

Kayak with Adventure Canada

Optional Paid Enhancement



Adventure Canada's Kayak program provides a quiet, fun and relaxing way to reconnect with the marine environment.

The qajaq (the proper phonetic spelling of "kayak") was invented by Inuit and is a feat of engineering whose design remains unchanged after thousands of years. Kayaking has become an increasingly popular mode of exploration. Paddling in pristine waters, near marine life, in the wilderness, or along a historic coast will overwhelm even the most seasoned adventurer.

It is a rare opportunity, for few have experienced these magical places by kayak. We offer safe, fun and unforgettable moments at water level.

Price: \$750 USD per person

Maximum Adventurers: 10-12 *based on weather and location

Fitness level: Moderate fitness level - some kayaking experience required

HOW OFTEN WILL WE KAYAK?

We will do our best to provide you with the opportunity to kayak at two or more locations in and around the landing sites mentioned in our itinerary. Locations depend on the weather and ice conditions, which are dynamic, unpredictable and over which we have no control. Therefore, we cannot guarantee specific locations.

A typical length of a paddle excursion is 1-2 hours. We will have an experienced kayak guide(s) onboard who will safely guide you in the kayaks. A safety Zodiac will keep a safe but unobtrusive distance.

Your expedition guides select paddling sites for their protected waters, wildlife and scenic values. All excursions are, of course, weather dependent and your safety is our first priority. Most of the time, we will be paddling near the zodiac landing site. At all times we will travel at a safe distance from ice shelves and icebergs, keep a respectful distance away from wildlife and conduct all operations in accordance to local and AECO guidelines. It is important to understand and follow the guides' instructions on safe distances.

Kayaks may be embarked from shore or from a Zodiac, depending on sea and wind conditions.

ABOUT YOU

To take part in our kayak program, previous kayaking experience is recommended. We also require that you can swim. You will have a PFD and appropriate equipment, but swimming experience is necessary to minimize any problems should you need to make a wet exit. We recommend, regardless of your experience, that before leaving for your expedition, you re-familiarize yourself with the basics of getting in and out of the kayak as well as the wet exit. For the safety of yourself and the other kayakers, the kayak guide may, for any reason, ask you to undertake a practical test to determine your experience level.

If you are totally inexperienced, we will make every effort to do a short "basics" instruction and have you

paddle safely in a sheltered area. However please note that your participation is completely up to the kayak guide team and the Expedition Leader.

EQUIPMENT AND SAFETY

To safely take part in this program you must be appropriately dressed. Recommended clothing and gear are listed in this document. In the areas we visit, the weather conditions can change rapidly, with little or no warning. It is therefore important that you are adequately dressed for the worst possible conditions. We will provide you with a personal flotation device (PFD), a dry suit, neoprene boots and pogies (gloves). Prior to each paddle we will check this equipment, and we will ask you to carry out a safety check to ensure that all equipment you use is in good condition and that you understand its use. You must confirm with the kayak guide that you have checked your equipment properly and that it is in good condition.

During your kayaking excursions, you will be accompanied by a kayak guide(s). Throughout your paddle, there will be a zodiac in constant communication with the group, which will assist if needed. For the safety of yourself and the other participants in the kayaking excursions, there will be a maximum of 12 paddlers. We reserve the right for reasons of safety to restrict the number of people participating in our excursions at any time. Which kayak type (single or tandem) is assigned to each paddler is at the best judgment of the kayak guides.

In the interests of your safety and comfort, and that of the other participants, it is very important that you listen to, understand, and comply with all and any instructions given. You must also attend the pre-excursion description and safety briefings. Instructions will be given in English. **You must have a good command of the English language, so that you are able to fully understand instructions.** If at any time you are not sure that you have fully understood instructions, for your own safety please advise your guides immediately. If you must be withdrawn from the program onboard, there will be no refund, so please contact your client service representative or travel agent immediately if you are not sure you are qualified to participate.

YOUR HEALTH

When you book the kayak program, and immediately prior to starting your Kayaking excursion, please declare any pre-existing medical condition or illness, or poor state of health. Before starting your expedition, visit a doctor for a personal medical examination to ensure that you are fully able to participate in the kayak program. If you are recovering from any breathing illness or have recently had any major illness or surgery, you may be placing yourself and others at risk. If so, we would strongly advise you not take part in the program.

INSURANCE

As you may be kayaking in cold and icy conditions, there will be risk of personal injury. You must accept that element of risk. All passengers are required to have medical and evacuation insurance. *Please check your policy to ensure that kayaking is not explicitly excluded; some insurance policies require extra coverage for "adventure activities."*

EXPERIENCE

Previous Kayaking experience is recommended. Prior to participation practice getting in and out of a

kayak, use of the rudder, forward, backward and bracing strokes as well as an emergency wet exit. Professional guides will be onboard to assist and offer coaching to improve paddling performance.

