical evaluation and iterative improvement of AI systems to maximize their benefits while minimizing risks.

(JMIR Preprints 10/11/2024:68603)

DOI: https://doi.org/10.2196/preprints.68603

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## **Original Manuscript**

After One Year, Where are Large Language Models Headed: A Thematic Analysis using Bibliometric

Methodology

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43%, followed by Education (26%) and Technology (15%). Medical literature primarily focused on

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education. In Education, research was centered around ethical concerns and potential applications of

AI for teaching and learning. ChatGPT demonstrated high concordance with human reviewers,

achieving an agreement rating of 86% for research types and 92% for fields of study.

Conclusion: While LLMs like ChatGPT exhibit considerable potential in aiding research

categorization, human oversight remains essential to address issues such as hallucinations, outdated

information, and biases in AI-generated outputs. This study highlights the transformative potential of

LLMs across multiple sectors and emphasizes the importance of continuous ethical evaluation and

iterative improvement of AI systems to maximize their benefits while minimizing risks.

**Keywords**: Large Language Models; ChatGPT; Web of Science; Medicine; Education;

Technology; Research Categorization; Artificial Intelligence.

Level of Evidence: III

Introduction

Within academic literature, artificial intelligence (AI) is broadly defined as a mechanical emulation

of the human thinking processes to facilitate the analysis, simulation exploitation, and exploration of

human thinking processes.<sup>1</sup> Chat Generative Pre-trained Transformer (ChatGPT) has been trained on a massive amount of internet data from 2021 and is being updated from here on to include current data and information retrieval from the internet, which should reflect current, up to date information. It utilizes deep neural networks, machine learning, and the training data to interact with prompts and generate relevant human-like text responses,<sup>2</sup> qualifying it as a "Large Language Model" (LLM).<sup>3</sup> ChatGPT may have significant potential to improve the efficiency of human innovation in a multitude of fields that require quick access to information, such as Medicine and Education, by providing instant feedback and helping to expedite clerical work, such as writing notes or research processes.

It has been over a year since the public release of ChatGPT by the company OpenAI (San Francisco, CA, USA), followed by Gemini (formerly BARD) by Google (Mountainview, CA, USA) and subsequent widespread use of AI, from usage by students for writing support to researchers for literature review and manuscript preparation assistance. From its release through August 2023, there have been over 1000 PubMed citations,<sup>4</sup> indicating its rapid rise in utilization and interest in its capabilities. With any new technology, many use cases are developed and tested, until a narrowing of the field emerges. This determines which aspects of the technology resonate within the community and which aspects need further refinement. We sought to determine which types of studies were performed, which fields of research have the most studies, and journals are the most highly cited, as this may highlight fields that are the most intense focus of researchers regarding the use of AI. We also sought to determine how well ChatGPT performs thematic categorization of research type and field of research when analyzing academic publications.

#### Methods

We used Clarivate Web of Science (WOS) and searched for all research articles with the terms "chatgpt" and "bard" and "large language model" independently in March 2024. Articles with the 100 highest citation counts were exported into a spreadsheet generated from the search results

through WOS, which were then categorized by journal, author, type of research, and field of research by one independent author (E.B). We also used ChatGPT-4 (GPT-4 model) to thematically categorize them and compare manual grouping to AI. The literature review was conducted from June to July 2024.

#### **Author's Categorization**

Python (version 3.11.7) was used to count the number of times an author was listed in the top 100 cited publications in the Excel spreadsheet generated by WOS and rank the authors according to frequency. Python was also used to count the number of times a journal was listed in the top 100 cited publications and rank in order of frequency. This code is depicted in Appendix S2a-b. Based on review of each study's abstract, the papers were categorized by the general field of research that the study was conducted in, and the type of research that was conducted - counted manually in an Excel spreadsheet. Some papers could be categorized under the purview of multiple fields; for example, papers discussing medical education could have been categorized as either Medicine or Education. In such cases, the primary field of focus of the publishing journal was referred to for reconciliation. These tasks were carried out by a single author (E.B). The type of research was determined by reading the methods of each study and recorded, and Python was used to count and sort by frequency (Appendix S2c). During the literature review phase, the field of study and research type was either confirmed or changed for each paper. The code used is depicted in Appendix S2.

