



HOME MOVING GUIDE FOR SENIORS 60+

Seniors on the MOVE!

Comprehensive Report

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COMPREHENSIVE REPORT

Home moving guide for Seniors 60+

SENIORS ON THE MOVE!

As individuals aged 60+ consider relocating, their decisions are often influenced by a combination of lifestyle aspirations, health requirements, and financial considerations.

Your report outlines key factors that shape the decisions of senior citizens and highlights why London, Ontario, is an attractive place to live for this demographic.

**LONDON & ONTARIO,
FEATURES A VARIETY
OF NEIGHBOURHOODS
AND RETIREMENT
COMMUNITIES
TAILORED TO
SENIORS**



One

KEY CONSIDERATIONS FOR SENIORS WHEN RELOCATING

- **Proximity to Family and Support Networks:**

Seniors often prioritize living closer to children, grandchildren, or other support systems, providing both emotional connection and practical assistance.

- **Health and Accessibility Requirements :**

1. Preference for homes with single-level layouts, grab bars, wider doorways, and minimal stairs to accommodate mobility challenges.
2. Proximity to healthcare facilities, pharmacies, and specialists is critical for maintaining health and well-being.

- **Lifestyle and Community Engagement :**

1. Many seniors seek communities with activities tailored to their interests, including 55+ neighbourhoods, cultural events, and outdoor recreation opportunities.



- Social engagement options help mitigate isolation and promote a sense of belonging.

- **Cost of Living :**

- Seniors often consider housing costs, taxes, and utility expenses to ensure financial stability. Downsizing is a popular strategy to free up resources and reduce maintenance responsibilities.

- **Climate and Environment :**

- Favorable weather conditions, such as mild winters, often influence relocation to areas with a comfortable climate.

- **Safety and Security :**

- Seniors prioritize low-crime neighborhoods and often prefer gated or walkable communities with robust security measures.

- **Access to Transportation and Amenities :**

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- **Future Housing Options :**

- Consideration of long-term care needs, such as proximity to assisted living, memory care, or in-home support services, is an important factor in relocation.

- **Emotional Ties and Transitioning :**

Moving from a long-term home can be emotionally challenging, making a seamless and supportive transition process essential.

- **Opportunities for Growth and Independence :**

Seniors value environments that allow them to stay active, pursue hobbies, volunteer, or engage in lifelong learning.



Two

LONDON, ONTARIO: A SENIOR FRIENDLY DESTINATION

London, Ontario, offers an ideal mix of affordability, healthcare access, and lifestyle amenities that cater to the needs of senior citizens.

- **Affordability :**

London provides lower housing and living costs compared to larger cities, making it an attractive option for seniors on fixed incomes.

- **World-Class Healthcare**

Institutions like London Health Sciences Centre and St. Joseph's Health Care deliver specialized medical services, including rehabilitation and chronic disease management programs tailored to seniors.



- **Senior-Friendly Housing Options :**

Housing options range from bungalows and condos to retirement communities, many designed with accessibility and comfort in mind.

- **Green Spaces and Outdoor Recreation :**

Known as the “**Forest City,**” London features numerous parks and trails, such as Springbank Park and Thames Valley Parkway, offering serene outdoor spaces for relaxation and exercise.

- **Active Senior Programs :**

Community centers provide fitness classes, arts programs, and volunteer opportunities specifically designed for older adults.

- **Mild Climate :**

London’s moderate winters are more manageable for seniors, contributing to their overall quality of life.

- **Proximity to Major Cities :**

Centrally located, London offers convenient access to Toronto, Windsor, and the U.S. border for travel and family visits.

- **Safety and Community Atmosphere :**

London boasts safe neighborhoods and retirement communities with a strong sense of community, ensuring a secure environment for seniors.

- **Cultural and Educational Opportunities :**

Seniors can enjoy cultural attractions like live performances, art galleries, and educational programs such as Western University's Third Age Learning.



- **Cultural and Entertainment Opportunities**

1. Seniors can enjoy live theatre at the *Grand Theatre*, performances by *Orchestra London*, and cultural events throughout the year.
2. A variety of restaurants, shopping centres, and markets add to the city's livability.

- **Public Transit and Accessibility**

The ***London Transit Commission (LTC)*** offers reliable public transportation, and there are accessible transportation options for seniors with mobility challenges, such as *paratransit services*.

- **Golf Courses For All Skill Levels**

London, Ontario, and its surrounding areas offer a diverse selection of golf courses catering to various skill levels and preferences. Within the city limits, there are several public and private golf facilities.

The City of London operates four municipal golf courses across two facilities: Thames Valley Golf Course and Fanshawe Golf Course. In addition to these, there are private clubs and other public courses, bringing ***the total number of golf facilities within the city to approximately 13.***

Expanding the scope to the surrounding counties, golfers have access to a broader selection, including 13 private golf clubs and 112 semi-private and public clubs, ***totaling 125 golf facilities in the region.***

This variety ensures that golfers in the London area have ample opportunities to enjoy the sport across different settings and course types.

- ***London Pickleball :***

Seniors can enjoy cultural attractions like live performances, art galleries, and educational programs such as Western University's Third Age Learning.

Here are some notable pickleball facilities in London:

These facilities contribute to a vibrant pickleball community in London, providing ample opportunities for both recreational and competitive play.

- **LONDON SWIMMING FACILITIES**

In London, Ontario, the City operates a variety of public swimming facilities to cater to residents' recreational and fitness needs.

