



HOME MOVING GUIDE FOR SENIORS 60+

Seniors on the MOVE!

Comprehensive Report

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COMPREHENSIVE REPORT

Home moving guide for Seniors 60+

SENIORS ON THE MOVE!

As individuals aged 60+ consider relocating, their decisions are often influenced by a combination of lifestyle aspirations, health requirements, and financial considerations.

Your report outlines key factors that shape the decisions of senior citizens and highlights why **Winnipeg & Manitoba** is an attractive place to live for this demographic.

Winnipeg and Manitoba
FEATURES A VARIETY
OF NEIGHBOURHOODS
AND RETIREMENT
COMMUNITIES
TAILORED TO
SENIORS



One KEY CONSIDERATIONS FOR SENIORS WHEN RELOCATING

- **Proximity to Family and Support Networks:**

Seniors often prioritize living closer to children, grandchildren, or other support systems, providing both emotional connection and practical assistance.

- **Health and Accessibility Requirements :**

1. Preference for homes with single-level layouts, grab bars, wider doorways, and minimal stairs to accommodate mobility challenges.
2. Proximity to healthcare facilities, pharmacies, and specialists is critical for maintaining health and well-being.

- **Lifestyle and Community Engagement :**

1. Many seniors seek communities with activities tailored to their interests, including 55+ neighbourhoods, cultural events, and outdoor recreation opportunities.



- Social engagement options help mitigate isolation and promote a sense of belonging.

- **Cost of Living :**

- Seniors often consider housing costs, taxes, and utility expenses to ensure financial stability. Downsizing is a popular strategy to free up resources and reduce maintenance responsibilities.

- **Climate and Environment :**

- Favorable weather conditions, such as mild winters, often influence relocation to areas with a comfortable climate.

- **Safety and Security :**

- Seniors prioritize low-crime neighborhoods and often prefer gated or walkable communities with robust security measures.

- **Access to Transportation and Amenities :**

- Reliable access to public transportation, grocery stores, restaurants, and shopping centers is vital, especially as driving becomes less feasible.

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- **Future Housing Options :**

- Consideration of long-term care needs, such as proximity to assisted living, memory care, or in-home support services, is an important factor in relocation.

- **Emotional Ties and Transitioning :**

Moving from a long-term home can be emotionally challenging, making a seamless and supportive transition process essential.

- **Opportunities for Growth and Independence :**

Seniors value environments that allow them to stay active, pursue hobbies, volunteer, or engage in lifelong learning.



Two

WINNIPEG, MANITOBA: A SENIOR FRIENDLY DESTINATION

Winnipeg offers an ideal mix of affordability, healthcare access, and lifestyle amenities that cater to the needs of senior citizens.

- **Affordability :**

Winnipeg provides lower housing and living costs compared to larger cities, making it an attractive option for seniors on fixed incomes.

- **World-Class Healthcare**

Institutions like Winnipeg's Health Sciences Centre and St. Boniface Hospital deliver specialized medical services, including rehabilitation and Chronic disease management programs tailored to seniors



- **Senior-Friendly Housing Options :**

Housing options range from bungalows and condos to retirement communities, many designed with accessibility and comfort in mind.

- **Green Spaces and Outdoor Recreation :**

Winnipeg features numerous parks and trails, such as Assiniboine Park and the Forks, offering serene outdoor spaces for relaxation and exercise

- **Active Senior Programs :**

Community centers provide fitness classes, arts programs, and volunteer opportunities specifically designed for older adults.

- **Mild Climate :**

Winnipeg's moderate winters are more manageable for seniors, contributing to their overall quality of life

- **Proximity to Major Cities :**

Centrally located, Winnipeg offers convenient access to major cities throughout North America through the Richardson International Airport and Highway access direct to the United States

- **Safety and Community Atmosphere :**

Winnipeg boasts many safe neighborhoods and retirement communities with a strong sense of community, ensuring a secure environment for seniors

- **Cultural and Educational Opportunities :**

Seniors can enjoy cultural attractions like live performances, art galleries, and educational programs



- **Cultural and Entertainment Opportunities**

Seniors can enjoy live theatre at the **Royal Winnipeg Ballet** and cultural events throughout the year

2. A variety of restaurants, shopping centres, and markets add to the city's livability

- **Public Transit and Accessibility**

Winnipeg Transit offers reliable public transportation, and there are accessible transportation options for seniors with mobility challenges, such as **paratransit services**.