EQUIPMENT (INCLUDED)

- A mix of double and single sea kayaks with rudders (Boreal Epsilon P200 and Boreal Esperanto) stable, tough and perfect for paddling in ice conditions
- Dry Suits
- Spray skirts
- Paddles
- Pogies (mitts) and neoprene gloves to be worn inside the pogies
- Neoprene boots
- Personal Flotation Device (PFD)

EQUIPMENT (NOT INCLUDED)

Thermal layers

For warmth under your dry suit (provided), use the layering system (similar to what we describe in the *Packing* section of our Pre-tour Information). Temperatures will range, depending on the location, and adding or removing a layer may be necessary during an excursion. Wool or synthetic thermal layers work well. Cotton is unacceptable, due to poor heat retention when damp or wet. Try thermal long underwear (light weight for bottoms, medium weight for top), light or medium weight wool/thermal pants, and a non-bulky, long sleeve wool/thermal top.

Socks

Heavy wool socks with silk polypro, or Gore-Tex, liners are recommended. As the hull of the boat can get quite cold when kayaking, a second pair of wool socks is recommended. Again, cotton does not work when damp or wet so do not use a cotton liner

Other Gear

- Weatherproof binoculars
- Dry bag or pelican case or zip-lock bag for camera, or waterproof camera
- UV protection (sunglasses, sunscreen, lip balm)

Kayak Program Questionnaire

Name: _____ Trip Name: _____

Age _____ Height (ft, in): _____ Weight (lbs.): _____ Shoe Size: _____

Previous Experience

- Where have you kayaked before (Lakes, Oceans, Rivers)? _____
- Approximately how many times have you sea-kayaked? _____
- Was your trip guided or self-guided? _____
- Were you in single kayak or double kayak? _____
- Are you familiar with the use of dry suits? _____
- Are you familiar with the use of spray skirts? _____

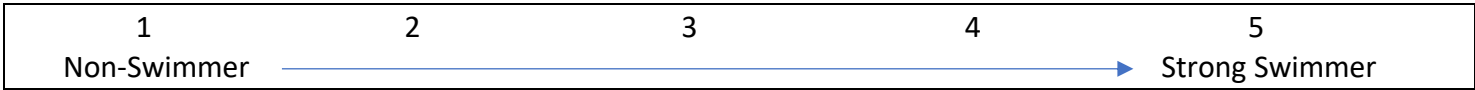
Skills

In order to participate in this program, certain skills are required. Please read the text below and initial the following statement if you can complete the skill described.

All participants in the sea kayaking program must be able to complete a successful wet exit. Given the nature of the areas we will be paddling, a beach launch is not always possible. All participants in the sea kayaking program must feel comfortable entering a free-floating kayak from a zodiac. Guides will assist in stabilizing the Kayak during entry.

- In the event of capsizing, I am able/comfortable completing a wet exit unassisted. **Initial** _____
- I am comfortable entering a free-floating kayak from a zodiac with assistance. **Initial** _____

In the unlikely event of a capsize, you will be required to swim as the guide assists in your rescue. Please circle your swimming ability below on a scale of 0-5 (0=non-swimmer, 5=expert swimmer).



I hereby affirm that the information I've provided accurately reflects my abilities and skill level. A misrepresentation of my skills and abilities may lead to removal from the Kayaking program.

Signature: _____

Printed name: _____

Date: _____

Witness: _____

Printed name: _____

Date: _____

KAYAK PROGRAM DRY SUIT LOAN FORM

We include the loan of a dry suit in our Kayak program. To ensure that we have the proper size on hand for you, please complete and return this form to your booking agent, as quickly as possible.

The dry suit is waterproof, and features wrist gaskets, booties, and a stretch neoprene neck gasket.

Please circle on the chart below, the size (Small, Medium, Large, or Extra Large) that best fits you. Measurements are in inches and the suits are all men's (easier to fit both men and women). The suits have ample ventilation and room for an insulating layer. Be sure to measure while wearing insulation.

While we can only carry a specific number of suits on board, we will make every attempt to have the right size for you. If you do not fit the designations on this chart, please notify your booking agent as soon as possible.

In addition to height and weight please consider:

- Inseam: Measure from the crotch seam to the ankle bone.
- Chest or Bust: Measure around the fullest part of the chest or bust, across the shoulder blades.
- Waist: Measure where you normally wear your pants.

Please Circle your preferred size:

Men Sizing	Small	Medium	Large	Extra Large	XXL
Chest	36 – 40	40 – 44	44-48	48 – 52	52 – 54
Waist	28 – 30	32 – 34	36 – 38	40 – 42	42 – 44
Inseam	28 – 30	30 – 32	32 – 34	34 – 35	35 – 36
Height	5'4" – 5'8"	5'6" – 6'	5'10 – 6'2	6' – 6'4"	6' – 6'6"
Weight (lbs)	105 – 140	140 – 175	175 – 200	200 – 240	220-260
Sleeve	32	34	35	36	37

Women Sizing	Small (6-8)	Medium (10-12)	Large (14-16)	Extra Large (18-20)
Chest	34 – 36	38 – 40	42-44	46 – 49
Waist	26 – 28	30 – 32	32 – 36	38 – 40
Inseam	28 – 30	30 – 32	32 – 34	34 – 35
Height	5'0" – 5'4"	5'4" – 8'	5'6 – 6'	5'6 – 6'0"
Weight (lbs)	105 – 120	130 – 150	160 – 180	180 – 200

WAIVER AND RELEASE OF LIABILITY

NAME OF ADVENTURER _____

BY AGREEING TO THE BELOW, YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE. YOU WILL ALSO AGREE TO ASSUME LIABILITY FOR INJURY AND PROPERTY DAMAGE. PLEASE READ THIS DOCUMENT CAREFULLY.