01. Indoor Pools:

The city manages several indoor pools, including:

- **Canada Games Aquatic Centre:** A premier facility offering a 50-metre pool, diving boards, and a range of aquatic programs.
- **South London Community Pool:** Provides swimming lessons, recreational swims, and fitness classes.
- **Carling Heights Optimist Community Centre Pool:** Features a pool suitable for various aquatic activities and programs.

02. Outdoor Pools:

During the summer months, typically from early July to late August, the City operates several outdoor pools, including:

- **Byron Pool:** A heated leisure pool with a diving board and climbing wall.
- **Gibbons Pool:** A heated, 25-metre lap pool with diving boards and diving wells.
- **Glen Cairn Pool:** A leisure pool accessible by ramp entry.

- **Northeast Pool:** A heated leisure pool with a diving board and wading pool.
- **Northridge Pool:** A leisure pool with a diving well and park site wading pool.
- **Oakridge Pool:** A heated leisure pool with a small slide and diving well.
- **Southcrest Pool:** A heated leisure pool with a beach area and spray features.
- **Silverwoods Pool:** A leisure pool with a park site wading pool.
- **Stronach Pool:** A heated leisure pool with a water slide and beach area with spray features.
- **Westminster Pool:** A heated leisure pool with an accessible beach area featuring spray features and a diving board.

These facilities offer a range of programs, including swimming lessons, recreational swims, and special events.

For the most current information on pool availability, schedules, and programs, please refer to the City of London's official website.

Additionally, private facilities such as the YMCA and university recreation centres offer swimming amenities to the public.

It's advisable to check with these organizations directly for details on their pool facilities and access.

LONDON INTERNATIONAL AIRPORT

London International Airport (IATA: YXU) is located approximately 9.3 km (5.8 miles) northeast of downtown London, Ontario. Known for its convenient flights and affordable parking, the airport offers a stress-free travel experience.

Airlines and Destinations:

The airport is served by airlines including Air Canada Express and WestJet, providing direct flights to both domestic and international destinations such as Toronto, Ottawa, Calgary, Vancouver, and select vacation spots like Cancún and Punta Cana.

Facilities and Services:

Passengers can enjoy amenities like quick security procedures, dining options, and short wait times, contributing to an easy and comfortable travel experience.

Ground Transportation:

The airport is approximately a 15-minute drive from downtown London. Travellers can access various transportation options, including car rentals, taxis, and ride-share services like Uber.

For more information on flight schedules, services, and amenities, visit the official London International Airport website:

With its balance of affordability, amenities, and healthcare access, London, Ontario provides a comfortable and enriching environment for seniors.



Three

SENIOR-FOCUSED NEIGHBOURHOODS IN LONDON, ONTARIO:

London features a variety of neighbourhoods and retirement communities tailored to seniors:

01

Independent Living Options:

Apartments and homes designed for seniors who need minimal assistance.

02

Assisted Living and Retirement Communities:

Residences that offer varying levels of care, including meals, personal care, and medical support.

03

Long-Term Care Homes:

Facilities for those requiring 24-hour nursing care and assistance with daily activities.

For seniors seeking subsidized housing options, the City of London provides a *Guide to Seniors Housing*, detailing social housing projects and application processes. Early application is recommended due to long waitlists.

Four **PREFERRED INDEPENDENT** HOUSING STYLES FOR SENIORS:

Bungalows : •

The most popular choice for independent seniors due to single-level living, ease of maintenance, and accessibility features.

Condominiums : •

Ideal for seniors seeking low-maintenance living, with no need for exterior upkeep such as snow removal or landscaping.

Retirement Communities: •

These residences offer a combination of social opportunities, on-site healthcare, and security, meeting a range of lifestyle and care needs.



Five HIRING A REALTOR

When senior citizens are considering hiring a real estate agent, it's important to find a professional who understands their unique needs and circumstances. Below are key factors seniors should look for when selecting a real estate agent:

01. Experience with Senior Clients

- **Track Record:** Choose an agent with proven experience assisting seniors, especially with tasks like selling family homes, downsizing, or relocating to retirement communities.



- **Knowledge of Senior Housing Options:**

They should be familiar with senior-friendly housing, including bungalows, retirement communities, or assisted living facilities.

02. Understanding of Accessibility and Future Needs

- Ensure the agent understands the importance of features like single-level living, grab bars, and proximity to healthcare.

03. Financial and Legal Knowledge

- The agent should be familiar with tax implications (e.g., capital gains), pensions, and how selling a home may affect a senior's financial situation.
- They should also know about local programs or subsidies for senior housing.

04. Patience and Communication Skills

- Seniors may need more time to make decisions or assistance understanding complex terms. The agent should communicate clearly and patiently.
- Look for someone who listens carefully to the senior's priorities and concerns.

05. Local Market Expertise

- The agent should have a strong understanding of the local market, especially neighbourhoods that are safe, senior-friendly, and close to amenities like healthcare and public transportation.

06. References and Reviews

- Ask for references from past senior clients or read online reviews to gauge the agent's reputation and quality of service.

07. Willingness to Provide Comprehensive Support

- **Assistance with Downsizing:** Many seniors need help with downsizing, including decluttering and finding moving companies.
- **Collaboration with Family Members:** The agent should be open to working with family members or caregivers to ensure the senior's best interests are prioritized.

08. Ethical Standards

- Look for a licensed agent who adheres to a strong code of ethics and puts the client's needs first.

09. **Comfort and Trust**

- Seniors should feel comfortable and confident with the agent. A good rapport and trust are critical in navigating what can be an emotional and complex process.

By considering these factors, senior citizens can ensure they find an agent who is not only qualified but also attuned to their specific needs and goals.