#### Literature Review

Following the categorization stage, we determined the 3 most cited areas of research and a full literature review was performed of the included works. Top 3 areas were determined by which field had the most papers listed in the top 100 based on the authors determination of field of study. In total, there were 84 articles included in the literature review. Each paper was analyzed to determine the primary topics of interest regarding AI and LLMs. A list of topics was generated as each paper

was read, and the number of articles that covered each topic were counted in a spreadsheet. For example, if a paper in the medicine category covered the Clinical Uses of ChatGPT, it was marked and counted towards the total number of articles that covered that topic. This was done by both authors (E.B, A.R) performing the literature review and any discrepancies were reconciled by discussion between the 2 reviewers. These areas are further discussed in the Results section of this paper. The goal of this study is to explore the fields that are most interested in AI LLMs, and assess current and future implications of AI LLMs in each respective field. Additionally, we aimed to and evaluate ChatGPT's ability to analyze and categorize scientific literature.

#### Thematic Categorization Performed by ChatGPT (GPT-4)

ChatGPT (GPT-4 model) was asked to count and report authors and journals in order of frequency. The list of authors and journals was pasted into ChatGPT, and ChatGPT was prompted to sort by frequency. These generated lists were then compared to the corresponding lists generated by the authors. To determine the study type and field of research, the PDF of each paper was imported into ChatGPT, which was asked to determine study type and field of research. These results were then directly compared to the corresponding author generated results and assessed for accuracy. Examples of these prompts are listed in Appendix S3.

#### Results

#### **Publication Sources**

Overall, there were 12 authors whose names appeared twice in the top 100 citations, but none appeared more than twice. Across the top 100 cited papers, the Cureus Journal of Medical Science had the most, with seven papers, while Education Sciences and Journal of Internet Research each had three papers. Every other journal had either one or two publications on the top 100 cited papers list (Appendix S4).

#### Field of Research

Medicine was the most cited area of study with 43 papers, followed by Education and Educational Research with 26, followed by Technology and Information Sciences with 15 papers. Business and Economics had 4, and Tourism had 4. All other areas had either 2 or 1 paper in the top 100. These findings are summarized in Table 1 with further breakdown of individual categorizations in Appendices S5-7.

**Table 1.** Areas of research as generated by the author. \*=Top 3 area of research included in literature review.

Area of Study	Number of publications (n=100)				
Medicine	43*				
Education	26*				
Technology and Information Sciences	15*				
Business and Economics	4				
Tourism	4				
Government/Law	2				
Public Health	2				
Basic Sciences	1				
Ethics	1				
Geography	1				
Pharmacology	1				

Multiple medical subfields published papers regarding ChatGPT. General and Internal Medicine was the most mentioned subcategory with 11 publications, followed by Health Care Sciences and Services with 7, Surgery with 5, Oncology with 4, Radiology with 3, and Ophthalmology with 3. All other areas of medicine had only 1 publication mentioned. These findings are summarized in Table 2.

**Table 2.** Breakdown of specific fields of medicine that papers were published in.

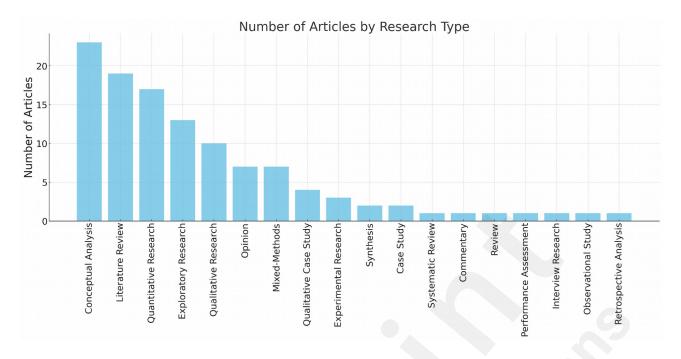
Field of Medicine	# Of Articles
General and Internal Medicine	11
Health Care Sciences and Services	8
Surgery	5
Oncology	4