- **Golf Courses For All Skill Levels**

Winnipeg, Manitoba and its surrounding areas offer a diverse selection of golf courses catering to various skill levels and preferences. Within the city limits, there are several public and private golf facilities.

The City of Winnipeg operates three municipal golf courses, Crescent Drive, Kildonan Park and Windsor Park Golf Course. In addition to these, there are private clubs, bringing **the total number of golf facilities within and outside the city to 20.**

Expanding the scope to the surrounding Royal Municipalities, golfers have access to a broader selection, including 8 private golf clubs and 16 municipal and 110 public clubs, totaling 125 golf facilities in the region.

This variety ensures that golfers in the Winnipeg area have ample opportunities to enjoy the sport across different settings and course types.

• Winnipeg Pickleball :

Seniors can enjoy cultural attractions like live performances, art galleries, and educational programs such as the University of Winnipeg's 55+ Program

Here are some notable pickleball facilities in Winnipeg:

Parks that offer pickleball outdoors include La Flenche Park, Sir John Franklin Park, Bourkevale Community Centre and St. James Memorial Sports Park.

Indoor Pickleball facilities include Linden Woods Community Centre, Oxford Heights Community Centre and Norberry-Glenlee Community Centre

These facilities contribute to a vibrant pickleball community in Winnipeg, providing ample opportunities for both recreational and competitive play.

- **WINNIPEG SWIMMING FACILITIES**

In Winnipeg, Manitoba, the City operates a variety of public swimming facilities to cater to residents' recreational and fitness needs.

01. Indoor Pools:

The city manages several indoor pools, including:

- **Pan Am Pool:** Winnipeg's premier aquatic facility and meets international standards to host world-class aquatic events.
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- **Transcona Kinsmen Centennial Pool:** Features a pool suitable for various aquatic activities and programs.

02. Outdoor Pools:

During the summer months, typically from early July to late August, the City operates several outdoor pools, including:

- **Fort Garry Lions:** A heated leisure pool with a diving board and wading pool.
- **Freights House:** Free admission, unheated with ladder entry.
- **Kildonan Park:** A heated leisure pool with a diving board and accessibility facilities

- Provencher: Free Admission, unheated with a diving board
- St Vital: A heated leisure pool with a diving board and accessibility facilities
- Transcona Aquatic Park: A heated leisure pool with an accessible beach area featuring spray features and a diving board.
- Westdale: A heated leisure pool with a beach area.
- Windsor Park: Free admission, unheated with ladder entry.

These facilities offer a range of programs, including swimming lessons, recreational swims, and special events.

For the most current information on pool availability, schedules, and programs, please refer to the City of Winnipeg's official website.

Additionally, private facilities such as the YMCA and university recreation centres offer swimming amenities to the public.

It's advisable to check with these organizations directly for details on their pool facilities and access.

WINNIPEG INTERNATIONAL AIRPORT •

Winnipeg's International Airport (IATA: YWG) is located approximately 7.1 km northwest of downtown Winnipeg. Known for its convenient flights and affordable parking, the airport offers a stress-free travel experience.

Airlines and Destinations:

Facilities and Services:

Passengers can enjoy amenities like quick security procedures, dining options, and short wait times, contributing to an easy and comfortable travel experience.

Ground Transportation:

The airport is approximately a 15-minute drive from downtown Winnipeg. Travellers can access various transportation options, including car rentals, taxis, and ride-share services like Uber.