This Waiver and Release of Liability (“This Agreement”) is in addition to the Adventure Canada Cruise Terms and Conditions (“T&C”). If any part of This Agreement conflicts with the T&C, the T&C governs with respect to that part.

This Agreement is made between you and Adventure Canada, along with its directors, officers, employees, instructors, guides, agents, representatives, independent contractors, subcontractors, suppliers, sponsors, successors and assigns (all of whom are hereinafter referred as “the Releasees”).

DEFINITION: In This Agreement, Kayaking shall include all activities, events or services provided, arranged, organized, conducted, sponsored or authorized by the Releasees and shall include, but is not limited to: still water and ocean Kayaking; rental of Kayaks (hereinafter “**the boats**”) and other equipment; instructional courses, seminars and sessions; and all related travel, transport and accommodation (hereinafter the “**Activities**”).

ASSUMPTION OF RISKS

I am aware that the Activities involve many risks, dangers and hazards (the “Risks”) including, but not limited to: accidents which occur during transportation or travel to and from the put in; slips and falls while getting into or out of the boats; overturning of the boats; loss of balance; impact, collision with or entrapment by trees, logs, deadfall, boats or equipment; hypothermia; changing and inclement weather conditions including storms, high wind, high waves, and lightning; encounters with domestic or wild animals; negligence on the part of other participants; and negligence on the part the Releasees, including the failure on the part of the Releasees to safeguard or protect me from the risks, dangers and hazards of participating in the Activities. I am aware of the Risks associated with the Activities and I freely accept and fully assume all such Risks and the possibility of personal injury, death, property damage or loss resulting therefrom.

RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of the Releasees allowing my participation in the Activities and permitting my use of their services, equipment and other facilities, and for other good and valuable consideration, the receipt and sufficiency of which is acknowledged, I hereby agree as follows:

1. To waive any and all claims that I have or may in the future have against the Releasees and to hold harmless and indemnify the Releasees from any and all liability for any loss, damage, expense or injury, including death, that I may suffer or that my next of kin may suffer, as a result of my participation in the Activities, due to any cause whatsoever, including negligence, breach of contract, or breach of any statutory or other duty of care, on the part of the Releasees, and further including the failure on the part of the Releasees to safeguard or protect me from the Risks of participating in the Activities

referred to above;

2. To hold harmless and indemnify the Releasees for any and all liability for any property damage, loss or personal injury to any third party resulting from my participation in the Activities;
3. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives, in the event of my death or incapacity;
4. This Agreement and any rights, duties and obligations as between the parties to This Agreement shall be governed by the laws of the Province of Ontario and the laws of Canada applicable therein without regard to conflict of laws principles. Any action or legal proceeding based on any right arising out of these terms and conditions shall be commenced in the courts of the City of Toronto, in the Province of Ontario, and you hereby consent to the exclusive jurisdiction of those courts. ; and
5. Adventure Canada reserves the right to refuse participation at its sole discretion to any individuals it deems hazardous, inebriated, physically unable, ill, pregnant, or otherwise unsuited to the Activities.

In entering into This Agreement, I am not relying on any oral or written representations or statements made by the Releasees with respect any aspect of participating in the Activities, other than what is set forth in This Agreement.

CANCELLATION & REFUND POLICY

All requests for cancellations must be received in writing. Upon Adventure Canada receiving a written notice of cancellation at least 120 days prior to the scheduled date of departure, the passenger shall receive a full refund of its Kayak fees, less an administrative penalty of \$100 per person. If a written notice of cancellation is received by Adventure Canada between 91 and 120 days prior to the scheduled date of departure, the passenger shall receive a refund of 35% of its Kayak fees. Please note that if cancellation is done 90 or fewer days prior to the scheduled date of departure all fees, deposits and tariffs received by Adventure Canada are forfeited. For these and other reasons mentioned below, passengers are strongly advised to obtain trip cancellation insurance at the time of deposit. No refunds shall be made to passengers who do not participate in any part of, or otherwise do not complete, the Activities for any reason whatsoever.

I confirm that I have read and understood This Agreement prior to signing it, and I am aware that by signing This Agreement I am waiving certain legal rights which I or my heirs, next of kin, executors, administrators, assigns and representatives may have against the Releasees.

Date: _____

Participant name: _____

Signature: _____

Witness name: _____

Witness Signature: _____

Parent or Legal Guardian for participants under the age of majority (18 years old):

Signature: _____

Contact: _____