Radiology, Nuclear Medicine & Medical Imaging	3
Ophthalmology	3
Nursing	1
Gastroenterology and Hepatology	1
Endocrinology and Metabolism	1
Otorhinolaryngology	1
Medical Ethics	1
Sport Sciences	1
Dentistry, Oral Surgery and Medicine	1
Biomedical Social Sciences	1
Nursing	1
Total # of Papers in Medicine	43

#### **Research Type**

The most common research type was conceptual analysis, which included papers exploring theoretical applications of AI models without conducting any experiments. 23 papers were categorized as conceptual analysis, determined by the author (E.B). Literature review was the next most frequent study type with 18 papers, followed by quantitative research at 17, exploratory research with 12, and qualitative research with 11. The rest of the research types are depicted in Figure 1. Many of the papers summarized theoretical uses, as well as potential future uses of ChatGPT, that are still being explored.

**Figure 1.** Bar graph depicting the study type frequency of the included publications.



After uploading the PDF copy of each paper, ChatGPT was asked to identify the field of research and study type. In instances of discordant answers for fields of research or research types, the author (E.B.) evaluated ChatGPT's answer to determine plausibility. In evaluating the agreement between research types between the author and ChatGPT, the percentage agreement was found to be 86%. The percentage agreement for the field of research was 92%.

#### Medicine

Of the 43 papers<sup>4–42</sup> reviewed from the field of medicine, 38 (84.44%) of the papers discussed the limitations of ChatGPT, 30 (66.67%) discussed the uses of ChatGPT in clinical medicine, 21 (46.67%) numerically evaluated the quality and capability of ChatGPT in regards to medical reasoning, and nine (20%) evaluated the uses of ChatGPT in medical research. Medical education was an additional area of focus with 14 (32.56%) papers discussing ChatGPT's ability to answer board certification questions or help with studying from both the student and educator perspective. These findings are summarized in Table 3.

**Table 3.** The following table provides a comprehensive breakdown of various topics covered by existing research in medicine. This table offers a quantitative overview, highlighting the predominant focus areas and revealing gaps that might need further exploration.

Торіс	Quality Assessment in Medical Knowledge	Assessment	Limitations of ChatGPT		Uses in Research		Medical Education
Sum	21	9	38	30	19	18	14
% (n=43	46.67%	20.00%	84.44%	66.67%	42.22%	37.78 %	31.11%

Quality assessment in Medical Knowledge most commonly included studies that evaluated the accuracy of ChatGPT's answer to specific medical questions from patients and board examination questions, and the capability to employ higher-order medical reasoning. Many of these papers cited promising results and indicated that further research and technology improvements are necessary prior to full implementation into the medical field. Many papers discussed the already proven or hypothetical uses of ChatGPT in medicine, such as the enhancement of telemedicine, answering patient questions, and administrative tasks such as charting and other paperwork. For Potential weaknesses preventing current widespread adoption included lack of nuanced information that an experienced physician would understand and potential inaccuracies due biased or outdated training data. Additionally, authors cited the high level of confidence that ChatGPT appears to answer with, which may result in the dissemination of misinformation. Further improvement of the technology would be necessary due to lack of deep understanding and inability to interpret complex medical imaging. Some studies compared physician responses to AI responses, and found that evaluators may prefer the AI generated response.

Other uses in medicine included assistance for non-native English speakers with translation to their native language. <sup>10–12</sup> AI is able to quickly comprehend information, which indicates a potential use for providing information about medical guidelines in acute situations, such as in the ICU. <sup>5</sup> AI may

also be useful in assisting with documentation, decision support, and patient communication.