For more information on flight schedules, services, and amenities, visit the official Winnipeg International Airport website

With its balance of affordability, amenities, and healthcare access, Winnipeg provides a comfortable and enriching environment for seniors.



Three

SENIOR-FOCUSED NEIGHBOURHOODS IN WINNIPEG, MANITOBA

Winnipeg features a variety of neighbourhoods and retirement communities tailored to seniors:

01

Independent Living Options:

Apartments and homes designed for seniors who need minimal assistance.

02

Assisted Living and Retirement Communities:

Residences that offer varying levels of care, including meals, personal care, and medical support.

03

Long-Term Care Homes:

Facilities for those requiring 24-hour nursing care and assistance with daily activities.

Four **PREFERRED INDEPENDENT** HOUSING STYLES FOR SENIORS:

Bungalows : •

The most popular choice for independent seniors due to single-level living, ease of maintenance, and accessibility features.

Condominiums : •

Ideal for seniors seeking low-maintenance living, with no need for exterior upkeep such as snow removal or landscaping.

Retirement Communities: •

These residences offer a combination of social opportunities, on-site healthcare, and security, meeting a range of lifestyle and care needs.



Five **WHY HIRE A SENIORS REAL ESTATE SPECIALIST (SRES)?**

An SRES-certified agent offers expertise in navigating the unique real estate needs of senior clients, including:

- Understanding housing and financial considerations specific to seniors, such as downsizing, accessibility needs, and tax implications.
- Providing knowledge of local senior housing options, retirement communities, and market trends.
- Offering tailored support during the emotional and logistical transition process.

Winnipeg combines affordability, healthcare, and a vibrant senior-friendly community, making it an excellent choice for retirees seeking an enriching and supportive environment. Through careful planning and the guidance of experts, seniors can make well informed decisions that align with their long term needs and aspirations.

Six HIRING A REALTOR

When senior citizens are considering hiring a real estate agent, it's important to find a professional who understands their unique needs and circumstances. Below are key factors seniors should look for when selecting a real estate agent:

01. Specialized Certifications

- **Seniors Real Estate Specialist (SRES):** Look for an agent with this designation, which indicates training in helping seniors with real estate transactions, downsizing, and transitioning to age-appropriate housing.



02. Experience with Senior Clients

- **Track Record:** Choose an agent with proven experience assisting seniors, especially with tasks like selling family homes, downsizing, or relocating to retirement communities.
- **Knowledge of Senior Housing Options:** They should be familiar with senior-friendly housing, including bungalows, retirement communities, or assisted living facilities.

03. Understanding of Accessibility and Future Needs

- Ensure the agent understands the importance of features like single-level living, grab bars, and proximity to healthcare.

04. Financial and Legal Knowledge

- The agent should be familiar with tax implications (e.g., capital gains), pensions, and how selling a home may affect a senior's financial situation.
- They should also know about local programs or subsidies for senior housing.

05. Patience and Communication Skills

- Seniors may need more time to make decisions or assistance understanding complex terms. The agent should communicate clearly and patiently.
- Look for someone who listens carefully to the senior's priorities and concerns.

06. Local Market Expertise

- The agent should have a strong understanding of the local market, especially neighbourhoods that are safe, senior-friendly, and close to amenities like healthcare and public transportation.

07. References and Reviews

- Ask for references from past senior clients or read online reviews to gauge the agent's reputation and quality of service.

08. Willingness to Provide Comprehensive Support

- **Assistance with Downsizing:** Many seniors need help with downsizing, including decluttering and finding moving companies.

- **Collaboration with Family Members:** The agent should be open to working with family members or caregivers to ensure the senior's best interests are prioritized.

09. Ethical Standards

- Look for a licensed agent who adheres to a strong code of ethics and puts the client's needs first.

10. Comfort and Trust

- Seniors should feel comfortable and confident with the agent. A good rapport and trust are critical in navigating what can be an emotional and complex process.

By considering these factors, senior citizens can ensure they find an agent who is not only qualified but also attuned to their specific needs and goals.

