

# Suggested Packing List

## Discover the Islands of Japan

Prioritize practicality and comfort when packing; the dress code on board is casual. Avoid overpacking—choose practical, technical attire for your expedition days. Wind and waterproof outer layers are essential. Spring weather around the Sea of Japan can bring occasional rain showers and windy conditions. The key to staying comfortable is layering. Opt for several light layers rather than a single heavy one, allowing you to adjust to varying conditions.

Spring is an ideal time to visit Japan and South Korea, with warm, moderate temperatures and minimal rain. The subtropical islands experience even warmer conditions due to the Kuroshio Current and volcanic influences. In South Korea, especially between April and June, expect pleasant temperatures of 15°C–18°C (59°F–64°F), blooming flowers, and vibrant festivals, particularly in Gyeongju. Along the Sea of Japan, temperatures gradually warm from 10°C–20°C (50°F–68°F) as winter fades. Although snowfall decreases, conditions can still vary, so pack breathable layers that dry quickly.

The ship is maintained at a comfortable 17°C–25°C (63°F–77°F). Dress on board is informal, so bring casual, comfortable clothing. Keep in mind that much of the spectacular scenery can be enjoyed from the deck, which can be slippery; sturdy shoes with non-slip soles are recommended.

The following list is meant to assist with packing for your expedition and should not be considered exhaustive.

### Footwear

- 1 pr. sturdy, comfortable walking shoes or lightweight hiking boots (waterproof material is recommended)
- 1 pr. sport sandals

## Lower Body

- 2 pr. casual pants—lightweight, quick-drying material
- 2 pr. shorts—lightweight, quick-drying material

## Upper Body

- 1 long-sleeved shirt
- 1 sweatshirt or fleece
- 1 rain jacket—lightweight, with a hood
- 4 t-shirts and other casual clothes for layering and for wearing aboard the ship

## Head and Hand Gear

- Hat for sun protection
- Sunglasses

## Additional Items

- Bathing suit
- Passport and travel documents
- A small backpack or daypack for carrying a camera, clothing, and other small items (this is necessary for your daily excursions); we recommend one with a rain cover or using a drybag option in case of wet weather.
- Items of a personal nature (spare pair of prescription glasses, extra medication, etc.)
- Pencil and pad, book, or diary
- Sunscreen
- Bug spray, toiletries (biodegradable), and face cloth
- Watch or alarm clock

- Binoculars
- Camera or phone with sufficient memory cards and the necessary chargers

## Optional Items

- Dry bags
- More formal clothing for the welcome and farewell dinners (certainly not necessary)
- Flip-flops or “slip-ons” (useful on the ship)
- Pack of cards
- Earplugs