Quality assessment in research discussed automatic generation of citations, manuscripts, ideas, and hypotheses. The ability of ChatGPT/LLMs to conduct literature searches was also evaluated<sup>33</sup>. Some studies synthesized the already proven uses in research, the most prominent of which included literature review, data synthesis, and assistance with data analysis.<sup>5,43</sup> Review papers covering research utility discussed the ability to generate large amounts of text and can help authors organize their thoughts<sup>16</sup>. ChatGPT has been shown to quickly summarize whole papers well and can save researchers significant amounts of time.<sup>44</sup>

Limitations of AI models was the most common topic covered, with many papers referencing lack of updated information because ChatGPT was trained on data from 2021, which may lead to outdated or incorrect information. The possibility of ChatGPT hallucination, generation of fake citations, and perpetuation of biases contained in the information that it was trained on was also discussed. <sup>10,12</sup> Papers that discussed ethics included privacy concerns with cybersecurity risks with patient confidentiality as ChatGPT stores its conversations in its memory bank with minimal evidence that it can comply with HIPAA regulations. <sup>19</sup> One paper reported concerns with shortcuts in the research or learning process, which could lead to inflated numbers of publications without the same level of expertise. <sup>16</sup>

Papers regarding medical education discussed potential use via interactive simulation, immediate feedback and information, and creation of educational materials for instructors. Students can generate quiz questions, which can alleviate the work burden for educators and students alike. Studies such as Huh et al. 2023 showed that ChatGPT performed comparably to medical students in certain assessments indicating the potential for integration and utilization in medical education. <sup>45</sup> Multiple studies cited promising results of ChatGPT answering board questions.

#### **Education**

26 papers<sup>45,45–70</sup> were categorized as Education as their field of study. 21 (84.61%) Education papers discussed the ethical concerns associated with AI implementation in schools; 7 (26.92%) discussed the potential negative implications on students' learning and performance capabilities, and 17 (65.38%) discussed solutions for these concerns. 18 (69.23%) papers discussed the potential implementations for students and 17 (65.38%) discussed potential implementations for educators. These findings and the other findings are summarized in Table 4.

**Table 4.** The following table provides a comprehensive breakdown of various topics covered by existing research in education.

Topic	Privacy		effects on	Solutions for AI Concerns	assessmen	Capabilitie s of AI	Uses for student s		Limitatio ns
Sum	3	21	7	17	9	13	18	17	18
% (n=26)	12%	81%	27%	65%	35%	50%	69%	65%	69%

In the field of Education, the main privacy concerns were related to the storage of student data and personal information that may be stored by ChatGPT through regular usage. Papers discussed the importance of data security and compliance with privacy regulations to prevent personal information being disseminated.

Education ethics primarily discussed academic dishonesty including plagiarism and incorrect citations. Evidence advocating for ChatGPT as a reliable author and/or primary source is minimal, and the academic ethical implications of copying and pasting the ChatGPT response was unclear; however, the consensus questioned the ethics of directly quoting ChatGPT without attributing it as the source. Additional sources of ethical concerns were regarding the discordant access to ChatGPT, as the optimized version is currently a paid service. Additionally, perpetuation of discriminatory and biased ideas in the information that ChatGPT was trained on was a common

concern, which led papers to recommend cautious use of AI and special care to identify and mitigate such biases.<sup>17,49</sup> Educators have expressed concerns over students including overreliance leading to loss of writing skills and hindrance of creativity in addition to academic dishonesty.

