

# Suggested Packing List

## A Journey through the Galápagos

Practical and comfortable are the main principles for packing; the dress code on board is casual. When packing, don't weigh yourself down with too many clothes or too much gear. Select practical, technical attire for your expedition days.

Average Temperatures in Quito, Ecuador are a high of 19°C (66°F) or more, with nightly lows hitting 10°C (50°F). Average temperatures in the Galápagos Islands can range from 22°C (72°F) at night to 30°C (86°F) and above during the day, with the water temperature in the mid-twenties (Celsius) / seventies (Fahrenheit). Due to the islands' location on the Equator, the climate is tempered by the Humboldt Current, so you do not experience extreme heat.

The following is intended to assist in packing for expedition travel and should not be considered an exhaustive list.

*Kindly be advised to **refrain from bringing clothing in shades of yellow**, as it has been observed to attract paper wasps.*

### Footwear

- 1 pr. sturdy, comfortable walking shoes or lightweight hiking boots (waterproof material is recommended)
- 1 pr. sport sandals
- 2 pr. lightweight hiking socks (a material that is designed to keep your feet cool and dry will help prevent blisters)

### Lower Body

- 2 pr. casual pants—lightweight, quick-drying material

- 2 pr. shorts—lightweight, quick-drying material

## Upper Body

- 1 long-sleeved shirt
- 1 sweatshirt or fleece for higher elevations (can be cooler in the highlands on the Islands)
- 1 rain jacket—lightweight, with a hood
- 4 t-shirts and other casual clothes for layering and for wearing aboard the ship

## Head and Hand Gear

- Hat for sun protection
- Sunglasses

## Additional Items

- Bathing suit
- 1 rash guard for snorkeling exposure protection
- Passport and travel documents
- A small backpack or daypack for carrying a camera, clothing, and other small items. This is necessary when transferring ashore—you must have your hands free when getting in and out of Zodiacs
- Items of a personal nature: spare pair of prescription glasses, extra medication, etc.
- Pencil and pad, book, or diary
- Sunscreen
- Bug spray, toiletries (biodegradable), and face cloth
- Watch or alarm clock
- Reusable water bottle
- Binoculars (highly recommended for wildlife sightings)

- Camera or phone with sufficient memory cards and the necessary chargers

## Optional Items

- Dry bags
- More formal clothing for the welcome and farewell captain's dinners (certainly not necessary)
- Flip-flops or "slip-ons" (useful on the ship)
- Pack of cards
- Earplugs
- Scuba mask (if you do not want to use the one provided)