

Expedition Team Uniform & Dress Code:

"Expedition Professionalism"

Each Expedition Team member will be provided with a branded black vest and a name tag – **if you are a returning team member, please bring your vest.** Be sure to always wear your vest and name tag while on board. You will also be provided with an Adventure Canada hat (depending on the region) to wear during the expedition.

During the guest orientation, on the first and final days of the voyage, and for the group photo, please wear a **plain white shirt** of your preferred style under your vest. This simple uniform has been designed to allow guests to recognize our Expedition Team from the outset.

During the day, casual and practical dress is best. Wear clean, untattered clothing and footwear appropriate for hiking, boating, and deck time. In the evenings, we encourage casual but presentable clothing that makes you feel comfortable. In addition to activewear, please pack one or two smart casual outfits that may be more appropriate for cocktail receptions, hosted dinners, or other special events. Wearing authentic products and fashions from the regions we travel is encouraged!

Keep in mind that members of our clientele may hold different values than you do about appropriate attire, such as not wearing hats at the dinner table or not wearing robes or pyjamas outside of your cabin. Please do not wear any clothing that represents other travel companies. The *Ocean Nova and Ocean Victory* maintain a **scent-free environment**, so we kindly ask you to refrain from bringing scented products on board.

We experience a wide variety of weather conditions during our expeditions. You are required to partake in all excursions, so it is critical that you are able to cope with weather, sea, and Zodiac conditions, and dress accordingly. We recommend dressing in layers. By wearing a series of clothes in varying materials and weight, you can readily adjust comfort levels more precisely than with fewer, heavier garments.

The most important layer on our expeditions is the outer one: your wind- and waterproof gear. You should not expect to participate in an expedition without waterproof gear, including a waterproof jacket, pants, and gloves. We do have a supply of rubber boots on board for loan.

Suggested Printable Packing List:

Expedition Essentials

The following is intended to assist in packing for expedition travel and should not be considered an exhaustive list.

TEAM UNIFORM	NOTES
☐ Adventure Canada vest	New team members will be given an Adventure Canada-branded vest. If you are returning, you MUST bring your vest
☐ White shirts	Long- or short-sleeved but otherwise plain. Must be worn under your vest for the first and last days at a minimum

TO WEAR ON BOARD	NOTES
☐ Indoor shoes	We recommend closed-toed, comfortable shoes with a sturdy sole for walking on deck, as surfaces may be slippery
☐ Comfortable casual clothing	Lighter shirts, pants, jeans, etc.
☐ Nicer outfit	For any special occasions, such as the Captain's welcome
☐ Exercise clothing, bathing suit	As desired for use in the ship's gym, polar dip, etc.

TO WEAR ON LANDINGS	NOTES
☐ Waterproof jacket or shell	ESSENTIAL ITEM. Gore-Tex or similar waterproof material; expedition team members are not provided with an Adventure Canada jacket
☐ Waterproof rain pants	ESSENTIAL ITEM. Gore-Tex or similar waterproof material; ankle zippers are recommended to fit them over boots
☐ Comfortable walking / hiking shoes	For shore landings; should be water-resistant or waterproof
☐ Warm socks	Wool or wool blends recommended
☐ Long underwear / base layer	For colder days. Quick-drying wool or synthetic materials
☐ Pants	Walking & hiking trousers for shore excursions
☐ Short- and long-sleeved shirts	Wool or synthetic materials for layering
☐ Light sweater	Wool or synthetic materials for layering

☐ Thicker sweaters, fleece, or puffer-style jackets	For colder days. Wool or synthetic materials; consider zipper pockets & adjustable wrist seals
☐ Toque / beanie / hat	For warmth and sun protection
☐ Sun hat	For sun protection
☐ Buff / neck warmer / balaclava	For warmth and wind protection
☐ Sunglasses	For eye protection, especially from water and ice reflections. Polarized with UV protection and a strap is recommended
☐ Gloves / mittens	For Zodiac travel and landings; waterproof and “gripped palms” are ideal. An extra pair is recommended

ADDITIONAL ITEMS	NOTES
☐ Certifications	ESSENTIAL ITEM. Bring physical copies of all relevant certifications. See the Certifications section of your Expedition Team Hub for more information
☐ Waterproof backpack / dry sack	ESSENTIAL ITEM. Note that your pack will be at your feet during Zodiac transfers and may sit in 1-2 inches of water
☐ Sunscreen	SPF 30+
☐ Collapsible walking stick	Some available on board to borrow; priority given to guests
☐ Binoculars	For wildlife observation
☐ Insect repellent	Preferably not an aerosol
☐ Bug netting / hat	
☐ Ear plugs / sleep mask	To combat ambient noise and light
☐ European 2-pronged adapter / converter	For electronic devices (220V). You may also require a North American or UK converter while travelling to/from the ship.
☐ Camera / phone	Don't forget the chargers!
☐ USB key	For presentation, file, and photo sharing
☐ Passport / travel documents	Ensure you have all necessary docs for the visited countries
☐ Medications	Pack prescription medications in your carry-on luggage and bring copies of your prescriptions with you
☐ Spare glasses / contact lenses	As needed
☐ Money / currency	For the visited countries

NOT NEEDED	NOTES
All cabins are equipped with: shampoo, soap, a hair dryer, and a reusable water bottle.	