Solutions to AI overreliance included implementation of AI literacy early in the education system, similar to how typing and technology training became ubiquitous with the rise of computers. <sup>50</sup> Other workarounds to overreliance on ChatGPT include assignment design that is incompatible with ChatGPT. <sup>51,52</sup> Additionally, educators are being urged to specify the permitted usage of ChatGPT in their course syllabi for transparency. <sup>53</sup> On the side of OpenAI, regular updates to ensure accuracy of information available to ChatGPT are also crucial. Perkins et al. 2023 discussed the need for transparency and guidelines for AI use in academic settings. <sup>53</sup>

Quality assessments evaluated accuracy, relevance, and potential biases of text generated by ChatGPT in multiple educational fields generally, or within specific areas like chemistry, language, administration, and academic research. Researchers looked into the capability to enhance learning, teaching and grading. Fergus et al. 2023 evaluated ChatGPT's ability to generate assessment questions in chemistry and the quality of the answers generated by ChatGPT.<sup>54</sup> Farrokhnia et al. 2024 performed a SWOT analysis of ChatGPT in education and research, reporting the ability to provide real-time feedback and grading with specific responses, which can decrease workload for both students and educators.<sup>55</sup> Other papers explored academic integrity and third party program's ability to detect work written by ChatGPT, the ability of ChatGPT to generate educational materials, such as textbooks, study guides, and practice questions, and the ability for AI to assist students with learning experience and motivation. Papers marked under Uses for Students and Uses for Educators included relevant quality assessments and review papers covering proven uses.

ChatGPT's limitations in education include its potential for generating inaccurate or biased information, its dependency on up-to-date training data, and its inability to fully replace human

educators.<sup>58,60</sup> For example, while ChatGPT can provide factual information, it lacks the ability to engage in nuanced discussions or provide emotional support.<sup>48</sup>

#### **Technology and Information Sciences**

15 papers<sup>3,43,72–83</sup> were categorized as reviewed Technology and Information Sciences. Subtopics included computer science, engineering and electric vehicles, and data science. 12 (80%) papers discussed the technical uses of ChatGPT, with two of those being quality assessment papers. Six (40%) discussed ethics and privacy concerns with nine (60%) discussing limitations. These findings are summarized in Table 5.

**Table 5.** The following table provides a comprehensive breakdown of various topics covered by existing research in technology and information sciences.

		Assessme	3	Public Perception	Limitations	Future
Sum	12	2	6	1	9	9
% (n=15)	80%	13%	40%	7%	60%	60%

Ethics in the field of Technology and Information Sciences included privacy concerns with the handling and storage of user data. Similar to other sections, authors emphasized the importance of strong cybersecurity measures including encryption and secure storage to minimize the risk with security breaches. Uniquely, some papers discussed the potential of AI to create harmful "deep fake" content, which has the potential to be weaponized.<sup>72,84</sup> Deep fake is defined as high-quality fabricated image and video content that can be misinterpreted by viewers as being real.<sup>85</sup>

Technical uses of ChatGPT in this field included code generation, debugging, and automated routine IT processes. The ability to assist with data science through data cleaning, preprocessing, and preliminary result interpretation was explored.<sup>73,74</sup> Du et al. 2023 discussed the potential of AI

implementation in electric vehicles.<sup>75</sup> Holzinger et al. 2023 covered AI from the biotechnology perspective, which provided an overview of the uses of AI to agricultural engineering, medical biotechnology, and bioinformatics.<sup>86</sup> AI is already being utilized by plant tissue scientists to simulate complex interactions and treatment options for their agricultural experimentation. AI can benefit medicine from a micro-perspective, including genomic analysis, biomedical image analysis, data analytics, and drug discovery and development.<sup>86</sup> The advantage comes from the ability to rapidly analyze large quantities of data through automation, and implementation of predictive models that can analyze image data and recommend the best management and planning course for any given task. Quality assessment papers that analyzed potential uses of ChatGPT looked at AI's writing abilities in order to contribute to the conversation surrounding job security.<sup>87</sup>

Limitations of AI in the field of Technology and Information Sciences include difficulty with performance in complex problem-solving scenarios, outdated training data, and potential inaccuracies.<sup>73</sup> Authors emphasized that AI requires human oversight to ensure reliable outputs.<sup>76</sup> For example, while ChatGPT can assist with coding, it might not always understand the context of complex software projects, leading to errors.<sup>81</sup> Future directions that the academic technology community is hoping ChatGPT/AI models take include improvement of privacy concerns, and continued efforts to address ethical concerns.<sup>72</sup> Additionally, improving reliability to decrease the likelihood of hallucination and increase complex understanding to improve usability and reliability.<sup>75</sup>

Finally, one paper examined public perception of ChatGPT, by evaluating responses on Twitter to determine generally how internet users felt about the dawn of AI.<sup>80</sup>

# ChatGPT's Ability to Thematically Categorize Author List, Journal, Research Type, and Field of Research

When asked to report the frequency of authors mentioned, ChatGPT generated a different list than the author generated list. It was also unable to correctly count the frequency of each journal. Pictures

of ChatGPT's output are included in appendix S8.

#### **Discussion**

This discussion explores the current trajectory of AI integration, potential breakthroughs, and the implications for the following fields.

#### Medicine

In medicine, AI is primarily being tested to assist in areas from administrative support to clinical applications. The potential of AI to enhance telemedicine, streamline administrative tasks, and assist in diagnostic processes is well-documented. 6,17,49 However, the accuracy and reliability of AI in medical decision-making are areas that require further research. Future pathways include the integration of AI into clinical workflows to assist with patient triage, diagnostic support, and personalized treatment plans. The field appears to be moving towards leveraging AI to augment, rather than replace, human expertise, with potential breakthroughs anticipated in predictive analytics and personalized medicine. The ongoing challenge will be ensuring AI systems are trained on up-to-date and diverse datasets to minimize bias and inaccuracies. Before widespread integration of AI in medicine occurs, further research is necessary to prove reliability and improvement from early models. The individual improvement from early models.

Additionally, prior research suggests that programs such as ChatGPT can assist with medical education. For instance, Huh et al. 2023 demonstrated that ChatGPT, while not outperforming medical students, provided reasonable answers on parasitology exams, indicating its potential for educational integration.<sup>45</sup> The literature also indicates that research processes are being disrupted, with AI showing promise in tasks such as automatic generation of citations, manuscripts, and hypotheses, which can streamline the research process.<sup>46</sup> However, reducing the hallucination frequency and accuracy improvements will need to be made before any significant disruption in clinical practice can occur.

#### **Education**

Education has the potential to enter a transformative phase with the incorporation of AI tools like ChatGPT into current curricula. These tools can offer substantial benefits, including personalized learning experiences, automated grading, and enhanced teaching aids. However, the potential for academic dishonesty and the ethical implications of AI use in education remain significant concerns. A4,49,50,57,64,67 As AI technology improves, it is expected to offer even more sophisticated support for both students and educators, such as adaptive learning platforms that cater to individual student needs and real-time feedback systems. The field is also exploring AI's role in reducing teacher workload and providing continuous professional development opportunities. A4,47,55,63 Ensuring equitable access to AI tools and addressing ethical dilemmas will be crucial as AI becomes more integrated into educational systems.

#### **Technology and Information Sciences**

AI's impact on technology and information sciences, particularly in software development, data analysis, and cybersecurity, has positive indications for progress. AI tools are increasingly used for code generation, something that was successfully implemented in this study to help with counting author, journal, study type frequencies and generating figures. Debugging, automating routine IT tasks, and enhancing productivity and efficiency are other capabilities.<sup>3,78,81</sup> Future breakthroughs are expected in the development of more reliable and context-aware AI systems capable of handling complex problem-solving scenarios. Ethical concerns, such as protecting privacy and security, will continue to be pivotal, with ongoing efforts to develop robust cybersecurity measures and ethical AI guidelines.

#### **Limitations of ChatGPT in Conducting Research**

Thematic categorization of the field of research sometimes required information that was not directly

stated in the article, which would make it very difficult for ChatGPT to correctly determine the correct field of research. For example, some papers covered technology topics but were published in a medical journal.<sup>41</sup> ChatGPT would categorize these papers as technology while the author categorized them as medicine. This discrepancy may be attributed to author criteria rather than technology failure; however, it indicates the importance of providing detailed, specific instructions to LLMs in order to receive the desired output. Due to such limitations, it is important for people using ChatGPT for this purpose to monitor the outputs and verify accuracy.

#### **Thematic Categorization**

The results of ChatGPT's thematic categorization suggest that further improvements must be made before ChatGPT can reliably sort and organize data. At the time the study was performed, it appeared as though ChatGPT was overwhelmed by large amounts of text, which raises questions about its capabilities of sorting through information such as lists of names and journals; when asked to sort through the list of authors, which contained over 190 names, the sorted list was incorrect. However, it did perform well in determining the research type and field of research, suggesting that ChatGPT can be trusted with simpler and more straightforward tasks.

#### Conclusion

Medicine, education, and technology are preparing for a future with potential LLM integration, as demonstrated by the high citation counts in these fields. Current research focuses on testing the capabilities of AI models like ChatGPT and disseminating findings to inform best practices. While LLMs show promise in enhancing workflows and categorizing research, this study emphasizes the necessity of human oversight to mitigate risks such as hallucination, outdated information, and biases, which users may trust without cross-referencing. As AI integration evolves, attention to ethical concerns, equitable access, and continuous updates with accurate and up-to-date information will be essential. The potential for AI to transform these sectors can only be fully realized through

responsible, well-managed implementation that augments human expertise and ensures fair use.

In medicine, AI is expected to integrate further into clinical workflows, assisting with diagnostics, patient communication, and administrative tasks like charting, although concerns remain about accuracy and ethical implications. In education, AI tools may be able to revolutionize personalized learning, automate grading, and support educators, but addressing academic dishonesty and ensuring ethical AI use in learning environments is crucial. In technology, LLMs are advancing software development, data science, and cybersecurity, but future work needs to enhance AI's ability to handle complex problem-solving while ensuring privacy and security.

These fields are tightly linked, with educational pedagogy aiding the development of physicians, and the field of technology developing the software and applications that physicians will use. If AI positively affects education, it may result in a network of physicians who can use advanced technology to increase efficiency and improve patient care. Furthermore, AI is being developed to enhance the research process, allowing researchers to be more productive and driving medical discoveries. LLMs are moving toward transforming the efficiency and quality of these fields through continued improvement and integration. Ultimately, the true potential of AI can be realized through a collaborative approach, where human expertise works in tandem with AI, ensuring that both ethics and efficiency are upheld.

#### Acknowledgements

ChatGPT (GPT-4) was used for grammar and editing assistance for this paper. Thank you to Cameron Bernstein for help with proofreading and editing this paper.

#### **Conflict of Interest**

The authors declare that they have no competing interests related to the research, authorship, or

publication of this manuscript.

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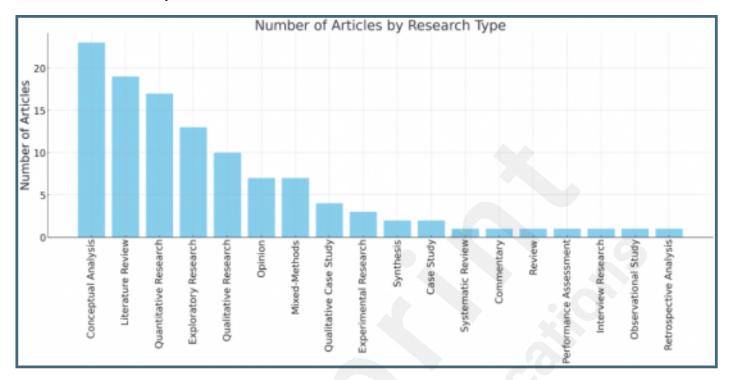
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## **Supplementary Files**

## **Figures**

This is a bar graph that contains the number of articles counted in the study and their categorizations. This figure is also embedded in the manuscript.



## **Multimedia Appendixes**

Contains data collected and links to specific ChatGPT threads used to perform the study. Includes items from 8 appendices. URL: http://asset.jmir.pub/assets/fe610bd584f1122c3b9abf1753820dec.docx